

$\widetilde{m{L}}$ ady of Lourdes

455 Hunter Avenue West Islip, New York 11795

Pastoral Team

Rev. Michael A. Vetrano

Pastor

Rev. Stanislaus Chukwube

Associate Pastor

Rev. Nestor Watin

Associate Pastor

Welcome to our Parish Family! New Parishioners are cordially invited to register as members of our parish family. Please call or visit the Parish Office.

Mission Statement

As stewards of all that God has given us, the Parish Family of Our Lady of Lourdes serves and ministers to all who come to this place. Regardless of a person's history, ethnicity, gender, orientation, age or race, we commit ourselves to open wide the doors of our Parish to provide a place of welcome and hospitality.

so that all may know that they are a vital part of the Body of Christ, we further recommit and challenge ourselves to:

- •Live out our Baptismal call passionately by caring for all of God's people with justice.
- •Grow in an understanding of God's role in each of our lives.
- •Respond to the Gospel in a radical way, inviting and inspiring all to form the Kingdom of God in every moment of life.
- •Acknowledge we are not complete without the willingness to grow, discern and discover the Spirit who moves and guides us.

Rev. Robert Scheckenback In Residence

Deacon Stephen M. Behar Deacon John DeGuardi Deacon Jules O. A. Gagnon Parish Outreach

Deacon Jack Meehan Coordinator of Stewardship

Deacon John Teufel

Sr. Margaret Bickar Senior Ministry-SAGE

Sr. Nancy Campkin

Director of Religious Education

Regina Ann Cioffi

School Principal

Jennifer Gallagher

Director of Youth Services

Carol M. Goetz

Parish Music Director

Sr. Diane Liona

Director of Religious Education

Vita Scorcia

Ministry Spiritual Director

John Sureau

Coordinator of Worship

Sr. Betty Toohig

Senior Ministry-SAGE

Anthony Trombino

Business Manager

Pastoral Council

Michael Abbruscato

Salomon Acosta

Regina Ann Cioffi

Jane Desthers

Stephen Frodell

Anne Kerrigan

Maria Lucie (co-chair)

Mary McMahon

Doreen Spiller

Mary Steck

John Sureau

Fr. Mike Vetrano

Marie Yuliano (co-chair)

Parish Staff

Barbara Catuosco

Religious Education Office

Mary Anne Lettieri

Parish Office

Debbie Meyer

Bulletin / Parish Office

Rosemary Multer

School Office

Rex Muro

Organist

Rita Spera

Religious Education Office



Our Jubilee Year 2005-2006

Upcoming Events

Readers Theatre

Readers Theatre is a form of dramatic presentation in which short plays are presented with minimal sets and costumes. It's easy and fun!

Our first Readers Theatre presentation will be for teens and adults. Readers Theatre for children will be held in March.

Performing Arts at OLL

Eighteen-year-old, world class pianist Natasha Paremski comes to Our Lady of Lourdes in performance on March 23. Natasha's concert is the latest in the OLL Young Artist's Series and follows the success of the Rachel Barton Pine violin concert last season. Our parish is committed to providing opportunities to celebrate and appreciate the beauty of the arts. Save the date!

Empowering Our Minds and Spirits

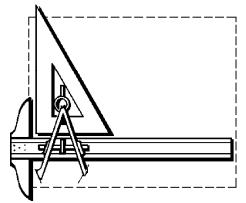
Pilgrimage to Lourdes

Come with Fr. Mike, Deacon Jack, Deacon John, Sr. Diane, Sr. Nancy and thirty-three friends for our parish pilgrimage. As part of our 50th Anniversary Celebration, we will be making a pilgrimage to Lourdes, **April 17-25**, **2006**.

Departure from JFK airport toProvence, France. On our way to Lourdes, we will visit Avignon, the city of Popes. From there we will spend four days in Lourdes. We have room for eight more travelers. If interested, please call Celestial Voyagers at 800.651.6262 for additional information.

All are welcome to our next information meeting on Tuesday, February 28 at 7:30 PM in the OLL School library.

Planning for our Future



In my last annual report to the parish, I explained that our jubilee year would be a wonderful opportunity for us to develop a master plan for the future of Our Lady of Lourdes. Through the efforts of our pastoral team and pastoral council, we were fortunate to discover a program run by a Jesuit priest from the University of Detroit Mercy which can help parishes like ours to engage in a process of assessing our needs, estimating our resources, and finding creative solutions so that

our parish buildings can truly serve our needs. I realize that a project like this can raise many questions and even some anxieties so let me tell you more about this by answering some frequently asked questions.

FR. Mike

1. Why are we doing this?

The most important reason is because we are very short on space. Stop by OLL on a busy weekday night and you will find every possible space in use. If you are active in any ministry, you know that finding a meeting moved or cancelled because of lack of space is not uncommon. There are many fine programs we would like to offer but we cannot because there is simply no room. On Sunday, many of our parishioners find that they need to stand or are trying to appreciate the mass looking into the church from the all purpose room.

2. Any other reasons?

Yes. Parishes get very used to their spaces and it is healthy to take a step back once in a while and look at the big picture. People often do not say what they are thinking or wanting until someone asks.

3. Do you already have something in mind like a church or a gym or new classrooms?

Truthfully, I have no preconceived notions about what we need. Like any person, I have ideas but we are a parish of 5800 families, more than 3500 people use our facilities every week, and we need to listen to as many as possible. I am absolutely committed to listening to the voice of every person who wants a say in our future. No plan will work unless it is a very good fit and very well supported.

4. Listening like that is an enormous task. How will we ever do it?

We have formed six teams of parishioners who were chosen by our pastoral team and council. They will be trained by the staff from Detroit Mercy to listen to parishioner comments on our parish facilities. They will begin with the ministries that most use parts of our parish (religious education, school, liturgy, outreach, etc.) and there will also be sessions for any parishioner who wishes to be heard. Every parishioner will have the opportunity to contribute.

Planning for our Future

(continued...)

5. What about cost? Suppose what we decide we'd like isn't what the parish can afford? And who decides that?

The second phase of this project looks at identifying our resources and comparing that to what we have identified as the project goals—in other words, the team will match what we want and what we can afford and come up with a plan. You will be informed every step of the way and will have the opportunity to give input.

6. Tell me again about the connection to Detroit Mercy?

When our team and council were looking for a way to conduct this project, we were referred to Fr. Gilbert Sunghera, a Jesuit priest and architectural designer from the Design Center at the University of Detroit Mercy. The Detroit Collaborative Design Center is a fully functioning non-profit architectural office located in the School of Architecture at the University of Detroit Mercy. The entire work of this design center is to help not-for-profit agencies like ourselves to find creative solutions for the spaces they work in and the people they work with. They have a reputation for beginning with the people and their mission and helping them figure out what kind of spaces they need.

7. I am really interested in this. How will I find out what is going on?

Communication is all important. As our project moves ahead, you will have regular updates in the bulletin and there will be a special page on our church website that will have all the most current information.

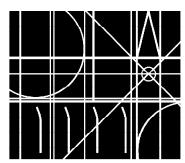
8. What is the next step?

Last weekend, February 11/12, we commissioned our team and they began to set dates and times to meet with parishioners.

Our first series of **project talks** will be held **next weekend**, **February 25/26**.

9. What is the overall goal of this project?

The *Master Plan* of the parish is an assessment and evaluation of the parish buildings and grounds. It is intended to welcome the involvement of our diverse community as we collaborate to create space that is warm and comfortable, beautiful and intimate, while enabling us to more fully experience God's presence in our places of worship, education and recreation. The plan's intention will be to make every effort to provide space that is well maintained, functional and identifiable while remaining ecologically respectful of both the environment and neighborhood. This



plan that we are building together will strive to remain committed to Gospel values, faithful to our past, and open to the opportunities of the future.



Our Catholic Faith Through Literature

future classes in the series...

The Prodigal Son

Tuesdays, March 7, 14 and 21, 2006 presented by Tom Petriano 7:30 - 9:30 PM in the Parish Center

Henri Nouwen's Return of the Prodigal Son was written in response to a period of turmoil in his own life. He was inspired to write about Jesus' parable of the Prodigal Son through his discovery of Rembrandt's famous interpretative painting of the same parable.

Using both Nouwen's book and Rembrandt's painting as guides, these sessions will involve guided reading, discussion, and reflection on the themes of reconciliation, forgiveness and being claimed as God's beloved. (A copy of Nouwen's book will be necessary.)

future classes in the series...

Vino and DaVinci

Wednesday, May 3, 2006 presented by Margaret Mannino 7:30 - 9:30 PM in the Parish Center

Healthcare Issues in the 21st Century

future classes in the series...

Catholic Thinking on Issues of Life and Death
Tuesday, February 28, 2006
with Father Mike Vetrano

Living Wills, Health Care Proxies, Patient Rights
Tuesdays, March 28 and April 4, 2006
with Marty and Anne Kerrigan

Pre-Registration is necessary and helpful. This will enable us to have enough reading material and refreshments for all those attending. Please call the Religious Education Office, Monday-Friday, 9AM – 5PM and 7PM – 9PM, 661-5440 or e-mail to religioused@ollchurch.org.

Fee: \$5 per presentation or \$15 for the series (5 presentations). No fee is required for those who have paid the Religious Education Family Fee or Our Lady of Lourdes School Tuition. Fees may vary appropriately.

Ash Wednesday

Wednesday, March 1, 2006

Invite your friends and loved ones to Church this Lent beginning on this day. Come before work, after work, during work (ha! ha!), during the day, at night, whenever. There's a time and place for everyone at OLL!

- •Prayer services on the hour as we pray together as a parish family: 7 AM, 9 AM, 10 AM, 11 AM, 12 Noon, 1 PM, 2 PM, 3 PM, 4 PM, 5 PM, 6 PM, 7 PM and 9 PM.
- •Mass will be celebrated at 8 AM and 8 PM.
- •On Ash Wednesday, we invite all in our parish family to fast and pray for ourselves and for one another. Lent is a such a powerful time for us to celebrate God's healing love for us we can do that in prayer.
- •Our Church will be open all day for you to come and pray privately.
- •The Scripture readings for the day speak to us of the challenges and benefits of this season... Joel 2:12-18, 2 Corinthians 5:20-6:2, Matthew 6:1-6,16-18
- •We are challenged to fast, limiting food to one full meal with minimal food at the other two meal times and abstain from meat. We fast and abstain not as punishment but to focus our prayer, unite with the less fortunate, and reflect on the ways God's love can change our hearts.



Mark your calendar...

Lenten Evening Prayer

each Monday during Lent at 7:30 PM in the Church

We unite our prayer with the Sisters of St. Joseph who helped to start our parish community fifty years ago! As their congregation celebrates 150 years of service, members of this community have come to share their wisdom, experience and life with us. This is a great way to remember our parish's roots while gaining and growing as a parish community in this Jubilee Year!

Scheduled preachers include Sister Jean Amore, CSJ, Sister Clara Santoro, CSJ, Sister Flora Marinelli, CSJ, Sister Elaine Roulet, CSJ and Sister Patsy Lucas, CSJ. Let us listen, learn and bear witness to the message these good and holy women have to share with us!

Palm Collection

We ask that you bring last year's palm to Mass any time this week or next, when you come to Mass. Last year's palm will be burned and used as the ashes on this Ash Wednesday-March 1.

Why do we do this?

It's important to make the connections present during this time of the year as we link last year's celebration of Palm Sunday with this year's celebration of Ash Wednesday!





Daily Mass 8 AM

Weekend Masses Saturday: 5 PM

Sunday: 8 AM, 9:30 AM, 11 AM, 12:30 PM and 6 PM

Reconciliation

Saturday: 4 PM - 4:45 PM



Baptisms

Vincent James Mancini
Ronald and Elizabeth
Emma Rose Virgilio
Joseph and Patrice
Gianna Elizabeth Benavides
Cesar and Elizabeth
Shane Francis Marshall
Timothy and Anne

Rosary/Novena

Rosary:

Daily after 8 AM Mass

Miraculous Medal Novena:

Monday after 8 AM Mass

Rite of Christian Initiation of Adults(RCIA):

A process to be embraced by the Catholic Church. For non-Catholics and for Catholics who have never received formal religious education. If interested, please call the Parish Office.

Financial Summary

February 12, 2006

Weekly Collection \$ 9,318.83 Weekly Budget -\(\frac{5}{21,000.00}\)
+/- for the week \$(11,681.17)

The estimated weekly collection needed to maintain and operate our parish buildings, ministries, programs and salaries is \$21,000.

Anointing of the Sick

Throughout the liturgical year. If needed sooner, please call the Parish Office.

Baptism

Please contact the Parish Office to schedule an appointment.

Marriage

Arranged at least six months in advance, please contact the Parish Office.

Celebrating Sacraments

Remembering...

Monday, February 20

8:00 AM Dorothy A. Hague

Tuesday, February 21

St. Peter Damian, bishop, doctor

8:00 AM John Walsh

Altar Bread & Wine

Paul DeGuardi

Wednesday, February 22

Chair of St. Peter, apostle

8:00 AM Ann D. Murray

Thursday, February 23

St. Polycarp, bishop, martyr

8:00 AM Michael Sanfilippo, Jr.

Friday, February 24

8:00 AM Joseph & Amelia Moscarella

Saturday, February 25

8:00 AM Connie Foglia, Donald Manning, Paul DeGuardi,

Sam Siciliano, Julius C. Mingarelli, Owen McCaffrey

5:00 PM William LeComte

Fr. Bob Scheckenback

Sunday, February 26

8:00 AM Cornelius Guider

Fr. Stan Chukwube

9:30 AM Philip Brady

Fr. Bob Scheckenback

11:00 AM Michael Worysz

Fr. Mike Vetrano

12:30 PM Genevieve Messina

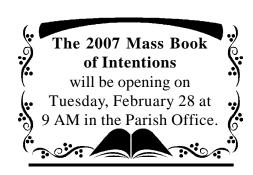
Fr. Nestor Watin

6:00 PM People of the Parish, Philip Lanzarone, Joseph Lipari,

Kenneth Meyer, Carmela, Michael & Marie Severino,

Paul DeGuardi, Joan Mastropolo, Catherine Mangiaracina

Fr. Mike Vetrano





Altar Society

Rose Grant

Communion Calls

Communion brought to those who are homebound. Contact the Parish Office.

Pastoral Care of the Sick

Please call the Parish Office at 661.3224 to leave the names of parishioners who:

- •are homebound and would like to receive the Eucharist
- •are in Good Samaritan Hospital and would like to be visited by a member of our Pastoral Care Ministry.

Pray for Our Sick

Please remember in your thoughts and prayers ...

Mark Barry, Thomas Brennan, Jo Brogan, Christian Bullock, Frank Cambria, Jerry Castonguay, Regina Cranor, Christopher Fisco, Jason Fisher, Walter Francis, August Grim, Madeline Hopper, Mary Ellen Jaggi, Vincent Liguori, Mike Lorento, Benjy Margulies, Peter McCann, Sr., Arabella Elizabeth McCarthy, Margaret Miller, Kayla Muldoon, Nichole O'Connor, Nancy Palazolla, Joe Radosti, Christine Rogers, Rose Serragano, Susan Trifali, AnneMarie Valentino, Rosemary Van Acker, Loretta Vitale, Mary Walsh, Norah Williamson

Our Lady of Lourdes School

587-7200

Monday-Friday: 9 AM - 3 PM email: <u>ReginaC@ollschool.org</u>

Religious Education Office

661-5440 Monday-Friday:9 AM - Noon 1 PM - 5 PM 7 PM - 9 PM email: ReligiousEd@ollchurch.org

Parish Office

661-3224

Monday-Friday: 9 AM - 7:30 PM

Saturday: 9 AM - 3 PM Sunday: 9 AM - 2 PM

email: ParishOffice@ollchurch.org

fax:661-7143

website: www.ollchurch.org

S.A.G.E.

661-3224

(Senior Advocates for Growth and Enrichment)

email: Sage@ollchurch.org

2006 CATHOLIC MINISTRIES APPEAL

The 2006 Catholic Ministries Appeal has just begun at Our Lady of Lourdes. This extraordinary endeavor is designed to support the ministries and services of our Parish and Diocese. Your participation provides support to the many programs and services that help further the mission of Jesus Christ here on Long Island.

The funds raised for this most important appeal will support five main areas. One of the areas that receives support is **Formation.**

Ongoing clergy formation is paramount if we are to continue God's will on Long Island We start with Vocations, as four years ago we had only seventeen seminarians.

Today, because of our renewed commitment and prayers, we have twenty-eight seminarians of which six are new this year. We truly have been blessed and we continue to ask God to bless us with more seminarians.

With funds dedicated to Formation, we also provide support for our deacons and care for our senior priests who have dedicated their lives to service and now need our assistance.

Please consider supporting this important initiative as it will help us continue to do the work of the Lord here on Long Island. To show your support for your parish and Diocese, please contact our Parish Office at 661.3224 or tear off and return the pleage card below.

Touching

Touching the lives of many through Diocesan & Parish ministries and services

2006 CATHOLIC MINISTRIES APPEAI

TO PROVIDE FUNDS I/WE AGREE TO MAKE A GIFT OF:

PLEDGE \$ _____ INITIAL PAYMENT \$ _____ BALANCE \$ _____

If you would like to charge your contribution to your credit card, please check here

SIGNATURE OF DONOR _____

PARISH OF DONOR _____

Please make checks payable to: Catholic Ministries Appeal. Thank you for your support.





Parish Outreach

Outreach Office Hours

Monday through Friday from 9:30 AM until 3:30 PM. For information/assistance call 661.9262. Scrip is sold in Parish Outreach during office hours.

Home Care

If you need help at home—home companion or child care—please call Parish Outreach at 661.9262.

Our Lady of Lourdes Bereavement

Our parish support group for those who have lost a loved one— If interested, please call the Parish Outreach Office at 661.9262.

Food Pantry

Many of Our Lady of Lourdes Food Pantry clients need our assistance during a time of crisis. Some of our clients need ongoing help. The donations you make allow us to ease the burden for our clients and supply them with nourishment for their families. We at Outreach are grateful for your ongoing support and ask you to continue to help us in our effort to assist our clients.

In order to insure an ample supply of a variety of goods, we have prepared the following "weekly needs" lists. Hopefully, this new format will be more informative and helpful to you in understanding our needs. However, you do not need to limit your shopping to the items on the "weekly needs" list. There is always a need for items such as toilet paper, toothpaste, detergent, personal hygiene and feminine products. Also, brown paper bags from the supermarket are always a welcomed item.

All items can be placed in the baskets at each entry of the Church before or after Mass, in the food bin by Parish Outreach Office or left directly at the Parish Outreach Office during working hours. We are always open to any suggestions or ideas you would like to share with us. Thank you for your continued support and prayers.

OLL Parish Outreach Pantry

Week 2
canned fruit
canned vegetables:
corn, peas, beans
jello
jelly
peanut butter
pudding

weekly needs: coffee/tea detergent hot chocolate

"The Six" and Social Action



Our parish work for the less fortunate continues...
After "The Six" on Sunday, February 26, we will gather to make peanut butter and jelly sandwiches for those in need in our local community. Whether you can come on February 26 or not – please bring your donations of peanut butter, jelly or bread next weekend to Sunday liturgy.

We are in need of your help and support, as are so many in our local community!

Prayer and Reflection for Peace

save the date...

Sunday, March 19 7:30 PM OLL Church

Remembering the Third Year of the start of the War in Iraq

Sponsored by Pax Christi USA and the OLL Social Action Group Come to Our Lady of Lourdes as we recall this difficult day for our country and our local community. Regardless of your position on the war, we are all united in our hope for peace and the safe return of our military service women and men.



St. Bernard League



Last weekend, nearly forty young people and families helped those in need in our parish community dig out from the "Big Blizzard of '06." What a great witness of community and service this program has become!

We can always use more "Saint Bernard's" for future snow storms and weather events. If you can help, please call the Parish Office at 661.3224 or e-mail to *jsureau@ollchurch.org*





Seventh Sunday of Ordinary Time

A year ago, Chicago residents were flocking to the wall of an underpass beneath a busy expressway. Melting snow and road salt had seeped through a hole in the wall, combining to form what many saw as an image of the Virgin Mary. For weeks, hundreds made their way to this underpass to pray on a busy street, leaving flowers and candles. A television reporter asked a young man why he was there. "Seeing is believing," he replied.

Today's Gospel reading from Mark is the story of the paralyzed man being healed. However, it is the scribes who have come to witness the acts of Jesus who become the center of the story. After forgiving the paralyzed man for his sins, the scribes are doubtful, even calling Jesus blasphemous. Only God can forgive sins, they say. In order to make the scribes believe, he orders the man to stand and walk away. As he does, only then do the scribes glorify God. Seeing is believing.

Whoever says "I believe" is actually affirming that they pledge themselves to what we as Catholic Christians believe. The Catechism of the Catholic Church defines this as uniting all in our communion of faith. (CCC 185) We are given the story of the scribes who needed to see to believe so that we may have true faith and believe without having to see for ourselves.

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Readings for the Week of February 19, 2006

Sunday: Is 43:18-19, 21-22, 24b-25/ 2 Cor 1:18-22/ Mk 2:1-12

Monday:Jas 3:13-18/ Mk 9:14-29Tuesday:Jas 4:1-10/ Mk 9:30-37Wednesday:1 Pt 5:1-4/ Mt 16:13-19Thursday:Jas 5:1-6/ Mk 9:41-50Friday:Jas 5:9-12/ Mk 10:1-12

Saturday: Jas 5:13-20/ Mk 10:13-16

Next Sunday: Hos 2:16b, 17b, 21-22/ 2 Cor 3:1b-6/ Mk 2:18-22



The Parish Office will be closed Monday, February 20 in observance of President's Day. The Parish Office will reopen 9 AM Tuesday, February 21.

Jesus, King of All Nations Prayer Group

The Jesus, King of All Nations Prayer Group meets each **Thursday afternoon** in the **Church**. The meeting is from **3 PM until 4 PM** in **front of the Blessed Sacrament.**

Members in the Military

We ask that you pray especially for those in our parish that are on active duty in the Middle East conflict.

They are:

John Finn-US Army
Kenneth Gein-US Army
Paul McEvoy-US Army
William Morrow-US Marines
William Potter-US Army
Peter Provenzano-US Army
James Stultz- US Army
John Thompson-US Marines

...and remember those of our parish family that are in the armed services, listed in our Parish Book of Intentions.

Our whole parish family rejoices with the Rothwell family in gratitude for the safe return of their son from active duty. **Jonathan Rothwell-***US Army* has returned to the United States from Iraq safe and sound. We thank you, Jonathan, for your generous service to our country. The Rothwell family would like to thank our parish family for their prayers.

Support Groups

Alcoholics Anonymous

Monday and Tuesday at 8 PM and Saturday at 7 PM in Lourdes Hall-convent lower level.

ALANON

Each Wednesday at 10 AM in Lourdes Hall-convent lower level.

Stewardship in Action



Jubilee Dinner Committee

Members of the Pastoral Council, together with Father Mike, have volunteered to begin planning for our parish's Jubilee Celebration on November 17, 2006 to be held at Southward Ho Country Club. They are hard at work planning to make this an elegant and memorable event. Several ministries are involved on the committee and are working together, diligently. Some members of the committee are working on securing gift donations for a silent auction and raffle. Another group is organizing a journal to help make this a very successful fundraiser as well as a celebration of our 50 years as a parish. The Arts and Environment ministry has been invited to organize and do the decorating at Southward Ho, our church always looks so beautiful thanks to the A & E ministry! Engaging these different ministries to work together is typical of Our Lady of Lourdes parish and exhibits the true spirit of stewardship. Stewardship is a word of action and it is exemplified here at Our Lady of Lourdes. We are a parish family and our ministries always work cooperatively to make any event a success. All of the members of our committee have the spirit of Our Lady and are working together to make this an elegant, yet warm and loving celebration. This is a fundraising event that will never be forgotten!!

School News

Catholic Schools are an important part of the educational mission here at OLL and throughout the diocese.



Classroom Angels

Our new "Angels" program is off to a wonderful start. Five "Classroom Angels" have been pledged to date. A family, group of families, alumnus or parishioner can support a classroom for one year for a pledge of \$1,000. Your name or a memorial inscription will be placed over the door of one of our classrooms as a reminder of your generous gift. Thank you those who have already become "Classroom Angels."

The Great Lawn Gets A Rest

As you arrive at OLL you may have noticed that our Great Lawn has been closed temporarily since the beginning of December.

The reason for this is to give our lawn a chance to heal. We had several incidents this past Fall when teams used the lawn with sports footgear when the field was soft from rain. This destroyed a great deal of the grass surface.

We plan to open our field again as soon as new growth takes root and we are looking for ways to control who uses the field so that OLL parishioners can enjoy our Great Lawn and will always find it in great condition.

Sharing the Gospel

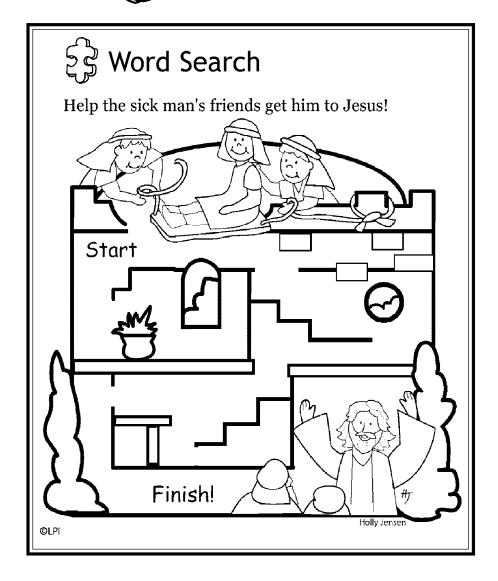
Have you ever had to wait a really long time at the doctor's office? In today's Gospel reading, Jesus was inside a house, teaching and healing people. The house was packed full of people, and more people



were waiting outside. One man was so excited to see Jesus that his friends poked a hole through the roof to let him in. Jesus saw him, forgave him, and made him healthy again.

Prayer S

Dear God, help me to think of ways that I can help my friends get close to Jesus. In Jesus' name, Amen.





With your family, pray for someone you know who is sick or hurting. Think of ways that you can show that person God's love.