

**“Be doers
of the word**



James 1:22

and not hearers only.”

**Twenty-second Sunday in Ordinary Time
Our Lady of Lourdes • August 30, 2009**



Pastoral Team

Rev. Michael A. Vetrano
Pastor

Rev. Robert Scheckenback
Associate Pastor

Rev. Ambrose Cabildo
In Residence

Parish Office

661-3224

Monday-Friday: 9 AM - 7:30 PM

Saturday: 9 AM - 3 PM

Sunday: 9 AM - 2 PM

email: ParishOffice@ollchurch.org

fax: 661-7143

website: www.ollchurch.org

Our Lady of Lourdes School

587-7200

Monday-Friday: 9 AM - 3 PM

email: lkrol@ollschool.org

Religious Education Office

661-5440

Monday-Friday: 9 AM - Noon

1 PM - 5 PM

7 PM - 9 PM

email: ReligiousEd@ollchurch.org

Parish Outreach Office

661-9262

Monday -Friday: 9:30 AM - 3:30 PM

S.A.G.E.

661-3224

(Senior Advocates for Growth
and Enrichment)

email: Sage@ollchurch.org

Deacon John DeGuardi

Deacon Tom Lucie

Deacon Jack Meehan

Coordinator of Stewardship

Deacon John Teufel

Sr. Margaret Bickar

Senior Ministry-SAGE

Sr. Nancy Campkin

Director of Religious Education

Allegra D'Alo

Youth Minister/Social Action

Jennifer Gallagher

Childrens' Choir/Women's Chorale

Summer Program Director

Carol M. Goetz

Parish Music Director

Louise Jane Krol

School Principal

Sr. Diane Liona

Director of Religious Education

Mary McMahan

Director of Parish Social Ministry

Vita Scorcio

Ministry Spiritual Director

John Sureau

Coordinator of Worship

Sr. Betty Toohig

Senior Ministry-SAGE

Anthony Trombino

Business Manager

Pastoral Council

Stacie Baltrusitis

Lisa Cantalino

Sonia DaSilva

Nilo DeLeon

Jane Desthers

Jerry Esposito

Deacon Jack Meehan

John Muldoon

Bob Natale

Eileen Rega

Vita Scorcio

Mary Steck

Fr. Mike Vetrano

Christine Volk

Parish Staff

Barbara Catuosco

Religious Education Office

Mary Anne Lettieri

Parish Office

Debbie Meyer

Bulletin Editor/Parish Office

Rosemary Multer

School Office

Rex Muro

Organist

Rita Spera

Religious Education Office

Lori Walsh

Parish Office

Mission Statement

As stewards of all that God has given us, the Parish Family of Our Lady of Lourdes serves and ministers to all who come to this place. Regardless of a person's history, ethnicity, gender, orientation, age or race, we commit ourselves to open wide the doors of our Parish to provide a place of welcome and hospitality.

Welcome to our Parish Family! New Parishioners are cordially invited to register as members of our parish family. Please call or visit our Parish Office.

Vision...

so that all may know that they are a vital part of the Body of Christ, we further recommit and challenge ourselves to:

***Live** out our Baptismal call passionately by caring for all of God's people with justice.*

***Grow** in an understanding of God's role in each of our lives.*

***Respond** to the Gospel in a radical way, inviting and inspiring all to form the Kingdom of God in every moment of life.*

***Acknowledge** we are not complete without the willingness to grow, discern and discover the Spirit who moves and guides us.*

*Our Lady
of Lourdes*

455 Hunter Avenue
West Islip, New York 11795

Our Lady of Lourdes Parish



Italian Family Feast 2009

September 16 - 20, 2009

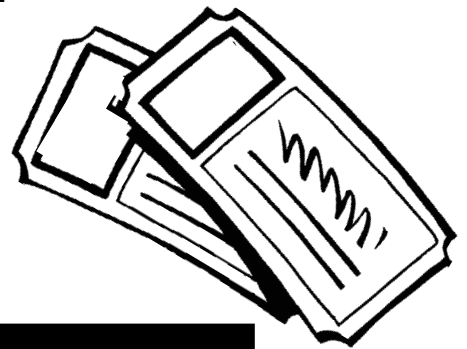
Opens Wednesday thru Friday at 7 PM

Opens Saturday at 6 PM

Opens Sunday at 2 PM

Pay-One-Price

Ride *all* rides each day-Wednesday, Thursday, Friday, Saturday and Sunday-for only \$25/day
(**\$5 discount with coupon**)
purchase Pay-One-Price at the feast



Super Raffle

\$10,000 in Prizes!

Super Raffle tickets are \$100 each - only 200 tickets sold!

Drawing to be held on Sunday, September 20 at 9 PM

Advance Tickets

Any six rides for \$13 (average discount of over 50%!)
Tickets good for any ride/any day of the Feast!
Purchase "Advance Tickets" at the Parish Office,
Monday through Friday from 9 AM to 5 PM.
Advance ticket sales end Monday, September 14.



Walk for Mary

Saturday, September 19

**Beginning at 4:15 PM on the Feast Grounds
Come and celebrate our beloved Mary and
our beloved parish!**

Allegra Meet and Greet

Come and meet our new Parish Youth Minister, Allegra!

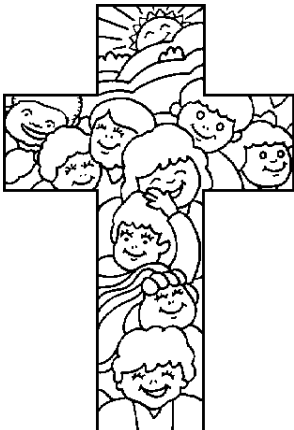
Allegra D'Alo joins our team this August. Allegra will be working in youth ministry, organizing community events to keep our young people engaged with the many different ministries here at OLL. Watch our bulletin for events as Allegra plans them. Write her a note of welcome at allegra@ollchurch.org.

As is our tradition here at OLL, there will be food and fun on the **Great Lawn following "The Six," on Sunday, August 30** for the youth of our parish. What a great way to say "Hi" and welcome Allegra to our parish community. All are welcome!



Religious Education Registration

for children in Public School, Grade 1, September 2009



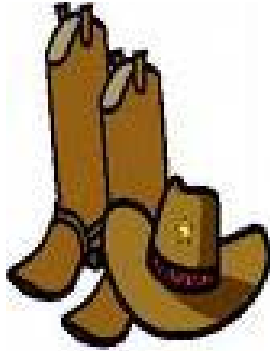
Information Meeting & Registration

Meetings will take place in the Parish Center. (room opposite the playground on Hunter Ave)

Please note: Baptismal Certificates required for any child being registered in PEP 1.

Wednesday, September 23	10:00 am or 7:30 pm
Thursday, September 24	10:00 am or 7:30 pm
Wednesday, September 30	10:00 am or 7:30 pm
Saturday, October 3	10:00 am

If this is your **first child in our program**, the registration fee (Family Fee) is \$160 and textbooks are \$20 (if needed.) Details will be provided at the meeting.



IT'S THAT TIME OF THE YEAR AGAIN!!!

(No, Not Back To School!)

RESERVE THE DATE:

OUTREACH SQUARE DANCE

SATURDAY, OCTOBER 24

8 PM TO Midnight

Dosado....swing yer pardners!!!!

Wedding Ministry

Our parish has a wonderfully active Wedding Ministry. Women and men from our parish work as teams to guide brides and grooms through their rehearsal and their most special wedding day!

Could this be the ministry for you?? If so, e-mail Fr. Bob at frbob@ollchurch.org for more information about this wonderful ministry.

Rosary Christian Mothers

Rosary Christian Mothers will meet **Tuesday, September 1 at 7:45 PM in the Church for the Rosary and 8PM in Parish Center for our monthly meeting.**

Look forward to seeing you there!

Jesus, King of All Nations Prayer Group

The Jesus, King of All Nations Prayer Group meets each **Thursday afternoon in the Church.** The meeting is from **3 PM until 4 PM in front of the Blessed Sacrament.**

Good Samaritan Prayer Group of L.I.

The Good Samaritan Prayer Group of Long Island holds their **meetings every Friday (except the first Friday of the month) at OLL School in Room 16 from 8 PM until 10 PM.**

All are welcome to experience singing, praying and fellowship each evening.

Summer at “The Six”

Our Six Committee is busy working to make our Sunday night liturgy a relaxing, meaningful and great way to end the summer weekends. So this summer – sleep late, go to the beach, relax and then give thanks to God (and we’ll help!)

Beginning August 9...

“The Six” is outside! Come and enjoy Mass in the Fr. Joe Garden! -All you need is a beach chair or blanket –maybe a little sunscreen – and an openness to celebrate the wonder of God’s creation! Of course, if it’s raining, we’ll be inside the Church. Come and celebrate at “The Six.”

Men’s Group

An Invitation to all men from OLL and beyond...

Come join us on **Thursday, September 17, in the Parish Center following the 8 AM Mass**. We meet once a month to read and discuss the Scriptures for the following Sunday. Come with your ideas and suggestions. We’ll gather for conversation and fellowship. Join us in this pioneering experience for **MEN ONLY**. If you plan to attend, please call Jack Fitzgerald at 587.5548.

Senior Circle

The Senior Circle meets on the last Monday of each month. The next meeting, - ***Ice Cream Social*** - will be held on **Monday, August 31, at 12:30 PM in the Parish Center**.

SAGE

The SAGE Group (Senior Advocates for Growth and Enrichment) will meet on **Tuesday, September 1, in the Parish Center at 9 AM**.

Daily Mass

8 AM

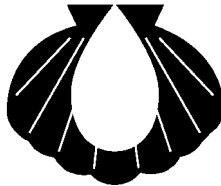
Weekend Masses

Saturday: 5 PM

Sunday: 8 AM, 9:30 AM,
11 AM, 12:30 PM and 6 PM

Reconciliation

Saturday: 4 PM - 4:45 PM



Baptisms

Matthew John Rao

Thomas and Colleen

Support Groups

Alcoholics Anonymous:

Monday and Tuesday at
8 PM and Saturday at 2 PM
and 7 PM in Lourdes Hall-
convent lower level.

ALANON:

Each Wednesday at
10 AM in Lourdes Hall-
convent lower level.

(Free babysitting available)



Upcoming Marriages

Kerry Kolodziejski, OLL and

Chris Fosorile, Maria Regina, Massapequa

Rosary/Novena

Rosary

Daily after 8 AM Mass

Miraculous Medal Novena

Monday after 8 AM Mass

Anointing of the Sick

Throughout the liturgical year.

If needed sooner, please call the Parish Office.

Baptism

Please contact the Parish Office to schedule an appointment.

Marriage

Arranged at least six months in advance, please call the Parish Office.

Rite of Christian Initiation of Adults(RCIA)

A process to be embraced by the Catholic Church. For non-Catholics and for Catholics who have never received formal religious education. If interested, please call the Parish Office.

Remembering . . .

Monday, August 31

8:00 AM Joseph Kolk

Tuesday, September 1

8:00 AM Louise Riedemann

Wednesday, September 2

8:00 AM Ethel Isola

Thursday, September 3

St. Gregory the Great, pope & doctor

8:00 AM Michael Torina

Friday, September 4

8:00 AM Carmella Parasole

Saturday, September 5

8:00 AM Glenn L. Miller, Joseph Fioravanti,
Catherine Lipari, Maryann Corsano

5:00 PM Jeanette Mathews

Fr. Pat Amabile

Sunday, September 6

8:00 AM John & Margaret Kopitsch
Fr. Bob Scheckenback

9:30 AM Helen Sullivan
Fr. Mike Vetrano

11:00 AM Lillian Daly & Ann Harnos
Fr. Pat Amabile

12:30 PM Marie Takats
Fr. Bob Scheckenback

6:00 PM People of the Parish, Philip Puleio,
Matteo & Anna Lattanzio, Katherine (Betty) Walsh,
Rick Munkwitz, Chris Hansen, Joseph Lipari,
Avela Maria Pons, James Kiernan, Richard DeCostanzo
Fr. Ambrose Cabildo



Rest In Peace

Helen A. Wilt died on August 15 and celebration of the Mass of Christian Burial was August 20. We extend our prayers to her daughter, grandchildren, great-grandchildren and entire family.



22nd Sunday in Ordinary Time

Our friend hosts Thanksgiving dinner every year for his extended family, and usually more than twenty people attend. And every year, he tries to introduce a different cranberry sauce recipe into the mix, but is warned ahead of time by his mother-in-law that the cranberry sauce had better sit in the dish and look just like the can it came out of, or there will be trouble. They've always done it that way, she says, and no one, not even her son-in-law, is going to break that tradition. He tries to explain that his will still taste like cranberries, but she still prefers tradition.

Today's Gospel reading from Mark is a lesson in traditions and how often we lose sight of what is really important in our day-to-day behavior. The Pharisees observe Jesus' disciples eating their meal with unwashed hands. According to old Jewish laws and traditions, this meant their food was unclean as well, and would in turn give them unclean spirits. Jesus, however, scolded the Pharisees, telling them that it doesn't matter if what goes into their body is a bit dirty; it is only important to pay attention to what comes out of our bodies—our words and actions. These must remain clean and filled with God's love.

We are taught in the Catechism of the Catholic Church that in prayer, we are petitioning the Holy Spirit to come to us in Christ Jesus' name. And in doing so, we are asking for our hearts and souls to be purified and cleansed, enabling us to serve God with love (CCC 2671). While no one is saying that it doesn't matter if you wash your hands before a meal, Jesus is simply asking us to keep in perspective the fact that we must always keep our minds in prayer, and our words and deeds in service to God.

2009 Liturgical Publications Inc

Readings for the Week of August 30, 2009

Sunday:	Dt 4:1-2, 6-8/Jas 1:17-18, 21b-22, 27/Mk 7:1-8, 14-15, 21-23
Monday:	1 Thes 4:13-18/Lk 4:16-30
Tuesday:	1 Thes 5:1-6, 9-11/Lk 4:31-37
Wednesday:	Col 1:1-8/Lk 4:38-44
Thursday:	Col 1:9-14/Lk 5:1-11
Friday:	Col 1:15-20/Lk 5:33-39
Saturday:	Col 1:21-23/Lk 6:1-5
Next Sunday:	Is 35:4-7a/Jas 2:1-5/Mk 7:31-37

Financial Summary

August 23, 2009

Weekly Collection	\$ 16,709.00
Weekly Budget	-\$ 19,000.00
+/- for the week	\$ (2,291.00)

The estimated weekly collection needed to maintain and operate our parish buildings, ministries, programs and salaries is \$19,000.

Members in the Military

We ask that you pray especially for those in our parish that are on active duty in the Middle East conflict.

They are:



Lorenzo Bacchi-US Marines
Bryan R. Dempsey-US Marines
Christopher Florca-US Marines
Michael Mallimo- US Army
Anthony Mannino-US Marines
Peter Provenzano-US Army
Frank Sliva-US Army

...and remember those of our parish family that are in the armed services, listed in our Parish Book of Intentions.

Pastoral Formation Institute

The Diocese of Rockville Centre celebrates the 20th Anniversary of the Pastoral Formation Institute. You are invited to the celebration! **Saturday, November 7 at St. Agnes Cathedral.** Liturgy begins at 6:30 PM, Bishop William Murphy presiding, followed by cocktail hour, dinner and dancing to the music of D.J. Xtreme sounds. Limited seating so reserve your tables early! Tickets are \$50 per person before September 1 and \$55 after. Ticket purchase includes cocktail hour, full course buffet dinner, dessert, wine, beer and soft drinks. Please make check payable to "Pastoral Formation Alumni Association" and mail to Diocese of Rockville Centre, Office of Faith Formation, P.O. Box 9023, Rockville Centre, NY 11571-9023, Attn.: Patricia Schreck.

Honesty as Sobriety

by Ron Rolheiser, OMI

You are as sick as your sickest secret!

That's a popular aphorism in recovery circles and it speaks a deep truth. If we have to hide something then we aren't well, at least if the blemishes we are hiding are moral rather than physical. A recovering alcoholic once told me: "Sobriety is only 10% about alcohol or a drug; it's 90% about honesty. You can drink, if you can do it honestly." Indeed you can do anything, if you can do it honestly.

That's an interesting moral principle: You can do anything if you don't have to lie about it.

There are exceptions to this of course if people have hardened their spirits or are otherwise so morally insensitive that they are not ashamed to openly admit or even flaunt duplicity. But the principle is sufficient as a moral guide for basically anyone walking in grace. Simply put, you can do anything as long as you can be honest about it.

But that covers a lot of ground. Could you cheat someone, be sexually unfaithful, slander someone, or commit a sin of any kind and feel comfortable in sharing that openly with those who are closest to you? The need to hide some action from others is a strong moral nudging. If we are walking (at least essentially) in grace we don't need any other commandment: We can do anything as long as we don't have to lie about it.

And there is another insight in this. When we do something wrong and then cover it up and lie, it is not so much the particular thing that we did wrong that harms us, it's the lying about it afterwards that does the real damage. We are all weak, we all fall, we all commit sin. God understands this and it is not so much the sin itself that harms us. What causes the real harm is lying, covering up, sneaking around, not being transparent, living a double life. Why? Because the human spirit is not made to live in dishonesty and duplicity. When we do wrong, we either have to stop doing what we are doing or, at least in honesty and contrition own our weakness, or our spirits will automatically begin to harden and to warp. Such is the anatomy of the soul; it can not tolerate moral duplicity for long without hardening and warping.

Indeed that is how the unforgivable sin against the Holy Spirit, the one infamous sin that cannot be forgiven, can happen. It begins with lying, rationalization,

cover-up, and dishonesty. When we sustain a lie for any length of time, we begin to warp our own insides and the sin can become unforgivable not because God doesn't want to forgive but because we no longer see any need to be forgiven. Lying, especially to ourselves, hardens and corrupts the spirit. That's why Satan is called the prince of lies rather than the prince of weakness. That's also what is contained in Martin Luther's famous axiom: Sin bravely! The invitation, in Luther, is not that we should have the courage to sin without flinching, but that, if we do sin, we should have the courage of honesty so as not to lie or rationalize about it after the fact.

One of the qualities that endeared Henri Nouwen to the world was precisely his honesty about his own weaknesses and his refusal to pretend he was anything other than what he was: a sincere, weak man struggling to live his life in honesty. For example, there were seasons in his life when he wouldn't go on the road alone to give talks and conferences. Partly his reason for this had to do with his sense of community and his desire to bring a core member from his community along with him. Part of his reason though was more humble. He was also honest enough not to always fully trust himself to travel alone. The presence of family and community around us can be a powerful moral watchdog on our behavior. Nouwen was humble and honest enough to admit that sometimes he needed this in his life. Too often we lack that kind of humility and honesty and consequently have things to hide, little or big secrets which we keep hidden and which keep us from full moral health.

When he was falsely accused of sexual abuse, Cardinal Joseph Bernardin was able to stand before the world and say, with credibility: "Everyone who knows me also knows that this accusation is false because my life is an open book." Everyone who knew him believed him precisely because of the transparency evident in his life, the radical sobriety manifest in his person.

Sobriety is ultimately not about alcohol or some drug. It's about honesty and transparency. And, like honesty and transparency, it is not all or nothing, but has degrees. We are all sober according to more or less, according to the degree that our lives are an open book with nothing hidden in the closet.

Used with permission of the author, Oblate Father Ron Rolheiser. Father Rolheiser is a theologian, teacher, and award-winning author and is currently the President of the Oblate School of Theology in San Antonio, TX. He can be contacted through his website-www.ronrolheiser.com.

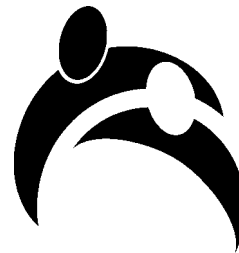
Altar Society

Altar linens this week will be cared for by *Joyce Petersen*.
If you would like to help care for our altar needs,
please call the Parish Office at 661.3224.

Pastoral Care of Our Sick

Please call the Parish Office at 661.3224 to leave the names
of parishioners who:

- are homebound and would like to receive the Eucharist
- are in Good Samaritan Hospital and would like to be visited
by a member of our Pastoral Care Ministry.
- would like to receive the Sacrament of the Sick.



Pray for Our Sick

Please remember to keep in your thoughts and prayers ...

*Susan Aviza, Deacon Dick Barry, Ben Bellotti, Nicholas Buscemi, Jr., Howard Campkin,
Philip Charron, Nicholas Cibelli, Helen Ciolino, Michael Ciotkosz, Regina Cranor,
Ann Donlon, Debbie Eichen, Andrea Flathman, Marge Flem, Brian Hinkelman,
Lili Hinkelman, Margaret Keating, Veronica Kenny, Kathleen Kerrigan, Kara Lobasso,
Baby Josephine Mahan, Vicky Massaro, Michele McCann, Peter McCann, Sr.,
Dorothy Meloni, Rick Mirabella, Rae Morris, Brenden Muldoon, Evelyn Nonnon,
John O'Brien, Gertrude Parine, Jacqueline Patwell, Arthur Petrino, Joanne Popper,
Laura Prichard, Santa Quevedo, Joe Radosti, Carol Randazzo-Hopkins,
Michael A. Savino, Florence Schlageter, Jayna Schmidt, Dorothy Shiavone,
Joe Shields, Albina Sipplak, Derek Stahl, Mary Clair Stephen, Baby John Tramazzo,
Grace Cunneen, Vera Vieni, Flo Worysz*

El Salvador!



This year's trip to El Salvador was a wonderful success and a beautiful experience for all those who participated. We are all looking forward to next year's trip and in the meantime we aim to help our friends in Central America as much as we can.

On **Saturday, September 26, and Sunday, September 27**, participants in our Mission Trip will be sharing their experiences at all Masses. We are also going to ask every parishioner to join us in helping our brothers and sisters in El Salvador.

There are many ways to be involved, but two special projects will be introduced that weekend:

- 1) **Sponsor a child or elderly person in El Salvador through the Christian Foundation for Children and Aging (CFCA).** Each year, CFCA hosts our trip and shows us the wonderful work they do among the poor in El Salvador. They have sent us photos and profiles of 100 children and elderly from El Salvador who need our help. Sponsorship costs \$30 per month, and helps to provide for basic nutrition, health, and education. We saw firsthand the difference sponsorship makes, and we hope that some of our OLL family will join this important work. We will have sign-up information on the 26th-27th, or you can visit CFCA's website at www.cfcausa.org.
- 2) **Participate on Our Lady of Lourdes' CASA Project** to build homes for people in our sister parish communities. For only \$1500, a solid and safe home can be constructed in El Salvador. Our goal this year is to build 20 homes as a parish. To fund this project, we will be selling special house-shaped piggy banks, and the "Piggy Back Project" will return to OLL! We will ask our parishioners to return their spare change (not the banks J) to our special coin receptacles at the doors on the first Sunday of every month. Wouldn't it be wonderful if we could take pictures of the 20 homes we built when we go to El Salvador next year!

Both the sponsorship papers and house banks will be available at all of the masses on **September 26-27**. Just speak with a member of our El Salvador team and you can help in this great way without ever setting foot in JFK!

Contact Allegra@ollchurch.org with any questions

Parish Outreach

Office telephone:

661-9262, option 4

Office hours:

Monday - Friday: 9:30 AM - 3:30 PM

Pantry Needs

canned vegetables
chili
crackers
jelly
macaroni & cheese
pasta
tomato sauce
tuna

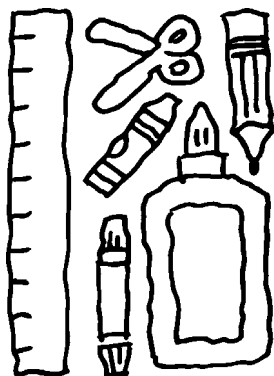
Outreach Memorial Donations

Parish Outreach has received many donations in memory of loved ones.

If you would like to make a donation to Parish Outreach in memory of a loved one, please call Mary McMahan, Director of Parish Social Ministry at 661.3224, option 4.

Outreach School Supply Drive

Outreach will be collecting school supplies to donate to families in need. School Supplies we could use include:



- *Glue Sticks
- * Marble Notebooks
- *Two Pocket Folders
- * Soft Pencil Cases
- * Pink Erasers
- * Highlighters
- * Markers
- *Pencil Sharpeners (*that catch shavings*)
- * 2 & 3 inch Binders
- *Fiskar scissors
- *Post-It-Notes
- *Supply box
- *Tennis Balls

and of course... the old staple....CRAYONS!

Donations can be left in the food baskets at the doors of the Church....as always....our thanks!

*-Mary McMahan
Director, Parish Outreach*

Do you or someone you know, need *cataract surgery*?

Due to the success of the program, Mission Cataract USA has been extended! If you have been diagnosed with cataracts and you don't have health coverage, MISSION CATARACT USA is a nationwide effort to provide this out-patient surgical procedure for those who qualify! Ophthalmic Consultants of Long Island (OCLI) is participating in this effort and is offering FREE Cataract Surgery to residents of Nassau, Suffolk and Queens who are not covered by medical insurance and who are unable to pay for the surgery themselves. **Call by August 31st to 1-866-SEE-OCLI (1-866-733-6254) and mention "Mission Cataract" to find out if you are eligible.**

Gennesaret Retreat ...

for those facing serious illness.

A retreat, especially designed for persons who live with a serious illness, is planned for **September 25 -27, 2009 at Montfort Spirituality Center on Saxon Avenue in Bay Shore.** This retreat offers a respite, a quiet time, an oasis, to enable one to continue the journey. The retreat focuses on God's love, God's forgiveness and God's faithfulness. To register or to receive more information about this weekend, please call: Colette Fanelli 631.665.7052.

Retrouvaille-*A Life Line for Married Couples*

Retrouvaille is a peer ministry. Couples who have had problems in their own marriages and have recovered from those problems, share their experiences with troubled couples in the hope that they too will see that their marriage can be saved.

For more information about the upcoming Retrouvaille weekend that begins on

Friday, September 11 at the Montfort Retreat House in Bay Shore, please call 1.800.470.2230 and you will be connected to an experienced couple confidentially who can help.

Self Esteem in Relationships

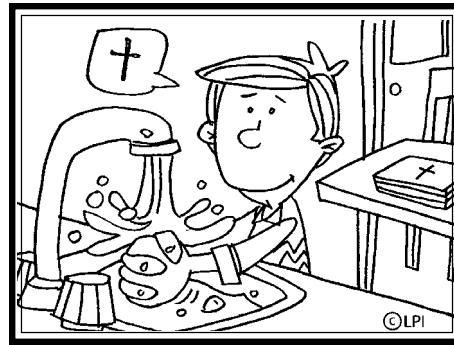
Women's peer support group for women who want to explore the nature of their intimate relationship within a Christian context. The group is free and confidential and open to all women. The next group begins on September 10 at Ascension Lutheran Church, Bay Shore Road, Deer Park. For information call Vicki at the Church office at 631.667.4188 weekdays between 9:30 AM and 2 PM.

Religion & Rock

Tune into "Religion & Rock" with Msgr. Jim Vlaun on Sunday from 7 AM to 8 AM on WBAB 102.3 FM or 95.3 on the East End of Long Island. Listen on Saturdays at 11 PM on Sirius Radio, Channel 159, the Catholic Channel and at 11 PM on XM Satellite, channel 117. Next Sunday's theme is "**Work in Our Lives.**" Don't miss it! To listen online or receive more information regarding "Religion & Rock" go to www.religionandrock.com or at "Religion & Rock" on ITUNES. Don't forget to tune into TELECARE, Cablevision 29 or Verizon FIOS 271 for the Best in Catholic Television!

Sharing the Gospel

Wash your hands before you eat! Did you know that rule came from God, so that we would stay healthy? In today's Gospel, the Pharisees liked to wash their hands and follow God's rules, only because they liked to show off. Don't be like those Pharisees. When you follow God's rules, do the right thing out of love for God.



Prayer

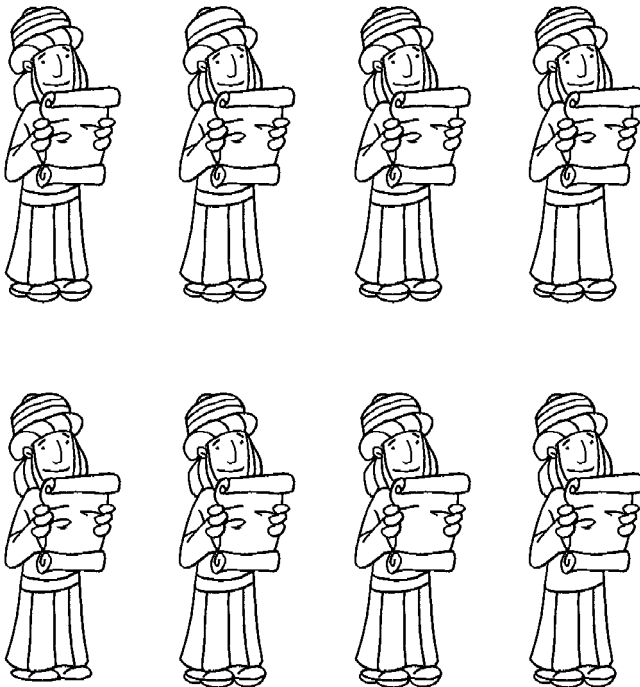


Dear God,
help me to keep my heart clean,
full of love for you and other people.



Puzzle

Find the matching pair.



©LPI

ANSWER: three and six

Something to Draw



Draw a picture of yourself cleaning up the dishes after a meal.

Mission for the Week



The next time you wash your hands, thank God that he made rules to keep us all safe, healthy and happy.