

Our Lady of Lourdes Parish

455 Hunter Avenue, West Islip, NY 11795

Msgr. Brian McNamara, Pastor
Rev. Charles Mangano, Associate Pastor
Rev. Sylvester Chukwumalume, in Residence
Chaplain at Good Samaritan Hospital
Rev. Saji Jose, CM, in Residence
Chaplain at Our Lady of Consolation Nursing

**Deacon Nilo DeLeon, Deacon Tom Lucie,
Deacon Rich Maher, Deacon Jack Meehan**

Sr. Nancy Campkin CSJ, Director of Religious Ed
Trish Frodell, Director of Parish Social Ministry
Sr. Diane Liona CSJ, Director of Religious Ed
Debbie Meyer, Business Manager
Robin Reynolds Brennan, Coordinator of
Worship and Choir Director
Vita Scorgia, Ministry Spiritual Director

Parish Office

Phone: 631.661.3224 (select option #2)
Monday-Thursday: 9:00am-7:30pm
Friday: 9:00am-5:00pm
Saturday: 9:00am-3:00pm
Sunday: 10:30am-2:30pm
E-mail: ParishOffice@ollchurch.org
Fax: 631.661.7143
Website: www.ollchurch.org

Religious Education Office

Phone: 631.661.5440 (select option #3)
Monday-Friday: 9:00am-Noon,
1:00pm-5:00pm, 7:00pm-9:00pm
E-mail: ReligiousEd@ollchurch.org

Parish Outreach Office

Phone: 631.661.9262 (select option #4)
Monday-Friday: 9:30am-3:30pm

SAGE (*Senior Advocates for Growth and Enrichment*)

Phone: 631.661.3224, Ext. 122
E-mail: Sage@ollchurch.org



Liturgical Schedule

Daily Mass

8:30am

Weekend Masses

Saturday: 5:00pm

Sunday: 8:00am, 9:30am, 11:00am, 12:30pm
and 6:00pm.

Reconciliation/Confession

Saturday: 4:00pm-4:45pm or by appointment

Rosary

Daily at 8:00am

Miraculous Medal Novena

Monday at 8:00am

Sacraments

Anointing of the Sick

Throughout the liturgical year. If needed sooner, please call the Parish Office.

Baptism

Please contact the Parish Office to schedule an appointment.

Marriage

Arranged at least six months in advance, please call the Parish Office.

Rite of Christian Initiation of Adults (RCIA)

A process to be embraced by the Catholic Church. For non-Catholics and for Catholics who have never received formal religious education. If interested, please call the Parish Office.

Fourth Sunday in Ordinary Time • Sunday, January 29, 2023



Welcome to our Parish Family

New Parishioners are cordially invited to register as members of our Parish Family. Please call or visit our Parish Office.

Remember: Together, we can do something beautiful for God!

- Saint Teresa of Calcutta

Pastoral Council

Msgr. Brian McNamara
Eileen Rega
Mary Borgs
Lisa Cantalino
Sonia DaSilva
Dcn. Nilo DeLeon
Jerry Esposito
Trish Frodell
Pam Gagliano
Deborah Lamb
Rosalie Mangels
John Muldoon
Dottie Perdue
Vita Scorcia

Mission Statement

As stewards of all that God has given us, the Parish Family of Our Lady of Lourdes serves and ministers to all who come to this place.

Regardless of a person's history, ethnicity, gender, orientation, age or race, we commit ourselves to open wide the doors of our Parish to provide a place of welcome and hospitality.

Readings for the Week of January 29, 2023

Sunday: Zeph 2:3, 3:12-13/ 1 Cor 1:26-31/ Mt 5:1-12a
Monday: Heb 11:32-40/ Mk 5:1-20
Tuesday: Heb 12:1-4/ Mk 5:21-43
Wednesday: Heb 12:4-7, 11-15/ Mk 6:1-6
Thursday: Mal 3:1-4/ Heb 2:14-18/ Lk 2:22-40 or 2:22-32
Friday: Heb 13:1-8/ Mk 6:14-29
Saturday: Heb 13:15-17, 20-21/ Mk 6:30-34
Next Sunday: Is 58:7-10/ 1 Cor 2:1-5/ Mt 5:13-16

Parish Staff

Patti Anderson
Parish Office/Bulletin Editor

Michael Buonaspina
Parish Organist

Rosemary Cannarella
Parish Office

S. Kathleen Carberry, CSJ
Parish Office

Carol Grillo
Parish Office

Rita Spera
Religious Education Office

Financial Summary

January 22, 2023

Weekly Collection	\$ 14,988.00
Weekly Budget	- \$ 17,800.00
+/- for the week	\$ (2,812.00)

Catholic Elem. Schools	\$ 3,952.00
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The estimated weekly collection needed to maintain and operate our parish buildings, ministries, programs and salaries is \$17,800.

Dear Parishioners,

I read an interesting OP-ED piece in *NEWSDAY* this week. On Monday, Jan. 23, Alexander Roberts wrote a guest essay entitled, “*Can Spirituality Help Heal Mental Illness?*”

Roberts notes that in 2021, The Human Flourishing Program at Harvard’s Institute for Quantitative Social Science (now that is a mouthful!!) concluded that those women who attended religious services at least once a week were 68% LESS likely to die by suicide, drug overdose or alcohol and those men who attended religious services at least once a week were 33% LESS likely to die by suicide, drug overdose or alcohol . That is a startling statistic!

In addition, psychologist Lisa Miller of Columbia University Also identified a correlation between spiritual or religious practice and a healthier brain. Miller analyzed data from clinically depressed and non-depressed children and grandchildren. She asked the question: “How personally important is religion or spirituality to you?”

Using MRI scans, she found that brain health was higher in those people for whom religion or spirituality ranked high. ”The high-spiritual brain was healthier and more robust than the low-spiritual brain. And the high-spiritual brain was thicker and stronger in exactly the same regions that were thinner and weaker in depressed brains.” Miller also noted that when a mother and child were both high in spirituality, the child is 5x’s less likely to be depressed.

As we all know, we live in very busy, hectic times. The statistics for depression in our children and teens has increased dramatically as well. Perhaps, a little dose of religion and spirituality could help. Having a close relationship with God is important; ask anyone in a 12-step program. We need God in our lives. St. Augustine said, “Our hearts are restless until they rest in God.”

As parents, we want what is best for our children. I urge all parents and grandparents, especially young parents, to give your children a great gift: The gift of a personal relationship with God. Bring them to church; a solid relation ship with God protects our children (and us as adults as well).

Remember: Together we can do something beautiful for God.

In Christ,

Fr. Brian

PS: On a sad note, I need to report the death of Deacon John DeGuardi. As you may know, Deacon John and his wife Anne moved a few years ago to be closer to family. I encourage Everyone to pray for John and his family.

WAKE: Chapey & Sons Funeral Home
Friday, February 3
3:00pm - 7:00pm

FUNERAL: Our Lady of Lourdes Church
Saturday, February 4
9:30am

Altar Society

Altar linens this week will be cared for by *Nora Neshta*. If you would like to help care for our altar needs, please call the Parish Office at 631-661-3224.

Members in the Military

We ask that you pray especially for those in our parish that are on active duty.

Michael DiMatteo -US Marine Corps	Melissa Mockler -US Navy
Michael Fantauzzi -US Air Force	Patric Mockler -US Navy
Christopher Florca -US Marine Corps	Andrew Perniciaro -US Army
Dominick Gennaro -US Army	Brandon Ranzie -US Army
Patrick Harty -US Coast Guard	Stephen Rolston -US Army
Ritchard Higham -US Army	Jack Shires -US Navy
Colby Matthew Kelly -US Army	Raymond Sgambati -US Navy
Luke Loftsgaarden -US Army	James Stultz -US Army
Anthony Mannino -US Marine Corps	Jack Taffner -US Marine Corps
Msgr. Brian McNamara -US Air Force	Michael Wilkinson -US Army
Anthony Memoli -US Marine Corps	Peter Zaccaria -US Navy
Timothy Milligan -US Marine Corps	

... and remember those of our parish family that are in the armed services, listed in our Parish Book of Intentions.



Pastoral Care of Our Sick

Please call the Parish Office at 631-661-3224 to leave the names of parishioners who:

- Are homebound and would like to receive the Eucharist.
- Are in Good Samaritan Hospital and/or a local nursing home and would like to be visited by a member of our Pastoral Care Ministry.
- Would like to receive the Sacrament of the Sick.

Pray for Our Sick

Please remember to keep in your thoughts and prayers ...

Jon Ackerman, Connie Ambrosino, John Anitra, Michael Battista, Baby Ellis, Thomas J. Calogero III, Susan Dedes, Amanda DiTingo, Paula Edwards, Mike Ferrante, Anna Ferrante, Thomas Geraghty-USMC, William Hacker, Patrick Anthony Heffron, Henry Kahn, Shena Kahn, James Leung, Vincent Marinelli, Joseph Marrone, Jr., Michele Carrano-McGee, John McMahan, Zachary Melengic, Richard Meyer, Heather Paganica, Edward Pauciullo, John Posanti, Louise Posanti, Clifford Proctor, Dina Rajotte, Ida Schiavoni, Joseph J. Schiavoni, Vita Scorcia, Celestine Stewart

Names of the sick will be listed for **six weeks** for short-term requests and **six months** for long-term.



Rest In Peace

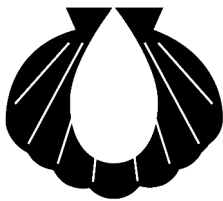
*Deacon John DeGuardi
Niall Michael Morrissey
Agostino Pellati Jr.*

*We extend our prayerful
sympathy to the families
and loved ones of those
recently deceased.*



Upcoming Marriages

*Barbara Ryan, OLL
and
Sebastian Montalvo,
OLL, Queens Village*



Baptism

Gianna Valentina Bidetti

*Masses may be viewed via livestream on our Facebook page.
Please join us directly on Facebook or by visiting our
website at: ollchurch.org, where you will be redirected.
You do not need a Facebook account.*

Mass Intentions

Monday, January 30
8:30am Stephen Gili

Tuesday, January 31
St. John Bosco
8:30am Christina Montesanto

Wednesday, February 1
8:30am Cosimo Ciocia

Thursday, February 2
The Presentation of the Lord
8:30am Carl Schmidt

Friday, February 3
St. Blaise, St. Ansgar
8:30am Tom Collins

Saturday, February 4
8:30am Rose Landry, Cecelia Wolf, Rocco DeRoma,
Eileen May Coyne Williams

5:00pm Joanna Rath, Stephanie Hanratty (Living)

Sunday, February 5
Fifth Sunday in Ordinary Time
8:00am Salvatore Pinello

9:30am Herbert Cox

11:00am Helga McNulty

12:30pm LaRocca & Sweeney Families

6:00pm People of the Parish, Mario D'Alessandro,
Corazon Smith (Living), Jean Walker,
Joseph J. Belmonte, Joseph R. Sardi Sr. and
Joseph R. Sardi Jr.,



Now and at the Hour of Our Death

Catholic Guidance for End-of-Life Decision Making

Illness and aging, coupled with rapid advances in medical technology, can lead to heightened anxiety when health care decisions must be made. For assistance in navigating the end-of-life challenges that you and/or your loved ones face, please visit: www.CatholicEndofLife.org. Learn about the key principles of Catholic teaching in this area, and how to apply them in the complex world of medical advance directives.

Pregnant? Need Help?

Birthright, Inc. 24 Hour Helpline 1-800-550-4900

Islip: 631-277-3888 - Hampton Bays: 631-728-8900 - Rocky Point: 631-821-9727

Southold: 631-876-5138 - Wantagh 516-785-4070

Prayer Shawl Ministry / Baby Blanket Bunch

Bring your prayer and creativity together in a gift of love.

Join us ... **Wednesday, February 1st at 9:30am in the Parish Center.** All you need to bring is scrap yarn, knitting needles or crochet hooks (patterns and instructions will be given to you) and your gifts of love and prayer.

Needed - Soft White Yarn

The Baby Blanket Bunch, who create the beautiful white blankets given to our newly baptized babies, needs donations of soft white yarn. Lion Brand "Pounds of Love" (White) would be greatly appreciated. It is available at Michael's, JoAnn's, Walmart, Hobby Lobby and on Amazon.com. We are grateful for your generosity in assisting us to welcome our newly baptized babies into our parish and faith community. If you can help with a donation, the yarn can be dropped off at the Prayer Shawl meeting (1st Wednesday of the month, 9:30-11:30am in the Parish Center) or you can bring donations of yarn to the Parish Office at any time during business hours.



Divine Mercy Prayer Group

We come together in the Church every Thursday from 1:30pm-2:30pm to pray and reflect on the Divine Mercy. We welcome anyone wishing to join us in this mission.

Donations to Outreach

If you would like to make a donation to Parish Outreach in memory of a loved one, please call Trish Frodell, Director of Parish Social Ministry at 631-661-3224, option 4.



Mayonnaise
Mustard
Ketchup
Canned Fruit
Shampoo

Adoration of the Blessed Sacrament

We will be having extended hours of Adoration of the Blessed Sacrament on this **Tuesday, January 31st from 12:30pm to 7:30pm**. Come, spend some intimate time with Jesus during our Extended Adoration. Invite a family member or friend along too! In case of inclement weather, please call the parish office at 631-661-3224 ext. 0, or log onto the parish website (ollchurch.org) to check if adoration has been canceled.

Last Year's Palm Becomes This Year's Ashes

Each year, prior to the beginning of Lent, parishes burn the previous year's palm to provide the ashes used on Ash Wednesday.



We invite you to return the blessed Palm branches you received at Mass last Palm Sunday so that we can include them in the ashes we will use this year on Ash Wednesday, February 22nd. Please deposit your palm in the baskets near the doors as you enter the church. **Deadline for returning palm is Sunday, February 12th.**

Nocturnal Adoration

"Come to me all you who labor and are burdened, and I will give you rest."

This is Jesus Christ's invitation every first Saturday of the month. The Blessed Sacrament is taken to the altar after the 5:00pm Mass and will be exposed up to 9:50pm. Everyone is invited to spend some time in front of the Blessed Sacrament to offer prayers, petitions and thanksgiving to Jesus. Nocturnal Adoration will follow the 5:00pm Mass on **Saturday, February 4th** concluding with Benediction at 9:50pm. Please come and pray with us. All are invited and welcome. Bring a friend!



Casa Project Update

In the past, the "Casa House" in the Narthex has provided housing, bedding and ecostoves for our friends in El Salvador. We couldn't do this without your support and generosity. Next weekend (2/4 and 2/5) we are asking you to give your loose change to our Casa Project. Place your donations in the wooden house located in the north vestibule by the Father Joe Garden. Thank you for your support. We truly appreciate your generosity.



Rite of Christian Initiation for Adults

What's it all about?

IF you are an adult *AND*

- ... you were never Baptized
- ... you were Baptized in another faith and would like to become a baptized Catholic
- ... you never received Holy Communion (Eucharist)
- ... you never received your Confirmation

IF you are an adult *AND* one or more of the circumstances above apply to you ...

IF you feel you would like to become a baptized Catholic or become more fully initiated into your Catholic faith... Our email address is RCIA@ollchurch.org or call the Parish Office at 631-661-3224, and we would be happy to help you.





An Invitation from the Knights of Columbus

Men of the Parish (18 years and older), are you interested in serving your Faith, your Church, and your Community? If so, then you are invited to join the Knights of Columbus, Our Lady of Lourdes Council 17379. Joining the Knights will make you part of a 129 year old Catholic Fraternal Order that exemplifies the high ideals of our faith and has contributed to our communities through charitable works and community outreach. We meet on the second and fourth Monday of each month in the Parish Center. The fourth Monday is an Officers' meeting, but members are welcome to attend. Meetings begin at 8:00pm. So begin your journey of Charity, Unity, Fraternity and Patriotism by becoming a Knight!

Online membership is also available at: www.KofC.org.

Our next meeting will be Monday, February 13, 2023 at 8:00pm in the Parish Center.



Boy Scout Troop 179

For 50 years, Our Lady of Lourdes has been sponsoring Boy Scout Troop 179 of West Islip. Troop meetings are held every Thursday at 7:30pm.

If you are interested in learning more about Boy Scouts and our Troop, please visit our website: <https://witroop179.wixsite.com/bsatroup179> or contact us at: troop179cc@yahoo.com.

Important Information for ALL Parish Volunteers

The Diocese of Rockville Centre requires all clergy, employees, and volunteers (18 yrs. or older) to participate in the Safe Environment Guidelines as established by the Charter for the Protection of Children/Young People (2002) and outlined in the Diocesan Child Protection Policy.

Note: If you already have a Virtus account (www.Virtus.org), have signed the Code of Conduct and attended the Class, all you need to do is initiate the updated background screening through Sterling Volunteers.

Requirements are as follows:

1. Attend a Virtus: Protecting God's Children class.
2. Undergo background screening.
3. Sign the Diocesan Code of Conduct.

Instructions to Complete the Safe Environment Requirements:

- Log into the Virtus website: www.Virtus.org.
- Begin the registration process by creating a Virtus account. The first screen requests the location: Please select Rockville Centre from the drop down list.
- Follow directions on each page.
- During the registration process you will receive a copy of the Code of Conduct and Pastoral Code of Conduct. Please sign each Code electronically.
- Select the class you wish to attend.
- Complete the background screening application provided. Background screening is conducted by Sterling Volunteers.

When you complete the registration process, you will have a Virtus account and an account with Sterling Volunteers. Your Virtus account will contain the date you signed the Codes of Conduct; date you submitted the background screening application and date you will attend Virtus. Please keep your username and the password for both your Virtus account and Sterling account as these are required to access each account.

Please contact the Office for the Protection of Children/Young People if you have questions or require assistance: cprotection@drvc.org

Oremus Bible Study: *Now offered in the Afternoon as well!!!!*

Afternoon class: 1:00pm to 2:45pm in the Parish Center (limited seating – 72 people)

Evening class: 7:30pm – 9:15pm in the All Purpose Room (limited seating -160 people)

If you already signed up for the evening session but want to switch to the afternoon, please call the rectory so they can make the change. The eight dates of the bible study are: **Tuesday**, April 25, May 2, 9, 16, 23, 30, June 6 & 13. The bible study will consist of an opening prayer, a song and watching an excellent 30 minute teaching video presentation by Fr. Mark Toups, a wonderful speaker from Louisiana. Then there will be a group discussion through small sharing groups with the workbook provided, closing announcements and a closing prayer. There is no set fee for the course but a free-will offering would be graciously accepted to help defray the cost of the work-books and supplies. We will also be using the bible during this study for your daily prayer. If you need a Catholic bible, the owner of the Advent Religious Store in Massapequa, Sarah Ryan, will bring bibles to Oremus for purchase.

Do you want to hear God speak to you?

For most of us, prayer becomes a source of frustration as we struggle to calm our minds to find even a few minutes to pray. In our busy lives, prayer is seen as a luxury, when in reality it is essential and fortifies the foundation of our lives. Do you pray and therefore have a healthy spiritual life? The good news is that you can overcome your difficulties with prayer, and it is easier than you might think. Over the eight weeks, the Oremus Study program will teach you the essentials of an effective and fruitful prayer life. This is what Oremus can do for you:

- Become more deeply aware of God’s presence in your life
- Discover the simple yet profound steps to Catholic prayer
- Learn how to respond to God and express yourself in prayer
- Discover how to hear God’s voice in Scripture, in your heart, and in ordinary moments
- Learn how to overcome frustrations, distractions, and dryness in prayer
- Grow in your relationship with God and those around you, and much more....

Therefore, join me as I will be leading an eight-week series entitled **Oremus** (*in Latin it means, “Let us pray”*). If you are feeling the Lord prompting you to be a part of this bible study, mark your calendar and call the parish office to register at 631-661-3224 Ext. 2. This is to make sure there will be enough chairs, workbooks and supplies for everyone. The seating for the afternoon group is limited to 72 people and the evening group is limited to 160.

As Fr. Mark has assisted me in my own prayer life through Oremus, I know he can assist you with yours. I highly recommend Oremus. I have been blessed to have been on several retreats where Fr. Mark was my spiritual director. He is the best at what he does. Fr. Mark was ordained in 2001 and is a priest for the Diocese of Houma-Thibodaux, Louisiana. He is presently the Pastor of Our Lady of the Isle parish in Grand Isle, Louisiana. He is also Vicar General and Director of the Office of Parish Support in his diocese and an adjunct faculty member for the Institute of Priestly Formation, specializing in communications, development and spiritual direction. Fr. Mark served several years as Chancellor of his Diocese, the pastor of two other parishes and Director of Seminarians. He received his Master of Divinity degree from Notre Dame Seminary in New Orleans. Fr. Mark is the author of Ascension Press resources : Oremus: A Catholic Guide to Prayer \ Rejoice! Advent Meditations with Mary \ Rejoice! Advent Meditations with Joseph. He brings a wide range of experience to this bible study.

Calling all facilitators: we need facilitators for our small sharing groups during the 8 weeks of the Oremus bible study. It’s not difficult, I will train you. The facilitator helps the sharing group to remain on topic during the time of discussion. The training session is set for Tuesday, April 18th at 1:00pm for the afternoon group and 7:30pm in the Parish Center for the evening group. Please RSVP to the parish office so we can make sure we have enough facilitators. Thank you so much.

I hope you will prayerfully consider joining me. I am looking forward to this time of journeying with you through Oremus.

Peace and blessings,
Fr. Charles Mangano



DIOCESE OF ROCKVILLE CENTRE
OFFICE OF THE BISHOP

January 31, 2023
Memorial of Saint John Bosco

Dear Brothers and Sisters in Christ,

Each year, the Church throughout the United States takes the opportunity to celebrate the gift of Catholic Education during Catholic Schools Week which, this year, began on January 29, 2023 and concludes on February 4, 2023. As Bishop of the Diocese of Rockville Centre, I want to express how incredibly proud I am of our Catholic Schools in the ways that they evangelize our young Catholics here on Long Island.

In his Apostolic Exhortation, *The Joy of the Gospel*, Pope Francis says, "Catholic schools, which always strive to join their work of education with the explicit proclamation of the Gospel, are a most valuable resource for the evangelization of culture" (§134). This mission-driven vision of Catholic Education is especially fitting as the Church in the United States participates in a national Eucharistic Revival, because the mission of the national Eucharistic Revival is embedded into the mission of Catholic Education. Assisting students to know and love Jesus through the transformative power of the Mass, and equipping them to evangelize their families and communities, is an extraordinarily beautiful and achievable goal that our Catholic Schools strive to achieve each day.

As schools throughout the Diocese celebrate Catholic Schools Week 2023 with Masses, open houses, and other various activities, we give thanks to the Lord for those who make these events and Catholic Education as a whole possible. To the dedicated and faithful administrators, teachers, and staff members: thank you for working tirelessly every day to advance the Church's evangelizing mission by your love for Christ and by helping his children to know the presence and power of his love in their lives. To the many parents and guardians who generously offer so much time to assist your pastors and principals in advancing the mission of Catholic Education in your parish and regional schools: your love for Christ and his Church is inspiring, and I am so grateful for your Good Samaritan charity, dedication, and perseverance. In addition, I want to express my gratitude to the Morning Star Initiative and the Department of Education staff who collaborate and work together in order to provide every student in our Catholic Schools with an education that is robustly Catholic, academically excellent, safe and supportive, and sustainable.

Today we celebrate the Memorial of St. John Bosco, who is one of the patron saints of school children. St. John Bosco understood the essential mission of Catholic Education in the world. He once said, "If we want to have a good society, we must concentrate all our forces on the Christian education of the young." Because of the fantastic work being accomplished in our Catholic Schools, I think we can have great hope in the future of society here on Long Island: a future that is filled with young Catholics who are on fire for Jesus Christ and his Church!

Through the intercession of Saint Elizabeth Ann Seton, the patron saint of Catholic Education, Saint John Bosco, and Mary, Star of Evangelization, may the Lord continue to bless the Morning Star Initiative, the Department of Education, our Catholic Schools, and all those involved in Catholic Education on Long Island, especially our students!

Sincerely yours in Christ,

Most Reverend John O. Barres
Bishop of Rockville Centre

Visions For The Future + Values For A Lifetime
ST. PATRICK SCHOOL - BAY SHORE

CATHOLIC SCHOOLS WEEK
OPEN HOUSE JANUARY 29TH
MASS 9:30AM TOURS 10:30AM



☎ 631-665-0569 🌐 spsbayshore.org 📷 @spsbayshore

NURSERY - 8TH GRADE

SPANISH, TECHNOLOGY, ART, MUSIC, PHYSICAL EDUCATION

Choir, Play-Doh Club, Volleyball Club, Math Boot Camp, Lego Club,
 2023 School Musical: Willy Wonka & Championship Cross Country Team
 2nd Grade Communion + 8th Grade Confirmation

NURSERY-8TH GRADE · AMITYVILLE, NY · OUR STUDENTS ARE THRIVING!



Saint Martin of Tours School



Join Us for Our Open House!

SUNDAY · JANUARY 29, 2023

9:00am Mass

10:00am-1:00pm Open House

At the Saint Martin of Tours School Open House, you will get a chance to speak with Alumni who attended SMT, current students, teachers and staff. All are welcome!

Why Choose St. Martin of Tours School?

- For over 100 years, SMT has offered academic excellence, which fosters individual growth and development according to time-tested, Catholic faith-based models of teaching and learning.
- Believing in the worth and uniqueness of each child, SMT has established guidelines to help all students grow spiritually, mentally, physically, and emotionally.
- SMT cultivates a robustly Catholic culture centered on the spiritual, intellectual, sacramental, and liturgical life of the Church.
- SMT provides a safe and supportive community that recognizes the dignity of every person and promotes a loving family atmosphere.



Saint Martin of Tours School
 Amityville, NY

🌐 smtschool.org

☎ (631) 264-7166

📍 30 Union Ave, Amityville, NY

📷 [smtschool11701](https://www.facebook.com/smtschool11701)

📱 [@SMTschool11701](https://www.instagram.com/SMTschool11701)

Catholic School Week Open House Tours

Volunteers Needed at Maria Regina Residence!

Maria Regina Residence, at 1725 Brentwood Rd., Brentwood, currently a sponsored ministry of the Sisters of St. Joseph, is an 188-bed Skilled Nursing Facility. We are inviting compassionate, able and dedicated men and women who are willing to volunteer their time and talent in various service areas (usually for one or two mornings or afternoons per week.)

Current priority needs include: transporting residents in their wheelchairs within the building, serving as visitors or Eucharistic ministers and more. For more information, please contact Sister Mary Sheppard, CSJ and leave contact information at 631-299-3288.

Is "reaching out to others" one of your New Year's resolutions?



Important DRVC Information

Information regarding a new deadline to file proofs of claim for victims of sexual abuse who were over 18 or older when the alleged conduct occurred and the forms to use, can be found by clicking on the following link to the Diocese's bankruptcy website and scrolling down the page: <https://dm.epiq11.com/drvc>.

The poster is for a Black History Month Mass of Thanksgiving. It features a central image of a woman in a purple vestments, likely a priestess, with her hands clasped in prayer. The background is dark with a colorful, patterned border on the right side. The text is in various fonts and colors, including gold, white, and purple. Logos for the Diocese of Brooklyn and the Diocese of Rockville Centre are at the top. The event is scheduled for Saturday, February 11, 2023, at 2:00 PM at The Cathedral of St. Agnes.

The Office of Vicariate for Black Catholic Concerns
Diocese of Brooklyn

The Office of Multicultural Diversity
Diocese of Rockville Centre

invites you to attend their annual
Black History Month Mass
of
Thanksgiving

Principal Co-Celebrants:
Most Reverend John O. Barres &
Most Reverend Robert J. Brennan
as well as concelebrating
Auxiliary Bishops, Priests & Deacons from both Dioceses

Guest Homilist:
Reverend Anthony M. Bozeman, SSJ
*Academic Dean of St. Joseph's Seminary,
Josephite Seminary
Washington, DC*

Music Ministry by:
The Sr. Thea Bowman Mass Diocesan Gospel Choir
*under the direction of Mrs. Darcel Whitten-Wilamowski,
accompanied by Mr. Devin D. Olivas along with Musicians from both Dioceses*

Saturday, February 11, 2023
2:00 PM

The Cathedral of St. Agnes
29 Quealy Place • Rockville Centre, NY 11570

FOR MORE INFORMATION CONTACT:
dwhitten@drvc.org or blackcatholicconcernsbk@gmail.com



Butterfly Memory Café - February 3rd from 1:30-2:30pm

What is a Memory Café? It is a program designed for persons with mild to moderate cognitive impairment and their caregiver to promote social engagement with others navigating through dementia's journey. Activities include crafts, music, reminiscing, art or movement. Light refreshments will be served. Our next event will take place on Friday, February 3rd from 1:30pm-2:30pm. There is no charge to participate, but space is limited and reservations are required. For more information or to register, please call Michele at A Gentle Touch Senior Care at: 631-647-7622 or e-mail: michele@agentletouchseniorcare.com.

Dementia Caregiver Support Group Thursday, February 16, 2023



Caregiving for someone with Alzheimer's or a related dementia can cause frustration, fear, anger, sadness and other emotions. Our support group can provide emotional, social, and educational help to caregivers whose lives are affected by dementia.

Join us on the 3rd Thursday of each month from 5:30pm-7:00pm in the Parish Center.

There is no charge to participate, but please contact Michele at 631-647-7622, ext. 2006 or via email at: michele@agentletouchseniorcare.com to reserve your place.



Come Join the Band!

We're currently looking for new and experienced bagpipers and drummers (snare, tenor and bass) to join our ranks! We meet on Thursday nights at 7:00pm at the A.O.H. Hall at 27 Locust Avenue in Babylon, NY.

Come down and say hello or e-mail us at: pmsupb@gmail.com for additional information. For more about us visit us at: www.saffrinunited.org.

The Sisters of St. Dominic of Amityville Celebrate Irish Night

Many of you know the Dominican Sisters of Amityville through our ministry in schools, health facilities, parish affiliations, etc. This year, we are happy to announce that we will once again celebrate, in person, our annual Irish Night event. This year's festivities will take place on Saturday, March 4, 2023 at St. Brigid's in Westbury, NY and offer us an opportunity to gather together for liturgy, followed by a joyful evening of music, dancing, and Irish spirit!



Please consider supporting our efforts by purchasing one or more of the following:

Take a chance book(s) and encourage many of your friends and family to buy chances. Booklets are \$10 each (12 chances per booklet). Please contact the Advancement Office at 631-842-6000 ext. 246 for more information.

Purchase a ticket online and attend the event. Tickets are \$45 per person or \$100 for 2 tickets & 1 raffle book.

For more information, please contact our Advancement Office at 631-842-6000 ext.246 or visit the event website: www.sistersofstdominic.org/irishnight2023. As always, thank you for your continued support of the Congregation. We hope you will join us on March 4th and raise a glass to good health this coming year. Sláinte!

Employment Opportunity - St. Kilian, Farmingdale

St. Kilian Parish in Farmingdale is seeking a part-time sacristan to work 10-15 hours per week, primarily on weekends.

The Sacristan would need to be available weekday mornings, with occasional additional hours later in the day as needed. Flexibility in scheduling is important.

Responsibilities:

- Open and close the church
- Setting up for and assisting the Presider during daily Masses, funerals, and weddings
- Care of the sacred vessels.
- Assist in monitoring necessary supplies for the Church
- Assist with the upkeep & maintenance of all church areas
- Effectively manage time and complete all tasks as assigned by the Pastor

Training provided. Please email your resume in Word format as an e-mail attachment to: johnr@stkilian.com and note "Sacristan" in subject of e-mail.

One Church: Best Practices for Resisting Catholic Polarization Lecture Thursday, Feb. 16, 2023 - St. Joseph's Seminary, Yonkers

St. Joseph's Seminary and College in Yonkers will be hosting an evening lecture entitled **One Church: Best Practices for Resisting Catholic Polarization**, with Dr. Charles Camosy, a nationally recognized Catholic moral theologian and the Seminary's Msgr. Michael J Curran, Fellow in Moral Theology.

Date and Time: Thursday, February 16th at 7:00pm
Location: St. Joseph's Seminary Prayer Hall and online via Zoom
Tickets: \$25.00



Additional Information and registration: [OneChurchLectureSJSDrCamosy-tickets.eventbrite.com](https://www.eventbrite.com/e/one-church-lecture-sjs-dr-camosy-tickets)
Questions: sjsacademics@dunwoodie.edu or 914-968-6200 ext. 8145



**Thank you for your generous support of the
2022 Catholic Ministries Appeal.**

Completing your 2022 pledge ensures that our Parish
will benefit by receiving our full rebate.

**Please remember that all pledges made by December 31, 2022
need to be paid in full by January 31, 2023.**

Church Census Information

Has your contact information changed, or are you moving?

The process of updating our Parish Data System information is an ongoing process. We ask that you please submit any recent changes -- address, family members, phone numbers, etc. With your help, our parish data information will be more accurate, and receipt of Parish Offering Envelopes and other church information can be processed more efficiently.

Please mail the information to the Parish Office, or email to: parishoffice@ollchurch.org.

The “Moving On” Group

An ‘After-Bereavement’ Group for Widows and Widowers Presents:

“Senior Care”

presented by: Patrick Ryan

Friday, February 10, 2023 at 7:00pm

St. Joseph Parish Center

39 North Carll Avenue, Babylon, NY 11702

For further information please call:

Linda Sparaco at 631-225-9530 or Joyce Gangone at 631-813-9356



Handicapped Encounter Christ Volunteers Needed

Volunteers (18+ years) are needed for the HEC #39 Retreat taking place April, 2023 (Centerport, NY)
HEC (Handicapped Encounter Christ) brings together adults with differing abilities for various events throughout the year learning from each other, enjoying the company of one another and establishing many beautiful friendships together as we all get to know our Lord. We are always looking for participants to join this ministry — those who are disabled and those who are not.

Please join our first planning meeting for our spring HEC #39 on Monday, Feb. 13, 2023 at 7:00 pm at St. Francis of Assisi Church, 29 Clay Pitts Road, Greenlawn. At the first meeting, there will be a HEC retreat overview and a review of the different jobs that need volunteers. Light refreshments will be served. Additional meetings will be Monday, March 14 and April 4.

All are welcome. Please join us. Any questions, call Diana at: 631-806-6213 or Bob at: 516-241-4122.

Retrouvaille Weekend - Marriage Struggling?

Do you feel alone? Are you frustrated or angry with each other?

Do you argue or have you just stopped talking to each other?

Does talking about it only make it worse?

Are you separated or divorced or *thinking about separation or divorce?*

The Retrouvaille Program helps couples through difficult times in their marriages.

Long Island/Metro Retrouvaille is a 5013c non-profit, peer ministry. Couples of all faiths, or no faith, are encouraged to attend, and no one is ever turned away for lack of funds.

For confidential information about the Retrouvaille program, or to register for the next weekend on

April 21-23, 2023, please visit our website at: www.helpourmarriage.org
or call: **1-800-470-2230** and you will be connected directly and confidentially to a couple from Long Island/Metro Retrouvaille who can help.

Weekend Location: Immaculate Conception Seminary
440 West Neck Road, Huntington, NY 11743



Preparing for Marriage?

Do you need to fulfill your Marriage Prep Requirement?

Engaged Encounter is an effective Pre-Cana program designed to provide you with the tools for a successful marriage. Couples are provided with social-distancing during this time. Our next 2-day weekend will be held at the Seminary of the Immaculate Conception in Huntington on **March 18-19, 2023**. For information please call Lenny & Pat Walker at: 631-563-1032 or visit: longisland.engagedencounter.com.



Worldwide Marriage Encounter

Attention married couples & Priests. Are you looking for a great Valentine's gift? A week-end away for just you and your spouse to help your good marriage be great!! Are you ready for more growth and happiness in your marriage or priesthood? Uncover the secrets to a lasting, supportive, transformational marriage on a World Wide Marriage Encounter Weekend. In the Beatitudes it says, "Blessed are they who hunger and thirst." Do you hunger and thirst for a better relationship with your spouse? A Worldwide Marriage Encounter Experience can help you along this journey. Sign up to attend a Worldwide Marriage Encounter Experience together on February 3-5, 2023 or June 23-25, 2023 at Immaculate Conception Seminary in Huntington, NY. Register at: WWME.org or contact: Chuck & Maria Reiss at: 631-486-8607.



In addition to our parish website (ollchurch.org), please visit us on *Facebook* at *The Parish Family of Our Lady of Lourdes*. Click "Like" and you will receive the latest news on upcoming parish events and information.

Anxiety Disorder Sufferers

The group, led by a trained and certified Anxiety Disorder Group Leader, will meet every Tuesday from 2:00pm-4:00pm in the Parish Center (located across from the playground and to the right of Outreach). For more information and to register, please call Michael at 631-968-9154.

Everyone is encouraged to wear a mask, regardless of vaccination status.

Support Groups *(all meetings are in Lourdes Hall - lower level of Convent)*

Alcoholics Anonymous: Monday and Tuesday at 8:00pm and Saturday at 11:00am and 7:00pm.

ALANON: Wednesday at 10:00am. Beginner's meeting at 9:30am. Free babysitting available.

2nd and 4th Wednesday meetings are via Zoom. For more meeting info visit: al-anon.org.

Families Anonymous Meetings

12-Step support group giving Hope & Strength to parents, family and friends concerned with a loved one's destructive behavior caused by Alcohol, Drugs or Related Behavioral Problems will meet virtually and in person. For additional information e-mail: Donna526@aol.com or call Diane at: 631-587-0966 or Donna at: 631-589-3790. Website: FamiliesAnonymous.org.

Religion and Rock

Tune into "Religion and Rock" with Msgr. Jim Vlaun on Sunday from 7:00am to 8:00am on WBAB 102.3 FM or 95.3 on the East End of Long Island. Listen on Saturdays at 11:00pm on Sirius Radio, Channel 159, the Catholic Channel and at 11:00pm on XM Satellite, Channel 117. Next Sunday's theme is "Forgiveness". To listen online or for more information, visit: www.ReligionandRock.com.

Sharing the Gospel

God sees the loving things you do. When you show kindness to others, especially when they don't deserve it, your kindness will come back to you. When you see others fighting and you help them get along, you show that you are God's child. When you are gentle, not bossy, you make God smile. Even when it is hard, keep on doing what's right. One day, in heaven, God will reward you for the good choices you make.



Mission for the Week



God loves peacemakers. The next time you are tempted to argue with someone, think of ways to get along instead.



Puzzle

Unscramble words from today's Gospel:

blessed	mercy	kingdom
meeek	pure	reward
filled	peace	heaven

bsedles	<u> b l e s s e d </u>
pacee	_____
meke	_____
kidomng	_____
filedl	_____
reardw	_____
mecyr	_____
hevena	_____
peur	_____

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Prayer

Dear God,
Help me
love other
people the
way You
want me
to.



Something to Draw

Draw a picture of yourself helping a child who was mean to you.

