

**“...you are anxious  
and worried  
about many things.**



**There is need of  
only one thing.”**

**Luke 38:41**

**Sixteenth Sunday in Ordinary Time  
Our Lady of Lourdes • July 22, 2007**



## *Pastoral Team*

**Rev. Michael A. Vetrano**  
Pastor

*Welcome to our Parish Family! New Parishioners are cordially invited to register as members of our parish family. Please call or visit our Parish Office.*

### **Parish Office**

661-3224

Monday-Friday: 9 AM - 7:30 PM

Saturday: 9 AM - 3 PM

Sunday: 9 AM - 2 PM

email: [ParishOffice@ollchurch.org](mailto:ParishOffice@ollchurch.org)

fax: 661-7143

website: [www.ollchurch.org](http://www.ollchurch.org)

### **Our Lady of Lourdes School**

587-7200

Monday-Friday: 9 AM - 3 PM

email: [info@ollschool.org](mailto:info@ollschool.org)

### **Religious Education Office**

661-5440

Monday-Friday: 9 AM - Noon

1 PM - 5 PM

7 PM - 9 PM

email: [ReligiousEd@ollchurch.org](mailto:ReligiousEd@ollchurch.org)

### **Parish Outreach Office**

661-9262

Monday-Friday: 9:30 AM - 3:30 PM

### **S.A.G.E.**

661-3224

(Senior Advocates for Growth  
and Enrichment)

email: [Sage@ollchurch.org](mailto:Sage@ollchurch.org)

### **Rev. Stanislaus Chukwube**

Associate Pastor

### **Rev. Robert Scheckenback**

Associate Pastor

### **Deacon John DeGuardi**

**Deacon Jack Meehan**

Coordinator of Stewardship

### **Deacon John Teufel**

### **Sr. Margaret Bickar**

Senior Ministry-SAGE

### **Sr. Nancy Campkin**

Director of Religious Education

### **Louise Jane Krol**

School Principal

### **Jennifer Gallagher**

Director of Youth Services

### **Carol M. Goetz**

Parish Music Director

### **Sr. Diane Liona**

Director of Religious Education

### **Mary McMahan**

Director of Parish Social Ministry

### **Vita Scorcia**

Ministry Spiritual Director

### **John Sureau**

Coordinator of Worship

### **Sr. Betty Toohig**

Senior Ministry-SAGE

### **Anthony Trombino**

Business Manager

## *Pastoral Council*

Michael Abbruscato

Salomon Acosta

Regina Ann Cioffi

Jane Desthers

Stephen Frodell

Jen Gallagher

Anne Kerrigan

Maria Lucie (*co-chair*)

Mary McMahan

Doreen Spiller

Mary Steck

Fr. Mike Vetrano

Marie Yuliano (*co-chair*)

## *Parish Staff*

### **Barbara Catusco**

Religious Education Office

### **Mary Anne Lettieri**

Parish Office

### **Debbie Meyer**

Bulletin/Parish Office

### **Rosemary Multer**

School Office

### **Rex Muro**

Organist

### **Rita Spera**

Religious Education Office

### **Lori Walsh**

Parish Office

## *Mission Statement*

*As stewards of all that God has given us, the Parish Family of Our Lady of Lourdes serves and ministers to all who come to this place. Regardless of a person's history, ethnicity, gender, orientation, age or race, we commit ourselves to open wide the doors of our Parish to provide a place of welcome and hospitality.*

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## *Vision...*

*so that all may know that they are a vital part of the Body of Christ, we further recommit and challenge ourselves to:*

***Live** out our Baptismal call passionately by caring for all of God's people with justice.*

***Grow** in an understanding of God's role in each of our lives.*

***Respond** to the Gospel in a radical way, inviting and inspiring all to form the Kingdom of God in every moment of life.*

***Acknowledge** we are not complete without the willingness to grow, discern and discover the Spirit who moves and guides us.*

*Our Lady  
of Lourdes*

455 Hunter Avenue  
West Islip, New York 11795



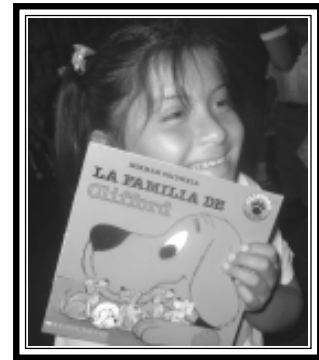
## Mission Group Craft Sale

Come support our Sister Parish project by purchasing beautiful handcrafts brought back by our mission group from El Salvador. These items are gorgeous, handmade and make great Christmas gifts! The Mission Group Craft Sale will be held after all Masses on this weekend.

All proceeds of the sale will go towards helping our sister school in Tacuba purchase computers for their students. How wonderful it would be to provide the students of our sister parish with the opportunity to use some current technology!

## Project READ was a SUCCESS!

Thank you so much to all who contributed to *“Books for Our Sister Parish”* in Tacuba, El Salvador. With your help, we were able to surpass our original goal and bring down over 400 books to our sister parish community!

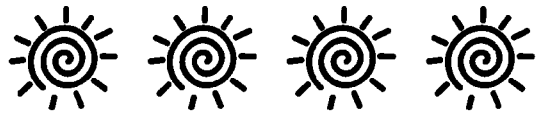


The children in the community school, ranging from grades K-9, were so excited to receive their book, each one with a special message inside from Our Lady of Lourdes. For most of them, it was the first book they had ever owned. The teachers at the school were also very grateful to receive workbooks and other literature that they will be able to share with their classes.

Our teen missionaries enjoyed reading to the students and listening to the students read to them. It was a wonderful day of sharing with our sister parish!



Visit our website, [www.ollchurch.org/elsalvador](http://www.ollchurch.org/elsalvador), to read about our mission group and their travels, as they share their experiences of visiting our sister parish.



# SUMMER

Evening Prayer

2007

Great speakers!

Great food  
each night!



Monday evening  
July 23  
7:30 PM  
Great Lawn

Great nights for  
families and friends!

Guest speaker:

**Christian Sullivan**

**Campus Minister, St. Francis Preparatory High School**

Christian's message will call on each of us  
to discover the talent within and how we can use the gifts  
of others to make the world a better place!

**Come early - bring your dinner and be part of Family Game Night -  
beginning at 7 PM. This week we're playing *Family Feud!*  
Come for some fun, some prizes and some laughs, too.**

Hospitality this week...

as Christian works at St. Francis, we are having Animal Night!  
We're providing "Animal Desserts" for everyone. Get Ready!

Remember...if it rains or there is a heat warning...we will gather in the All Purpose Room!

#439•Our Lady of Lourdes•5

Around Our Parish



## Welcome Fr. Ambrose Cabildo!

The parish family of OLL is happy to welcome back Fr. Ambrose Cabildo.

Fr. Ambrose comes to us from Candon City, Philippines. His studies have taken him to Italy and Canada, as well as America. Fr. Ambrose is no stranger to Long Island, however. He was here in the 1980's and worked with Catholic Charities as one of the founders of our Parish Outreach Centers. As you might guess, he has a strong background in social work and received his CSW from Fordham University.

We are glad to have him with us again as part of our OLL family!

## Summer Evening Prayer

One of the great traditions of the summer season here at OLL is Summer Evening Prayer! These beautiful services don't just happen but rather are put together by a pretty committed group of people who meet a few times in the Spring and assist the Evening Prayer Services they can attend. This a great ministry to get involved in if you feel like you want to "start small". To be part of this group you have to be able to laugh a lot, have a good time and want to offer a great experience for our parish community.

*I want more information...*

Come early on any Monday night of Evening Prayer this Summer and tell anyone running around that you want to help, or call Carol Paprocky at 666.4312 or e-mail to [dc615@verizon.net](mailto:dc615@verizon.net) or call John Sureau at 661.3224, x. 135 or e-mail to [jsureau@ollchurch.org](mailto:jsureau@ollchurch.org).

## Fr. Joe Lukaszewski "Walk of Life"

Preserve your name, or that of a loved one, with a personalized brick paver.

There will be two upcoming placements of bricks. **The first cutting of bricks will be July 31** with placement of bricks the second week of August. The second cutting of bricks will be September 30 with placement of bricks the second week of October.

Paver size is 4" x 8" and are \$150 per paver.

If you have any questions or are interested in ordering a brick, please call the Parish Office at 661.3224 or visit the Parish Office and fill out the order form.

**Now**  
*is the time!*



Our Lady of Lourdes School  
44 Toomey Road  
West Islip, NY  
631.587.7200  
email: [info@ollschool.org](mailto:info@ollschool.org)

**We are expanding our  
Early Childhood Program  
for September 2007!**



## **"Our Nursery Program"**

3 days per week

Monday - Wednesday - Friday

half days: 8:30 AM - 11 AM or 12 noon - 2:30 PM

full days: 8:30 AM - 2:30 PM

## **"Mommy & Me!"**

2 days per week

Tuesday - Thursday

9:30 AM - 11 AM or 12:30 PM - 2 PM



**We're NOT just daycare, we're Catholic Education!**

**Louise Jane Krol, Principal**

**"2007 NYS Preschool Teacher of the Year"**

If you are interested in enrollment or you have any questions, please call the School Office at 587.7200 and leave a message-we will return your call.

## Wedding Ministry

How do you feel when you get to share in the most special days of a couple's life? Excited? Joyful? Blessed? These are words we use to describe our feelings about being a part of the Wedding Ministry. We are there for the couple on the day of their wedding rehearsal to go through the steps of the ceremony and answer any last minute questions they may have. More importantly, we are there to calm, reassure, and offer our support. On the "big day" we are at the Church early to prepare and welcome the couple and their guests to OLL. In the wedding ministry, it is all about the little things. We hope to help make their day as beautiful as they dreamed it would be!

-Theresa Moy

*For more information...*

Our Wedding Ministry is growing and changing and looking for some new members. If you are interested in finding out how this ministry works and "shadowing" a present wedding ministry member, please contact Linda Kucala at 277.5324 or email [lkuchem@optonline.net](mailto:lkuchem@optonline.net) or contact Ann Munkwitz at 666.4756 for more information. All are welcome!



### "Meet Your Counselor"

Vacation Bible Camp "Meet Your Counselor" Sunday: July 22, right after the 9:30 AM Mass. All campers are invited to come to mass for a special blessing, followed by a "Meet the Counselors" breakfast in the cafeteria. Get ready for a fun week at FLIGHT Camp!

## Spiritual Direction

*...for those who want the companionship of a director to journey with them in finding God's desire for them in their daily life.*

Follow these articles each week, for the next several weeks,  
as we explore and explain "Spiritual Direction."

### *What happens in Spiritual Direction?*

The person coming for spiritual direction should try to describe to the director one's experiences in the life of faith, hope and love:

- when one prays and how often, how one prays; what one experiences during prayer; the results of prayer in one's life, one's participation in the life of the Church
- One's anxieties, fears, struggles, day to day worries and trials;
- How one gets along with others; patience, tolerance, cooperation, selfishness, etc.

In Spiritual Direction, the directee is far more active than the director.

If you have any questions, or you would like to make arrangements to meet with a Spiritual Director, please call Deacon John DeGuardi at the Parish Office at 661.3224. (It is recommended that you make a three month commitment of one meeting per month.)





## **The OLL 23rd Annual Duffers Golf Classic**

**Timber Point Country Club  
Great River, New York  
Thursday, August 23**

The event will start at noon with a 2 PM shot-gun. You can even work a half-day and still join us! We currently have both men and women golfers, as well as non-golfers who are joining us for dinner honoring Mrs. Cioffi for her thirteen years of service to OLL School.

### **2007 Honoree**



**Mrs. Regina Cioffi**

Please join us for what will be a fun-filled day! The cost is \$175 for golfers - golf package includes green fees, golf cart, driving range, lunch at crossover and dinner. The cost for dinner only participants is \$75. The outing includes a live auction and raffle prizes, contests-longest drive, most accurate, closest to pin, cocktails and more!

For further information or to make reservations, please contact  
Joe Macina at 587.0241, Frank Antonawich at 587.7988  
or Rich Maher at 661.5478.

The OLL Golf Committee will be selling raffle tickets after each Mass on the weekend of July 28/29.

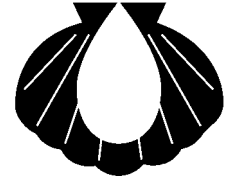
## **Support Groups**

### **Alcoholics Anonymous:**

Monday and Tuesday at  
8 PM and Saturday at  
7 PM in Lourdes Hall-  
convent lower level.

### **ALANON:**

Each Wednesday at  
10 AM in Lourdes Hall-  
convent lower level.



## ***Baptisms***

*Michael Seamus Walsh*

Michael and Julie

## ***Upcoming Marriages***

*Alissa Thorman and*

*Shawn Rush, both OLL*

*Andrea Nangano and*

*Jason Cohen, both OLL*

### **Daily Mass**

8 AM

### **Weekend Masses**

**Saturday:** 5 PM

**Sunday:** 8 AM, 9:30 AM,  
11 AM, 12:30 PM and 6 PM

### **Reconciliation**

**Saturday:** 4 PM - 4:45 PM

### **Rosary/Novena**

#### **Rosary:**

Daily after 8 AM Mass

#### **Miraculous Medal Novena:**

Monday after 8 AM Mass

#### **Anointing of the Sick**

Throughout the liturgical year.

If needed sooner, please call the Parish Office.

#### **Baptism**

Please contact the Parish Office to schedule an appointment.

#### **Marriage**

Arranged at least six months in advance, please call the Parish Office.

#### **Rite of Christian Initiation of Adults(RCIA):**

A process to be embraced by the Catholic Church. For non-Catholics and for Catholics who have never received formal religious education. If interested, please call the Parish Office.

## **Food Pantry Needs**

Please, please, please continue to donate food to our Food Pantry through the summer months. We are desperately low on all food items including-coffee, cereal, juice boxes, peanut butter/ jelly, pasta sauce, canned vegetables, crackers, small cans of soup... Thanks for your generosity

# Remembering...

## Monday, July 23

*St. Bridget of Sweden, religious*

**8:00 AM** Michael Fogel (*10 Year Anniv.*)

## Tuesday, July 24

*St. Sharbel Makhluf, priest*

**8:00 AM** Henry Riedemann

## Wednesday, July 25

*St. James, apostle*

**8:00 AM** Adele Amone

## Thursday, July 26

*Ss. Joachim and Anne, parents of Mary*

**8:00 AM** John J., Sr. & Joan Goode

## Friday, July 27

**8:00 AM** Joseph Yankel

## Saturday, July 28

**8:00 AM** George F. Bukowski, Louise D'Aponte (*10th Anniv.*),  
Nancy Ferrara, In Thanks to Blessed Mother, Muriel & Tony Walsh,  
Vincent P. Vinciguerra, In Honor of Blessed Mother, Joe & Salvatore Rotolo

**5:00 PM** Roy T. Sorrese, Jr.

*Fr. Bob Scheckenback*

## Sunday, July 29

**8:00 AM** Asuncion F. Castro, Francisco, Felizberta, Ramon,  
& Ruperto Dimaculangan

*Fr. Ambrose Cabildo*

**9:30 AM** Michael Fogel

*Fr. Bob Scheckenback*

**11:00 AM** Charlotte Sweeney

*Fr. John Asomugha*

**12:30 PM** Giovanni Inserra

*Fr. Ed Dowling*

**6:00 PM** People of the Parish, Harold Christophersen, George Stone,  
Mario Cuzzi, Renato Yu, Paul Ermert, Elizabeth Hoffses, Agnes Moore,  
Joan Hill, Joseph B. Buccola

*Fr. Stan Chukwube*

## Rest In Peace

*Rocco J. Padula,*

died on July 10 and celebration of the  
Mass of Christian Burial was July 13.  
We extend our prayers to his wife, Genevieve  
and family.

*Anna J. Nieroda,*

died on July 13 and celebration of the  
Mass of Christian burial was July 15.  
We extend our prayers to her daughter,  
Catherine and family.



## In Memory of...

Outreach has received a donation in memory of Sister Mary Imelda Buetow from Marite & Marite Ellen Hennessey.

### Harmony and Peace

This is an article I really don't want to write. I don't like controversy. In fact I detest it! I hate to be the one who 'stirs the pot'. Depending on the school of thought you subscribe to, I could be labeled a 'co-dependent'....I prefer to think of myself as a 'co-dependent in recovery'-sounds more hopeful. Peace at all costs...I can't help it. My sunsign is Libra and we like the scales to be balanced-harmony and peace is my motivating drive! Can't we all just get along?!!!



I want to update everyone on a story I wrote in March. This is the story of the woman with the four children. She came to the office on a rainy day and was actually waiting for Outreach to open. Two of the children were home from school that day with coughs and she had no money for cough medicine. She also needed money for diapers for the baby. This young mother of four sat in the rocking chair in our office and cried. Even on a good day, one can be overwhelmed being a mother! Never mind on a cold rainy day with two sick children and no money for medicine and diapers.

What I am going to tell you is not a 'warm and fuzzy'-but I do write this with this mother's permission. This follow-up is written after much prayer and soul-searching about my motives. It is written with the realization that this is the reality of many, countless women who make the choice for life.

What I didn't write in March was that part of this woman's sadness was related to her infant. She told me in March that she was thinking of placing the baby with an agency so the baby could be adopted. That having the fourth child was too much, but what could she do? What kind of mother was she? Having a child and then not being able to care for that baby. A flood of self-recrimination and grief and sadness.

At the end of June, this mother came in for diapers and food. We had received a donation of baby food which she gratefully accepted. And, as in March, she sat in our rocking chair and cried. This time, through her tears she told me when she was pregnant with this baby, she made an appointment at a clinic. She had decided to terminate the pregnancy. She kept the appointment and was all prepped for the procedure. As the doctor was about to begin, she stopped him. She said she couldn't go through with this, that it just wasn't right. She continues to cry. "Believe me, I'm not a person who takes. When I was working, I would donate and help others. I never thought that I would have to come and ask for help like this. I think I did the right thing. Sometimes, it is just so hard."

We pray each week for the unborn. We pray that our government will respect life in all its forms. I wonder is prayer enough? If that is all we do, then our prayer is sterile and removed from the realities of life. I am reminded of the Gospel story of the old widow who pulled from her purse her last coin to help the poor and needy. She quietly gave while the wealthy made a great showing of their generosity. Are our prayers a great show? Or are we like the poor widow who backs up belief with action.

I just wish for harmony and peace!

*-Mary McMahan*

Director of Parish Social Ministry

## Altar Society

Altar linens this week will be cared for by *Nancy Trujillo*.  
If you would like to help care for our altar needs, please call the Parish Office at 661.3224.



## Pastoral Care of Our Sick

Please call the Parish Office at 661.3224 to leave the names of parishioners who:

- are homebound and would like to receive the Eucharist
- are in Good Samaritan Hospital and would like to be visited by a member of our Pastoral Care Ministry.

## Pray for Our Sick

Please remember to keep in your thoughts and prayers ...

*Pat Bonavita, Thomas Brennan, Baby Drew Brust, Joseph Calderale, Sr., Howard Campkin, Lynn Castellano, Regina Cranor, Joseph Cristallo, Bernadette DeVirgilis, Edward Doyle, Jason Fisher, Elizabeth Fredriksen, Pam Gagliano, Jeremiah Gimblet, Samantha Hil, Adam Ippolito, Wade Kromhout, Evelyn Lang, Richard Lang, Nancy Letsch, Anthony Lombardo, Mike Lorento, Diego Marino, Michele McCann, Peter McCann, Sr., Bryan Monahan, Jimmy Murphy, Gertrude Parine, Frieda Perry, Gene Perry, Arthur Petrino, Joe Radosti, Delphine Reynolds, Zack Sawers, Carol Scheid, Dorothy Schiavone, Dorothy Sullivan, Marie "Amy" Turano, Mary Visconti, Loretta Vitale*

## Food Pantry Needs

Please, please, please continue to donate food to our Food Pantry through the summer months.

We are desperately low on all food items including-coffee, cereal, juice boxes, peanut butter/jelly, pasta sauce, canned vegetables, crackers, small cans of soup... Thanks for your generosity

## Cell Phones and more...

Please remember to turn off your cell phones, pagers, beepers etc. when coming to pray here at OLL! These are wonderful creations...but they can easily interfere with our prayer and the prayer of others! Rather than telling your friends and family to call you – tell them to come with you to our parish here at Our Lady of Lourdes!



## Sixteenth Sunday in Ordinary Time

At a Thanksgiving Mass in a suburban Chicago parish last year, the children's choir stood to lead the congregation in the opening hymn, their only part for the day. As they began their first few notes, though, the organist, the adult choir, and a brass section joined in to "help" them, effectively drowning out their angelic little voices. A great deal of preparation and rehearsal by adults erased a simple gift of a musical prayer by children.

Martha and Mary were honored and humbled to have Jesus visit their home. As was the custom of the day, the rabbi or master was seated and waited on as a person of honor. Mary sat at Jesus' feet, willing to do whatever he may have asked. Martha, however, was caught up in the preparation and the details of making the visit more comfortable. Yet it was Mary in her simple devotion that touched Jesus the most.

The Catechism of the Catholic Church reminds us that God leads us all in ways that are pleasing to him, and we as believers respond as our hearts tell us to. (CCC 2699) Martha was not wrong in recognizing the importance of her visitor and making him comfortable, but Jesus felt compelled to point out that she, and we, should not let the distractions of life around us interfere with our focus on living as children of God.

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### Readings for the Week of July 22, 2007

<b>Sunday:</b>	Gn 18:1-10a/Col 1:24-28/Lk 10:38-42
<b>Monday:</b>	Ex 14:5-18/Mt 12:38-42
<b>Tuesday:</b>	Ex 14:21-15:1/Mt 12:46-50
<b>Wednesday:</b>	2 Cor 4:7-15/Mt 20:20-28
<b>Thursday:</b>	Ex 19:1-2, 9-11, 16-20b/Mt 13:10-17
<b>Friday:</b>	Ex 20:1-17/Mt 13:18-23
<b>Saturday:</b>	Ex 24:3-8/Mt 13:24-30
<b>Next Sunday:</b>	Gn 18:20-32/Col 2:12-14/Lk 11:1-13

## Financial Summary

**July 8, 2007**

Weekly Collection           \$ 15,911.00  
 Weekly Budget            -\$ 21,000.00  
 +/- for the week           \$ (5,089.00)

*The estimated weekly collection needed to maintain and operate our parish buildings, ministries, programs and salaries is \$21,000.*

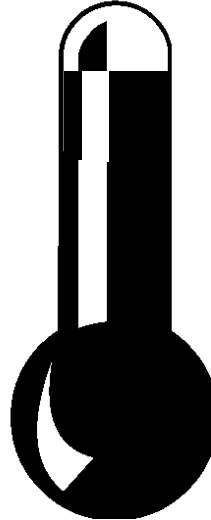
## Catholic Ministries Appeal

The key ingredient to the success of our appeal is participation. In order to reach our goal, we need to have every family participate in the appeal to the best of their ability.

If you have not had an opportunity to make a gift to the appeal or have been waiting to make a pledge, please complete the pledge card below and place it in the collection basket.

**86%  
to goal!**

PARISH GOAL \$103,000



— \$ 88,335  
 — Pledged  
 — to Date  
 —  
 —  
 —  
 —  
 —  
 —

412 Pledges  
 \$214 Avg. Pledge

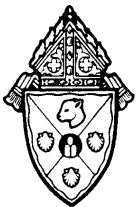
CATHOLIC MINISTRIES APPEAL • DIOCESE OF ROCKVILLE CENTRE  
 PO Box 4000 • ROCKVILLE CENTRE, NEW YORK 11571-4000 • 516-379-5210 EXT 2 • [www.drvc.org/cma.html](http://www.drvc.org/cma.html)

### 2007 CATHOLIC MINISTRIES APPEAL

*Supporting the Community Around Us*

TO PROVIDE FUNDS I/WE AGREE TO MAKE A GIFT OF:

PLEDGE \$ \_\_\_\_\_ INITIAL PAYMENT \$ \_\_\_\_\_ BALANCE \$ \_\_\_\_\_



NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 CITY/STATE/ZIP \_\_\_\_\_  
 PARISH OF DONOR \_\_\_\_\_  
 SIGNATURE OF DONOR \_\_\_\_\_

#### A GUIDE TO GIVING

PLEDGE	10 PAYMENTS
\$5,000	\$500
2,500	250
1,500	150
1,000	100
500	50
300	30
150	15
OTHER \$ _____	

**EVERY GIFT COUNTS!**

Please make checks payable to:  
 Catholic Ministries Appeal  
**Thank you for your support**

For more information, please call 516.379.5210, extension 2 or email to [www.drvc.org/cma.html](http://www.drvc.org/cma.html).

## Relying Upon Instinct - LISTEN

by Donna Albertone, M.P.A.

*Consultant to the VIRTUS® Programs*

"What I did on my Summer Vacation..." it's a bit involved but I do have a point.

We weren't ten minutes into our 12-hour drive before he started. And he remained relentless, to the point of annoyance, and was very worthy of my, "Enough already; knock it off," admonishment. This was our summer beach vacation.

Our family has been "beaching" since our daughter was 3 and our son 14 months. Both children are strong swimmers, understand and respect the ocean, and know the limits of how far to swim out. They have fun—cautiously. In fact, I was really looking forward to a more relaxing time now that they are young teens. Not this year. "You know you have to really watch them in the water," my husband began moments into our trip. "Don't take your eyes off of them for a minute; you never know what can happen." "The water is very unpredictable; they really do need to be watched," he continued well into our arrival and unpacking. He even got on the computer at the beach house to print off warnings and instructions regarding rip currents and made me sit down so that he could give me a tutorial.

What the heck? He's never behaved this way before, never neurotic and unglued about watching them in the water. Don't get me wrong, we've always kept a watchful eye, but this nagging was really over-the-top.

Vacation: day two, time to relax. I stuff myself into my Miracle Suitā, and we all plod down to the beach. Both kids ran ahead bounding into the water with their boogie boards, and I strategically placed my chair at water's edge far enough away from the little one's playing with, and occasionally throwing, sand.

Mr. Eagle-eye, "gotta watch the water" stayed farther back, expertly scanning the ocean for what he believed was impending danger. Fine! If he wants to ruin his time being irrational, that's his problem not mine. Humph!

An hour or so passed then whoosh—sand all over my book, my chair, and me. Who would be so rude? Out of the corner of my left eye I caught the blur of orange swim trunks as they raced into the ocean. It was this blur of orange that kicked sand all over me.

Hey, just a minute, my husband has orange trunks!

Adjusting my sunglasses I see that it IS him diving into the waves and swimming as quickly as possible to get out past where they were breaking.

At water's edge were a man and woman, frantic. Others gathered trying to figure out what was happening. Beyond the waves I spotted a young girl's head bobbing up and down, more down than up. As she went down again my husband reached her, scooped her up and body-surfed a series of waves to get them both to shore.

His obsession with watching the water was no longer a mystery—it wasn't our children he was meant to be looking out for. All along, the nagging, the fuss, and yapping weren't for the benefit of our children but for another. These were messages sent by the Holy Spirit, a Holy Spirit that was hoping he would listen. How many times do we "hear" the Holy Spirit? Do we recognize the persistent feelings of God trying to communicate? Or do we allow others to talk us out of feeling the way we do (thank goodness my husband didn't listen to me as I repeated, "enough already, knock it off!")

Do you "hear" or sense over and over again a notion or call to action? Or do you work very hard to push it out of your mind? Try looking at it differently. Maybe you've been chosen to be an instrument of God, chosen to listen and act, or to communicate a concern.

The girl ran to her parents. My husband, trying very hard to look as if he wasn't in need of oxygen and resuscitation nonchalantly got out of the water embarrassed by people back-slapping and thanking him, uncomfortable with the girl's father giving him an embrace. I, of course, was dumbfounded—who knew he could move so fast? Mostly, however, I was amazed by the awesomeness of the experience—knowing the background of his premonition.

"Do you know you were chosen to be an instrument of God?" I asked. "All the worry about watching the water, it was the Holy Spirit trying to get your attention! Thank God you listened." And as an aside, he never once mentioned watching the water again the entire week and wasn't vigilant about doing so. After this incident it was completely gone.

Oh, and the telling him he was an instrument of God—bad move. Now when we bicker he reminds me, "Tsk, tsk, tsk, remember I'm an instrument of God; may not want to mess with me." Jeesh!

LISTEN! Constant goading and prompting that won't go away is the Holy Spirit calling you to action—maybe to pick up the phone and call someone because they keep "popping" into your mind, or to take a chance and make a career move OR to communicate your concern when you suspect a child might be in danger.

It just gets so darn frustrating when people don't listen.



## Good Samaritan Prayer Group of L.I.

The Good Samaritan Prayer Group of Long Island holds their **meetings every Friday (except the first Friday of the month) at OLL School in Room 16 from 8 PM until 10 PM.**

All are welcome to experience singing, praying and fellowship each evening.

## Jesus, King of All Nations Prayer Group

The Jesus, King of All Nations Prayer Group meets each **Thursday afternoon** in the **Church**. The meeting is from **3 PM until 4 PM** in **front of the Blessed Sacrament**.

## Members in the Military

We ask that you pray especially for those in our parish that are on active duty in the Middle East conflict.

They are:



**Brian Barthel**-*US Air Force*  
**Bryan R. Dempsey**-*US Marines*  
**Frederick Wm. Ellis**-*US Army*  
**John Finn**-*US Army*  
**Armand J. LeComte**-*US Marines*  
**Michael Mallimo**-*US Army*  
**Nathan Provast**-*US Marines*  
**Peter Provenzano**-*US Army*

...and remember those of our parish family that are in the armed services, listed in our Parish Book of Intentions.

## Religion & Rock

Tune into "Religion & Rock" with Msgr. Jim Vlaun on Sunday from 7 AM to 8 AM on WBAB 102.3 FM or 95.3 on the East End of Long Island.

Next Sunday's theme is:

**"Getting Away."**

Don't forget to tune in!

Visit "Religion & Rock" on the web, [www.religionandrock.com](http://www.religionandrock.com).

Also watch "Good News with Father Jim" on TELECARE, channel 29, on Mondays and Fridays at 9:45 AM; Tuesdays, Thursdays, and Saturdays at 7:45 PM; Sundays at 8 PM.

## The Beginning Experience

Help for the heartache of divorce, separation and widowhood. A weekend away for a lifetime of change. The next weekend is August 10 - 12. For information and reservations, call Connie at 516.735.1720 or Mike at 516.812.6417.

## Direct Care Counselors

Catholic Charities is seeking Direct Care Counselors who are committed to our mission of "Care with Dignity, Life with Hope" in working with developmentally disabled adults in group homes. Full time, part time and per diem hours are available. Valid NYS driver's license and HS Diploma/GED required. Please email resume to [heimann.linda@catholiccharities.cc](mailto:heimann.linda@catholiccharities.cc) or fax resume to 516.733.7038 or call 516.733.7009.

## Help Wanted

Ss. Cyril & Methodius Parish in Deer Park is looking for a part-time receptionist. If interested, please contact Deacon Phil Mills, Administrator at 667.4044, ext. 110.

## Maria Regina Residence

Maria Regina Residence is a skilled long term care facility located on the property of the Sisters of St. Joseph in Brentwood. It provides Adult Day Health Services offering a wonderful day program including transportation and meals, as well as a loving atmosphere provided by an inclusive staff. If interested, or for further information, please contact Veronica Anderson, Director at 631.299.3045.

## Retired and Senior Volunteer Program

### Telephone Reassurance Program

If you live alone and would like a **daily phone** call from a volunteer, just call the **Retired and Senior Volunteer Program** at 631.979.9490.

### Friendly Visitor Program

If you live alone and would like a **visit** from a volunteer, just call the **Retired and Senior Volunteer Program** at 631.979.9490.

If you are 55+ and would like to volunteer to call and/or visit a homebound senior, call the **Retired and Senior Volunteer Program** at 631.979.9490.

## **Sisters of Charity-Halifax**

Tickets are now on sale for the **7th Annual Sisters of Charity-Halifax Golf Outing to be held on Monday, August 6 at the Cherry Valley Club in Garden City**. The day includes brunch, links fees, evening reception and dinner. Tickets for dinner only are available. For further information or to make reservations, please contact Adam Szczepanski at 718.424.1813 or email to [aszczepanski@schalifax.org](mailto:aszczepanski@schalifax.org).

## **2nd Annual Car Wash**

**OLL Cub Scout Pack 330** is having its **2nd Annual Car Wash on Sunday, July 29 from 10 AM until 3 PM**. (Rain date is the following Sunday, August 5)

The location is at the West Islip Senior Citizen Center on Higbie Lane in West Islip just north of the W.I. High School. The cost is \$5 for cars and \$10 for SUVs/Vans. All proceeds benefit the Cub Scout Program. As always, thank you for your continued support.

## **Dominican Village**

*We would love to show you our home...*

Please join us for one of our upcoming Open Houses.

The next Open House will be on **Saturday, July 28 from 1 PM until 3 PM**.

Upcoming Open Houses will also be held on August 11 and August 26. We have a Summer Special - If you sign your lease by Labor Day your first month's rent is free! For more information, please call 631.842.6091 or visit us at [www.dominicanvillage.org](http://www.dominicanvillage.org).

## **“Mega” Garage Sale**

**St. Anne's Parish, Brentwood is having a “Mega” Garage Sale on Saturday, July 28 from 9 AM until 5 PM.**

Items have come from all over parish homes, attics, and garages. There will be furniture, dishes, toys and more! Refreshments include home baked items, hot dogs, hamburgers, soda and snacks.

All proceeds will benefit St. Anne's Parish Fundraising. St. Anne's is located just south of the Brentwood Train Station or two blocks east of Brentwood Road.

## Our Struggle with Envy

*Fr. Ron Rolheiser, OMI*

Why do we struggle with the things we struggle with? What explains us to ourselves? The bible begins with a series of stories that try to give reasons for the human condition. We're pretty familiar with one of these, Adam and Eve eating the apple, but less familiar with the story that follows immediately it.

The second such story on the human-condition is the one on Cain and Abel and it might be told this way: Once upon a time, two children are born. The older is Abel and everything about him is right. The sun itself seems to shine through his body, his talents, his temperament. Born just when his mum and dad most want a child, he never disappoints them, or anyone else. Love and good-cheer seemed to surround him and he succeeds effortlessly at everything he tries. The smoke of his sacrifice goes naturally upwards.

Then you are born! Right from day one things aren't right. Your parents aren't in a good space when they conceive you, your delivery is long and difficult, you are a sickly, difficult baby which is only a signal of things to come: Most everything about you is a disappointment - your arrival, your physical appearance, your grades at school, your disposition. Whatever you do somehow isn't enough, The smoke from your sacrifice never seems to go heavenward.

Eventually your failures, forever seen in the shadow of Abel's light, overcome you. You become bitter and resentful and lash out at Abel, trying to tear away his goodness, even as everyone around you sees the bitterness and envy in your eyes and begins to avoid you because of this. That further stigmatization, unspoken but always present, causes still a deeper loneliness and resentfulness. You become Cain.

Few of us admit to being jealous. Jealousy, we believe, is too petty a thing, something beneath our dignity, Yet jealousy is one of the most pervasive and destructive forces on the planet, more deeply engrained in all of us than we ever have the courage to admit. It's no accident that, among the ten commandments, jealousy gets two commandments, while murder and adultery have only one each. It's no accident either that the Gospels see satan and the devil as working primarily through envy (the devil by using it to divide people from each other and thus dissipate families and communities, and satan by using it to bring about the kind of

mob-madness that leads to crucifixions). Envy is one of the classic, seven deadly sins. It deserves its place on that lofty list. None of us are immune to it. The stigma of Cain marks us all.

What does that stigma look like? Jealousy rarely calls itself by its real name. It shows itself in us rather as bitterness, as hyper-criticalness, as the incapacity to praise someone else, as a congenital blockage that prevents us from truly rejoicing in others' good fortune, as an incapacity to feel the same empathy for the fortunate as for the unfortunate, as an unacknowledged sense of relief when a celebrity falls from grace, as a feeling of being cheated on by life itself, and as a restlessness that makes our own lives always too small and asphyxiating. That's what envy looks like. That is the mark of Cain.

And it's too a huge, huge hurtle in the spiritual life. Why?

Scripture tells us that in heaven we will stand before the throne of God to "offer unending praise". That's going to be rather difficult, given that we had very little practice in praising anything or anybody on this side of eternity. Simply put, if I go through life habitually bitter, over-critical, and resentful for the way things have turned out, how do I suddenly stop that anger of Cain inside me and begin to rejoice in the wonder and beauty of what's other? How do I admire beauty rather than try to possess it? Difficult, but that's precisely the task.

One of the major spiritual tasks, from mid-life onwards, is to come to grips with the bitterness that comes from envy, so as to move from criticism to praise, from bitterness to mellowness, from the desire to possess to the desire to admire. That's not an easy journey.

To move towards the day when we can "offer unending praise" involves acknowledging our jealousy and bitterness, grieving our less-than-perfect lives, moving beyond the sophistication of a culture that tells us to praise nothing, and, most important of all, it involves forgiving: We need to forgive ourselves, our parents, our culture, our church, our teachers, our mentors, those who have wounded us, life itself, and God Himself for the state of things and the state of our lives. Otherwise we will die as we live, harbouring bitterness, threatened by others's good fortune, wanting to possess what isn't ours, more easily speaking words of criticism than of admiration, and not having had sufficient practice in what constitutes eternal life, namely, "offering endless praise".

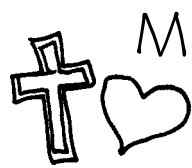
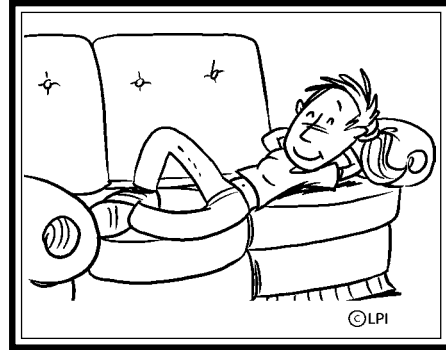
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*Used with permission of the author, Oblate Father Ron Rolheiser. Father Rolheiser is a theologian, teacher, and award-winning author and is currently the President of the Oblate School of Theology in San Antonio, TX. He can be contacted through his website [www.ronrolheiser.com](http://www.ronrolheiser.com).*

# Sharing the Gospel

God created work for each of us to do, and it is important to do it. But Martha was upset because she forgot to stop and make time for Jesus. Mary had the right idea. She took a break from her work to listen to Jesus. Time with Jesus is precious, so we need to make time to rest and enjoy his love.

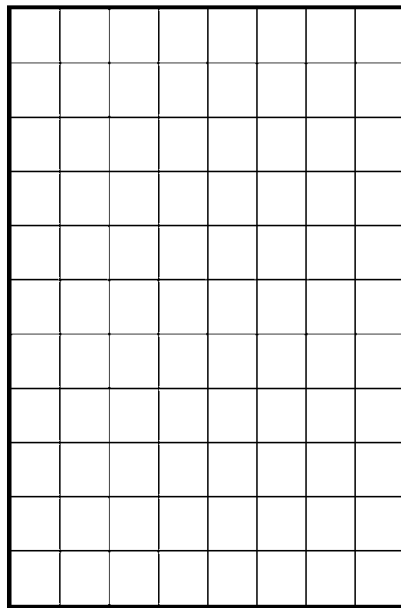
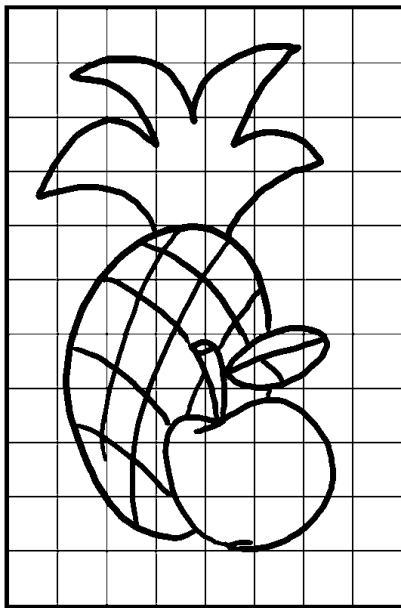


## Mission for the Week

Ask your family to join you in reading the Bible or praying at meal time.

### Puzzle

Copy the picture square by square.



©LPi

### Prayer



Dear God,  
thank you for reminding me to stop and enjoy time with you.

### Something to Draw



Draw a picture of yourself sitting next to Jesus in your favorite chair.