# Our Lady of Lourdes Parish

455 Hunter Avenue, West Islip, NY 11795

Rev. Dennis A. Suglia, Pastor

Rev. Charles Mangano, Associate Pastor

**Rev. Anthony Akabogu,** in Residence (Summer) Chaplain at Our Lady of Consolation Nursing

Deacon Nilo DeLeon, Deacon Tom Lucie, Deacon Rich Maher, Deacon Jack Meehan

Sr. Nancy Campkin CSJ, Director of Religious Ed
Trish Frodell, Director of Parish Social Ministry
Sr. Diane Liona CSJ, Director of Religious Ed
Debbie Meyer, Business Manager
Robin Reynolds Brennan, Coordinator of
Worship and Choir Director



# **Parish Office**

**Phone: 631.661.3224 (select option #2)** Monday-Thursday: 9:00am-7:30pm

Vita Scorcia, Ministry Spiritual Director

Friday: 9:00am-5:00pm Saturday: 9:00am-3:00pm

Sunday: 10:30am-2:30pm E-mail: ParishOffice@ollchurch.org

Fax: 631.661.7143

Website: www.ollchurch.org

# **Religious Education Office**

Phone: 631.661.5440 (select option #3)

Monday-Friday: 9:00am-Noon, 1:00pm-5:00pm, 7:00pm-9:00pm E-mail: ReligiousEd@ollchurch.org

# **Parish Outreach Office**

Phone: 631.661.9262 (select option #4)

Monday-Friday: 9:30am-3:30pm

**SAGE** (Senior Advocates for Growth and Enrichment)

Phone: 631.661.3224, Ext. 122 E-mail: Sage@ollchurch.org

# **Liturgical Schedule**

# **Daily Mass**

8:30am

# **Weekend Masses**

Saturday: 5:00pm

Sunday: 8:00am, 9:30am, 11:00am, 12:30pm

and 6:00pm.

# Reconciliation/Confession

Saturday: 4:00pm-4:45pm or by appointment

Rosary

Daily at 8:00am

### Miraculous Medal Novena

Monday at 8:00am

# **Sacraments**

# **Anointing of the Sick**

Throughout the liturgical year. If needed sooner, please call the Parish Office.

# **Baptism**

Please contact the Parish Office to schedule an appointment.

#### Marriage

Arranged at least six months in advance, please call the Parish Office.

# Rite of Christian Initiation of Adults (RCIA)

A process to be embraced by the Catholic Church. For non-Catholics and for Catholics who have never received formal religious education. If interested, please call the Parish Office.

Twenty-fifth Sunday in Ordinary Time • Sunday, September 24, 2023



# Welcome to our Parish Family

New Parishioners are cordially invited to register as members of our Parish Family. Please call or visit our Parish Office.

# Remember: Together, we can do something beautiful for God!

- Saint Teresa of Calcutta

# Pastoral Council

Fr. Dennis A. Suglia
Eileen Rega
Mary Borgs
Lisa Cantalino
Sonia DaSilva
Dcn. Nilo DeLeon
Jerry Esposito
Trish Frodell
Pam Gagliano
Deborah Lamb
Rosalie Mangels
John Muldoon
Dottie Perdue
Vita Scorcia

# Parish Staff

# **Patti Anderson**

Parish Office/Bulletin Editor

Parish Organist

# Rosemary Cannarella

Parish Office

# Amy Danowski

Parish Office

# Carol Grillo

Parish Office

# Rita Spera

Religious Education Office

# Mission Statement

As stewards of all that God has given us, the Parish Family of Our Lady of Lourdes serves and ministers to all who come to this place.

Regardless of a person's history, ethnicity, gender, orientation, age or race, we commit ourselves to open wide the doors of our Parish to provide a place of welcome and hospitality.

# Readings for the Week of September 24,2023

**Sunday:** Is 55:6-9/ Phil 1:20c-24, 27a/ Mt 20:1-16a

**Monday:** Ezr 1:1-6/ Lk 8:16-18

**Tuesday:** Ezr 6:7-8, 12b, 14-20/ Lk 8:19-21

**Wednesday:** Rzr 9:5-9/ Lk 9:1-6 **Thursday:** Hg 1:1-8/ Lk 9:7-9

Friday: Dn 7:9-10, 13-14 or Rv 12:7-12a/ Jn 1:47-51

**Saturday:** Zec 2:5-9, 14-15a/ Lk 9:43b-45

**Next Sunday:** Ez 18:25-28/ Phil 2:1-11 or 2:1-5/ Mt 21:28-32

# Financial Summary

**September 17, 2023** 

Weekly Collection \$ 13,687.00 Weekly Budget - \$ 17,800.00 +/- for the week \$ (4,113.00)

St. Pius X \$ 4,531.00

The estimated weekly collection needed to maintain and operate our parish buildings, ministries, programs and salaries is \$17,800.

# The Feast!

What a wonderful time our Feast was this past week! We were blessed with great weather and a large turnout!

I want to thank all the volunteers, too many to name, and the Knights of Columbus who worked tirelessly for so many hours to ensure that the Feast would be as great a success as it was. A special nod to both Frank Antonawich and Deacon Rich Maher for chairing our Feast again this year.

When I approached the Feast grounds from the rectory the first thing that you could see was the statue of Mary there to greet all comers. What a great way to put Our Lady of Lourdes front and center at our Feast.

Mary was watching over us as we celebrated these days. It was also captivating to see so many kneel and pray before her blessed image.

I am inspired as your pastor to see such a great collaboration of so many parishioners to ensure success again this year. I thank you from the bottom of my heart for all the hard work and time put in. I look forward to many feasts and other parish events in the future.

Yours in Christ,

Fr. Dennis































# **Altar Society**

Altar linens this week will be cared for by *Margaret Lehmann*. If you would like to help care for our altar needs, please call the Parish Office at 631-661-3224.

# **Members in the Military**

We ask that you pray especially for those in our parish that are on active duty.

Maria Caputo-US Army
Drew Carleton-US Air Force
Michael DiMatteo-US Marine Corps
Michael Fantauzzi-US Air Force
Christopher Florca-US Marine Corps
Dominick Gennaro-US Army
Patrick Harty-US Coast Guard
Ritchard Higham-US Army
Keith Horyczun-US Army
Christopher Jensen-US Air Force
Colby Matthew Kelly-US Army
Luke Loftsgaarden-US Army
Anthony Mannino-US Marine Corps
Msgr. Brian McNamara-US Air Force

Anthony Memoli-US Marine Corps Timothy Milligan-US Marine Corps Melissa Mockler-US Navy Patric Mockler-US Navy Andrew Perniciaro-US Army Brandon Ranzie-US Army Jack Shires-US Navy Raymond Sgambati-US Navy James Stultz -US Army Alvaro Suarez-US Army Jack Taffner-US Marine Corps Michael Wilkinson-US Army Peter Zaccaria-US Navy

... and remember those of our parish family that are in the armed services, listed in our Parish Book of Intentions.



# **Pastoral Care of Our Sick**

Please call the Parish Office at 631-661-3224 to leave the names of parishioners who:

- Are homebound and would like to receive the Eucharist.
- Are in Good Samaritan Hospital and/or a local nursing home and would like to be visited by a member of our Pastoral Care Ministry.
- Would like to receive the Sacrament of the Sick.

# **Pray for Our Sick**

Please remember to keep in your thoughts and prayers ...

Salvatore Albanese, Sandra Amberg, Connie Ambrosino, Baby Maya, Jeanette Battista, Michael Battista, Linda Cantwell, Thomas Cavanagh, Thomas J. Calogero III, Grace Ciccarello, Lisa Crowe, William DeGeorge, Amanda DiTingo, Joanne Egan, Paula Edwards, Ana Ferrante, Mike Ferrante, Christopher Gargiulo, Thomas Geraghty-USMC, William Hacker, Kevin Hahn, Patrick Anthony Heffron, Henry Kahn, Shena Kahn, Michael Kegel, Stephanie Koral, Nora Le Viness, Vincent Marinelli, Glenn Meyer, Richard Meyer, Ken Monroe, Dennis Morgan, Mary Murphy, Amanda O'Malley, Edward Pauciullo, Joseph Pepe, Cameron Pillitteri, John Posanti, Louise Posanti, Clifford Proctor, Donna Rojas, Colleen S., Bob Scharen, Diane Scharen,

Names of the sick will be listed for six weeks for short-term requests and six months for long-term.



Vincent A. Fantauzzi

We extend our prayerful sympathy to the families and loved ones of those recently deceased.



# **Upcoming Marriages**

**Kaitlin Liegey,**St. Hugh of Lincoln, Huntington
and

Keith Fasano, OLL



Charli Rose Caccavale Matthew John Grassa Adam Charles Sicilia, Jr. Masses may be viewed via livestream on our Facebook page.

Please join us directly on Facebook or by visiting our
website at: <u>ollchurch.org</u>, where you will be redirected.

You do not need a Facebook account.

# **Mass Intentions**

Monday, September 25 8:30am Michael Clark

Tuesday, September 26
St. Cosmas & St. Damian
8:30am Frank X. Bronkhurst

Wednesday, September 27
St. Vincent de Paul
8:30am Robert Harvey Sr.

Thursday, September 28
St. Wenceslaus, St. Lawrence Ruiz & Companions
8:30am Cosimo Ciocia

Friday, September 29
Saints Michael, Gabriel & Raphael, Archangels
8:30am Ralph G. Reiser

Saturday, September 30 St. Jerome

8:30am Michael Herr, Mass of Thanksgiving, Bart (Living), Mary Kleinlaut

5:00pm Frank Aparo, John McMahon, Peyton Broyles, Louis Kane, Francis Lettieri Jr., Timothy H. Ordway Fr. Saji Jose, CM

Sunday, October 1

Twenty-sixth Sunday in Ordinary Time - Respect Life Sunday

8:00am Sam Kenney Fr. Dennis Suglia

9:30am Matt & Anna Lattanzio, Barbara & Louie Argento Fr. Dennis Suglia

11:00am Martin Kerrian
Fr. Charles Mangano

12:30pm Franklin Edwards, V Fr. Charles Mangano

6:00pm People of the Parish, Maureen Thompson, Mary Teufel, Charles Anthony Woltin, Christopher Rodriguez

Fr. Charles Mangano

# Stand Up for Life: Respect Life Sunday October 1st

Have you ever thought about going to the March for Life in Washington DC in January? Do you know about the largest Pro-Life event right here on Long Island for more than 25 years? Gather with others attending the vigil. In only an hour of time, you can help save a life! Stand Up For Life 10/1/2023 this RESPECT LIFE SUNDAY - 2:00 to 3:30pm. Join us in



Huntington at State Routes 110 & 25 (near the Walt Whitman Mall) or in Manorville south of the Long Island Expressway, LIE at exit 70-S on County Road 111, rain or shine. This Vigil is part of a nationwide family friendly event, held at hundreds of cities across the US & Canada. Your sign is available at the site, you do not have to bring anything, come as you are to this family friendly event. You can bring a friend or the whole family. You can come for part of the time or the full 90 minutes; know by your presence you help save a life. There is strength in unity. For information contact 631-243-1435 or email <a href="Info@ProLifeLLorg">Info@ProLifeLLorg</a>.

Sponsored by the Long Island Coalition for Life

# **Pregnant?** Need Help?

**Birthright, Inc. 24 Hour Helpline 1-800-550-4900**Islip: 631-277-3888 - Hampton Bays: 631-728-8900 - Rocky Point: 631-821-9727

Southold: 631-876-5138 - Wantagh 516-785-4070

# SAGE Gathering - Join Us For Lunch!

Our next meeting is on **Tuesday, September 26<sup>th</sup>**. We will be having lunch together in the *PARISH CENTER* at *11:30am*. Bring your lunch. Beverage and goodies will be provided. ALL ARE WELCOME!

# **Divine Mercy Prayer Group**

We come together in the Church every Thursday from 1:30pm-2:30pm to pray and reflect on the Divine Mercy. We welcome anyone wishing to join us in this mission.

# **Adoration of the Blessed Sacrament**

We will be having Adoration of the Blessed Sacrament on this **Tuesday**, **September 26<sup>th</sup> from 12:30pm to 7:00pm.** Come, spend some intimate time with Jesus. Invite a family member or friend along too! In case of inclement weather, please call the parish office at 631-661-3224 ext. 0, or log onto the parish website (ollchurch.org) to check if Adoration has been canceled. **Please note: Adoration will close at 7:00pm until October 10<sup>th</sup> due to Bible Study classes. We will resume the usual 7:30pm closing time on October 17<sup>th</sup>.** 

# **Donations to Outreach**

If you would like to make a donation to Parish Outreach in memory of a loved one, please call Trish Frodell, Director of Parish Social Ministry at 631-661-3224, option 4.

New Standard Hours for Outreach are as follows: Monday - Wednesday - Friday from 9:30am - 3:30pm ONLY



Canned Stew Canned Fruit Tuna Ketchup /Mustard Coffee / Tea



# Our Annual BLESSING OF THE ANIMALS

Join us in the spirit of St. Francis in his care and respect for all creatures big and small. We will have a special blessing for all your pets.

# Sunday, October 1 2:00pm on the Great Lawn

Please bring your own chairs. We will move inside if it rains.

# Respect Life Sunday - Second Collection September 30 - October 1

Sunday, October 1 is Respect Life Sunday. As we celebrate Respect Life Sunday, we are reminded that the assaults on human dignity come in many forms. The Office of Human Life, Family and Bioethics is charged with deepening our already strong commitment to pro-life activities and parish education. Please support this vital work through participation in the special Respect Life envelope collection. Your prayers and gennerous assistance are greatly appreciated.

# **Casa Project Update**

In the past, the "Casa House" in the Narthex has provided housing, bedding and ecostoves for our friends in El Salvador. We couldn't do this without your support and generosity. Next weekend (9/30 and 10/1) we are asking you to give your loose change to our Casa Project. Place your donations in the wooden house located in the north vestibule by the Father Joe Garden. Thank you for your support. We truly appreciate your generosity.



# Do you like to sing? New choir members are always welcome!!

Choir Mass: Sundays at 11:00am

Rehearsals: Thursdays at 7:00pm to 8:00pm in the church

Season: September to June

Interested singers are invited to come to a rehearsal and try it out!



# **Rite of Christian Initiation for Adults**

What's it all about?

IF you are an adult AND

- ... you were never Baptized
- ... you were Baptized in another faith and would like to become a baptized Catholic
- ... you never received Holy Communion (Eucharist)
- ... you never received your Confirmation

IF you are an adult AND one or more of the circumstances above apply to you ...
IF you feel you would like to become a baptized Catholic or become more fully initiated into your Catholic faith... Our email address is <u>RCIA@ollchurch.org</u> or call the Parish Office at 631-661-3224, and we would be happy to help you.





# An Invitation from the Knights of Columbus

Men of the Parish (18 years and older), are you interested in serving your Faith, your Church, and your Community? If so, then you are invited to join the Knights of Columbus, Our Lady of Lourdes Council 17379. Joining the Knights will make you part of a 129 year old Catholic Fraternal Order that exemplifies the high ideals of our faith and has contributed to our communities through charitable works and community outreach. We meet on the second and fourth Monday of each month in the Parish Center. The fourth Monday is an Officers' meeting, but members are welcome to attend. Meetings begin at 8:00pm. So begin your journey of Charity, Unity, Fraternity and Patriotism by becoming a Knight! Online membership is also available at: www.KofC.org.

Our next meeting will be Monday, September 25, 2023 at 8:00pm in the Parish Center.

# **BLOOD DRIVE**

**Donations Save Lives** 

# **Our Lady of Lourdes Parish Center**

455 Hunter Avenue, West Islip

Wednesday, October 4, 2023 1:45pm-7:45pm

Please Scan the QR Code to Schedule your Blood Drive Appointment



Appointments are preferred however walk-ins will be welcomed if space permits. Please remember to eat, drink and bring your donor ID card or ID with name and photo.





800.933.BLOOD · nybc.org #nybloodcenter

# PEP 1 RELIGIOUS EDUCATION PROGRAM REGISTRATION INFORMATION "Discover the Treasures of God's Love"

If you have a child entering first grade in public school, your child should be registered for our "PEP 1" Religious Education Program. This first year program is required for participation in First Eucharist. It introduces the children to a basic understanding of the loving presence of God, the person of Jesus, conscience formation and the importance of community worship.

Classes will begin on Wednesday, October 18 4:15-5:15 pm

# INFORMATION MEETING AND REGISTRATION

Wednesday September 27, 2023 10:00am or 7:30pm Parish Center

The meeting will take approximately 45 minutes and will be held in the Parish Center (meeting room opposite the playground)

- ~ Please bring your child's Baptismal certificate (a copy is acceptable).
- ~ Baptismal Certificate or copy is needed even if child was baptized at OLL.
- ~ No child will be assigned a room number unless we have a copy of the Baptismal Certificate.
- ~ Returning families who have an incoming first grader MUST attend the registration meeting.

The registration fee (if this is your oldest child) is \$220



21-39 year olds who want to learn a little more about your faith

# Short Reflection of the Rosary by Father Charles

Refreshments & Snacks Games Fellowship

# Tuesday October 17 7:30pm OLL Parish Center

Beginners Welcome R.S.V.P with QR Code



# Life in the Spirit Seminar

with Fr. Charles Mangano and the Living Bread Prayer Group



Are you searching for something not knowing what can satisfy and fill your hunger? Is God calling you to experience Him in a more personal, fulfilling, and intimate way, a way you have never experienced Him before?

If you answered yes, we invite you to a Life in the Spirit seminar.

The Life in the Spirit Seminar is an introduction on how to live your life in the power of the Holy Spirit. The seminar provides teaching, guidance, and prayer to help you form a deeper relationship with the third person of the Trinity. As part of this seminar, you will receive the Baptism in the Holy Spirit.

# Come and see what God has for you!

Where: Our Lady of Lourdes Catholic Church - All Purpose Room

455 Hunter Avenue, West Islip, NY

When: Friday, November 3rd, 7:00pm - 9:30pm and

Saturday, November 4th, 8:30am - 3:00pm

Please bring a bag lunch on Saturday. We will provide drinks.

Space is limited to 200 participants

++Free will offering will be gratefully accepted++

"The baptism in the Holy Spirit, in fact, is the experience that allows us to enter into a personal communion with God and to participate in His universal salvific will","

(Pope Francis to the Charismatic Renewal, Rome, 2014)

To prepare for this sacred seminar, we strongly encourage you to first go to the sacrament of confession so that you can come with an open and humble heart ready to receive the fullness of God himself.

Registration is required. PLEASE DO NOT CALL THE PARISH OFFICE. Register at the following link: <a href="https://www.signupgenius.com/go/10C0945AFA72CA1F5C61-life1">https://www.signupgenius.com/go/10C0945AFA72CA1F5C61-life1</a> Need help? Email livingbread\_bohemia@aol.com or call (631) 589-4715. Deadline is October 27th. If you have never experienced a Life in the Spirit Seminar, please register now. If you have already experienced a Life in the Spirit Seminar, please register after October 15 to give new people a chance to register.

Universal salvific will = God's plan for every human person to be saved



# Butterfly Memory Café - October 6, 2023 from 1:30pm-2:30pm

What is a Memory Café? It is a program designed for persons with mild to moderate cognitive impairment and their caregiver to promote social engagement with others navigating through dementia's journey. Activities include crafts, music, reminiscing, art or movement. Light refreshments will be served. Our next event will take place on Friday, October 6<sup>th</sup> from 1:30pm-2:30pm. There is no charge to participate, but space is limited and reservations are required. For more information or to register, please call Hannah at A Gentle Touch Senior Care at: 631-647-7622 or e-mail: hannah@agentletouchseniorcare.com.



# Dementia Caregiver Support Group Thursday, October 19, 2023

Caregiving for someone with Alzheimer's or a related dementia can cause frustration, fear, anger, sadness and other emotions. Our support group can provide emotional, social, and educational help to caregivers whose lives are affected by dementia.

Join us on the 3<sup>rd</sup> Thursday of each month from 5:30pm-7:00pm in the Parish Center There is no charge to participate, but please contact Cassandra at 631-647-7622 or via email at: <u>cassandra@agentletouchseniorcare.com</u> to reserve your place.



# **Boy Scout Troop 179**

For 50 years, Our Lady of Lourdes has been sponsoring Boy Scout Troop 179 of West Islip. Troop meetings are held every Thursday at 7:30pm.

If you are interested in learning more about Boy Scouts and our Troop, please check out our website: <a href="https://witroop179.wixsite.com/bsatroop179">https://witroop179.wixsite.com/bsatroop179</a> or contact us at: <a href="mailto:troop179cc@yahoo.com">troop179cc@yahoo.com</a>.



DOORS OPEN 7 PM, BEGINS 7:30 PM | AT THE SEMINARY OF THE IMMACULATE CONCEPTION



# Attention Swimmers Grades 1-12!

The St. Martin of Tours Sharks CYO Swim Team is looking for swimmers to join the team this winter! Practices begin 11/18 at the West Islip HS.

Swimmers must be able to swim the length of the pool. Registration is \$150/swimmer.



Scan the code or visit stmartinswim.swimtopia.com to register!

# **Church Census Information**

# Has your contact information changed, or are you moving?

The process of updating our Parish Data System information is an ongoing process. We ask that you please submit any recent changes -- address, family members, phone numbers, etc. With your help, our parish data information will be more accurate, and receipt of Parish Offering Envelopes and other church information can be processed more efficiently.

Please mail the information to the Parish Office, or email to: <u>parishoffice@ollchurch.org</u>.



A marriage-saving program here in the New York/Metropolitan Area.

- · Is your marriage tearing you apart?
  - · Do you feel hurt and angry?
  - · Does talking make it worse?
  - · Thought of leaving or divorce?
- · Is your marriage heading in the wrong direction?

Retrouvaille can help.

Our Next Weekend is November 3-5, 2023 at The Immaculate Conception Seminary, Huntington

To register or for more information: 1-800-470-2230 or visit: HelpOurMarriage.org

**Retrouvaille** is a practical program for married couples facing difficult challenges It is not a marriage retreat, or counseling. You will not be asked to share the personal details of your story.

**Retrouvaille** is different; it's a way to improve your communication, help you reconnect, and build a healthy, happier, stronger marriage.

**Catholic** in origin, couples of all faiths, or no faith background, are welcome to attend. We are a Christian Peer Ministry offering tens of thousands of marriages hope in over 160 communities world-wide.

# In celebration of the 30<sup>th</sup> Anniversary of the Breast Health Center

# Open House Screening Day

Catholic Health Good Samaritan University Hospital

Join Catholic Health for a breast screening:

Sunday, October 1, 2023

9:30 am - 11:30 am

Good Samaritan Women's Imaging Center 735 Montauk Highway, West Islip

Walk ins welcome for those with insurance.

For a free screening for those that are under- or uninsured, please call (631) 376-3051 to schedule your appointment.



# Free Screening Mammograms Only

# To be eligible, women must:

- · Be 40 years of age or older
- Not have had a mammogram within the past 12 months
- No insurance necessary



goodsamaritanuniversity.org



# THE CATHOLIC HIGH SCHOOLS OF LONG ISLAND OPEN HOUSES

You are invited to explore the benefits of a Catholic High School Education

Please feel free to visit our schools during the times and dates listed below.

# SEPTEMBER 2023

SUNDAY, SEPT. 24 2 P.M. - 4:30 PM. ST. MARY'S COLLEGE

PREPARATORY HIGH SCHOOL

SATURDAY, SEPT. 30 9 A.M. - 12 P.M.

ST. ANTHONY'S HIGH SCHOOL

# OCTOBER 2023

SUNDAY, OCT. 1 10 A.M. - 1 P.M. OUR LADY OF MERCY ACADEMY

SATURDAY, OCT. 14 10 A.M. - 2 P.M. CHAMINADE HIGH SCHOOL 10 A.M. - 1 P.M. KELLENBERG MEMORIAL H.S.

11 A.M. - 2 P.M. SACRED HEART ACADEMY

SUNDAY, OCT. 15 10 A.M. - 1 P.M. ST. JOHN THE BAPTIST DIOC. H.S.

SATURDAY, OCT. 21 10 A.M. - 1 P.M. HOLY TRINITY DIOC. H.S.
SUNDAY, OCT. 22 1 P.M. - 4 P.M. ST. DOMINIC HIGH SCHOOL

# TEST FOR ADMISSION TO CATHOLIC HIGH SCHOOLS

ONLINE FOR 2023-2024



NOVEMBER 4, 2023 REGISTER TODAY

# WWW.TACHSINFO.COM

REGISTRATION DEADLINE OCTOBER 26, 2023

Follow us on social media @CatholicHSofLI

# Catholic

# **Catholic Health Suffolk County Marathon Veteran Outreach Event**

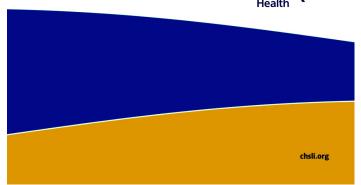
Friday, September 29, 2023

2:00 pm - 6:00 pm

H. Lee Dennison Building Hauppauge, NY

Featuring screenings from Catholic Health and a number of resources from veteran-related and Suffolk County organizations





# **Free Community Health Fair**



# Healthy fun for all ages

# Saturday, October 7, 2023

11:00 am - 3:00 pm

245 Old Country Road, Melville

#### Free health screenings

- Blood pressure
   Cholesterol
- Diabetes/glucose
- Body Mass Index
- Foot screening

### Healthy eating and nutrition

#### Kid's activities

- Coloring
   Pumpkin decorating
- Teddy bear clinic

### Catholic Health specialties

- Cardiac services
- CPR/First Aid/Stop-the-bleed demonstrations
- Sherpa program
   Free Narcan kits available
- Breast Health Sleep Apnea
  - Rehabilitation/Physical Therapy Physician Services

Pastoral Care

Family Care Center

Pain Management

Psychological/ Chemical Dependency

- Smoking Cessation Programs
- Mother/Baby & Lactation
- Home Care Services Oncology
- Wound Care
- Perinatal

# Additional resources

- Fidelis-Insurance Enrollment Assistance
- Catholic Charities







Register for a free gift | Walk-ins welcome For more Information, please call (516) 705-3839

# Run Across the **Great South Bay** and Robert Moses Bridge!

**Catholic Health** 

# **Suffolk County** Marathon & Freedom Fest

To support our veterans

5k Race Saturday, October 21, 2023 10k, Half & Full Marathons

Sunday, October 22, 2023 Starting Line - Downtown Village of Babylon Finish Line - Gardiner Park, West Bay Shore



Catholic

Health

Catholic Health Suffolk County Marathon are used to directly benefit veterans programs



# **Good Samaritan** University

# **Lecture Series**

Diabetes Care: Manage your health first

Monday, November 6, 2023

## 11:30 am

Our Lady of Lourdes The Parish Center 455 Hunter Avenue, West Islip

Living with diabetes is not easy but with the proper education, it can be managed.







In addition to our parish website (<u>ollchurch.org</u>), please visit us on *Facebook* at *The Parish Family of Our Lady of Lourdes*. Click "Like" and you will receive the latest news on upcoming parish events and information.

# **Preparing for Marriage?**

# Do you need to fulfill your Marriage Prep Requirement?

Engaged Encounter is an effective Pre-Cana program designed to provide you with the tools for a successful marriage. Our next 2-day weekend will be held at the Seminary of the Immaculate Conception in Huntington on **Nov. 4-5, 2023**. For information please call Lenny & Pat Walker at: 631-563-1032 or visit: <a href="longisland.engagedencounter.com">longisland.engagedencounter.com</a>.



# **Worldwide Marriage Encounter**

# Anxiety Disorder Sufferers

The group, led by a trained and certified Anxiety Disorder Group Leader, meets every Tuesday from 2:00pm-4:00pm in the Parish Center (located across from the playground and to the right of Outreach). For more information and to register, please call Bob at 631-235-2229.

# Support Groups (all meetings are in Lourdes Hall - lower level of Convent)

**Alcoholics Anonymous:** Monday and Tuesday at 8:00pm and Saturday at 11:00am and 7:00pm, and Sunday at 9:30am.

**ALANON:** Wednesday at 10:00am. Beginner's meeting at 9:30am. Free babysitting available. 2<sup>nd</sup> and 4<sup>th</sup> Wednesday meetings are via Zoom. For more meeting info visit: <u>al-anon.org</u>.

# **Families Anonymous Meetings**

12-Step support group giving Hope & Strength to parents, family and friends concerned with a loved one's destructive behavior caused by Alcohol, Drugs or Related Behavioral Problems will meet virtually and in person. For additional information e-mail: <a href="mailto:Donna526@aol.com">Donna526@aol.com</a> or call Diane at: 631-587-0966 or Donna at: 631-589-3790. Website: <a href="mailtes4">Families4</a> Anonymous.org.

# **Religion and Rock**

Tune into "Religion and Rock" with Msgr. Jim Vlaun on Sunday from 7:00am to 8:00am on WBAB 102.3 FM or 95.3 on the East End of Long Island. Listen on Saturdays at 11:00pm on Sirius Radio, Channel 159, the Catholic Channel and at 11:00pm on XM Satellite, Channel 117. Next Sunday's theme is "**Possessions**". To listen online or for more information, visit: <a href="https://www.ReligionandRock.com">www.ReligionandRock.com</a>.

# **Sharing the Gospel**

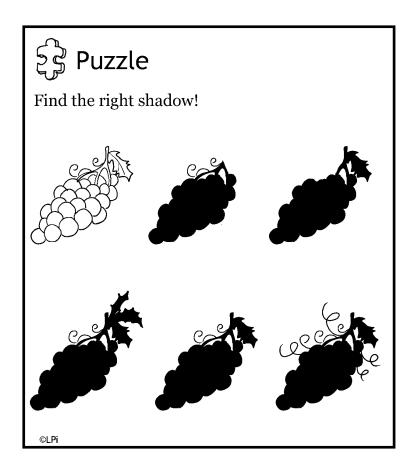
Whether you work for God your whole life, or whether you just got started, God will reward you in heaven. God doesn't want you to compare yourself with other people. God just wants you to love Him with your whole heart.



# **Mission for the Week**



Say a special prayer for each person in your family.



# **Prayer**

God, help me to be ready when You ask me to work for You.

# Something to Draw

Draw a picture of yourself telling a friend at school about Jesus.

