

Our Lady of Lourdes Parish

455 Hunter Avenue, West Islip, NY 11795

Rev. Dennis A. Suglia, Pastor
Rev. Charles Mangano, Associate Pastor

**Deacon Nilo DeLeon, Deacon Tom Lucie,
Deacon Rich Maher, Deacon Jack Meehan**

Sr. Nancy Campkin CSJ, Director of Religious Ed

Trish Frodell, Director of Parish Social Ministry

Sr. Diane Liona CSJ, Director of Religious Ed

Debbie Meyer, Business Manager

Robin Reynolds Brennan, Coordinator of
Worship and Choir Director

Vita Scorcia, Ministry Spiritual Director



Parish Office

Phone: 631.661.3224 (select option #2)

Monday-Thursday: 9:00am-7:30pm

Friday: 9:00am-5:00pm

Saturday: 9:00am-3:00pm

Sunday: 10:30am-2:30pm

E-mail: ParishOffice@ollchurch.org

Fax: 631.661.7143

Website: www.ollchurch.org

Religious Education Office

Phone: 631.661.5440 (select option #3)

Monday-Friday: 9:00am-Noon,

1:00pm-5:00pm, 7:00pm-9:00pm

E-mail: ReligiousEd@ollchurch.org

Parish Outreach Office

Phone: 631.661.9262 (select option #4)

Monday-Friday: 9:30am-3:30pm

SAGE (*Senior Advocates for Growth and Enrichment*)

Phone: 631.661.3224, Ext. 122

E-mail: Sage@ollchurch.org

Liturgical Schedule

Daily Mass

8:30am

Weekend Masses

Saturday: 5:00pm

Sunday: 8:00am, 9:30am, 11:00am, 12:30pm
and 6:00pm.

Reconciliation/Confession

Saturday: 4:00pm-4:45pm or by appointment

Rosary

Daily at 8:00am

Miraculous Medal Novena

Monday at 8:00am

Sacraments

Anointing of the Sick

Throughout the liturgical year. If needed sooner, please call the Parish Office.

Baptism

Please contact the Parish Office to schedule an appointment.

Marriage

Arranged at least six months in advance, please call the Parish Office.

Rite of Christian Initiation of Adults (RCIA)

A process to be embraced by the Catholic Church. For non-Catholics and for Catholics who have never received formal religious education. If interested, please call the Parish Office.

Fourth Sunday in Ordinary Time • Sunday, January 28, 2024



Welcome to our Parish Family

New Parishioners are cordially invited to register as members of our Parish Family. Please call or visit our Parish Office.

Remember: Together, we can do something beautiful for God!

- Saint Teresa of Calcutta

Pastoral Council

Fr. Dennis A. Suglia
Eileen Rega
Mary Borgs
Sonia DaSilva
Dcn. Nilo DeLeon
Jerry Esposito
Trish Frodell
Deborah Lamb
Rosalie Mangels
John Muldoon
Dottie Perdue
Vita Scorcia
Phil Ambrosino

Parish Staff

Patti Anderson
Parish Office/Bulletin Editor

Maryanne Buonaspina
Parish Organist

Rosemary Cannarella
Parish Office

Amy Danowski
Parish Office

Carol Grillo
Parish Office

Rita Spera
Religious Education Office

Mission Statement

As stewards of all that God has given us, the Parish Family of Our Lady of Lourdes serves and ministers to all who come to this place.

Regardless of a person's history, ethnicity, gender, orientation, age or race, we commit ourselves to open wide the doors of our Parish to provide a place of welcome and hospitality.

Readings for the Week of January 28, 2024

Sunday: Dt 18:15-20/ 1 Cor 7:32-35/ Mk 1:21-28
Monday: 2 Sm 15:13-14, 30; 16:5-13/ Mk 5:1-20
Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30-19:3/ Mk 5:21-43
Wednesday: 2 Sm 24:2, 9-17/ Mk 6:1-6
Thursday: 1 Kgs 2:1-4, 10-12/ Mk 6:7-13
Friday: Mal 3:1-4/ Heb 2:14-18/ Lk 2:22-40
Saturday: 1 Kgs 3:4-13/ Mk 6:30-34
Next Sunday: Jb 7:1-4, 6-7/ 1 Cor 9:16-19, 22-23/ Mk 1:29-39

Financial Summary

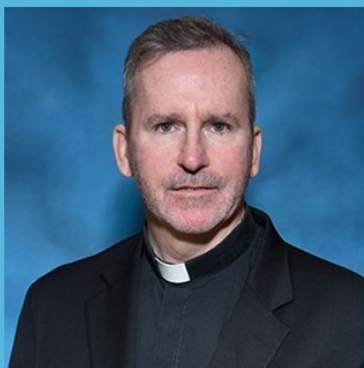
January 21, 2024

Weekly Collection	\$ 15,177.00
Weekly Budget	- \$ 17,800.00
+/- for the week	\$ (2,623.00)

The estimated weekly collection needed to maintain and operate our parish buildings, ministries, programs and salaries is \$17,800.

*A Special Day in the life of
our Parish Family!*

The Installation of OLL's 8th Pastor,
Fr. Dennis A. Suglia



Sunday, February 11, 2024

The Feast of Our Lady of Lourdes

12:30pm Mass

**All are invited to the parish celebration,
immediately following Mass,
in the School Cafeteria.**



Altar Society

Altar linens this week will be cared for by *Gaye Mazzo*. If you would like to help care for our altar needs, please call the Parish Office at 631-661-3224.

Members in the Military

We ask that you pray especially for those in our parish that are on active duty.

Maria Caputo - <i>US Army</i>	Timothy Milligan - <i>US Marine Corps</i>
Michael DiMatteo - <i>US Marine Corps</i>	Melissa Mockler - <i>US Navy</i>
Michael Fantauzzi - <i>US Air Force</i>	Patric Mockler - <i>US Navy</i>
Christopher Florca - <i>US Marine Corps</i>	Andrew Perniciaro - <i>US Army</i>
Dominick Gennaro - <i>US Army</i>	Brandon Ranzie - <i>US Army</i>
Patrick Harty - <i>US Coast Guard</i>	Jack Shires - <i>US Navy</i>
Ritchard Higham - <i>US Army</i>	Raymond Sgambati - <i>US Navy</i>
Keith Horyczun - <i>US Army</i>	James Stultz - <i>US Army</i>
Colby Matthew Kelly - <i>US Army</i>	Alvaro Suarez - <i>US Army</i>
Luke Loftsgaarden - <i>US Army</i>	Jack Taffner - <i>US Marine Corps</i>
Anthony Mannino - <i>US Marine Corps</i>	Michael Wilkinson - <i>US Army</i>
Msgr. Brian McNamara - <i>US Air Force</i>	Peter Zaccaria - <i>US Navy</i>
Anthony Memoli - <i>US Marine Corps</i>	

... and remember those of our parish family that are in the armed services, listed in our Parish Book of Intentions.



Pastoral Care of Our Sick

Please call the Parish Office at 631-661-3224 to leave the names of parishioners who:

- Are homebound and would like to receive the Eucharist.
- Are in Good Samaritan Hospital and/or a local nursing home and would like to be visited by a member of our Pastoral Care Ministry.
- Would like to receive the Sacrament of the Sick.

Pray for Our Sick

Please remember to keep in your thoughts and prayers ...

Joe Amadeo, Sandra Amberg, Connie Ambrosino, Baby Maya, Baby Owen John Barrett, Jeanette Battista, Michael Battista, Thomas J. Calogero III, Lisa Crowe, Susan Dedes, Joseph Dilegame, Amanda DiTingo, Joanne Egan, Paula Edwards, Ana Ferrante, Helen Ferrante, Mike Ferrante, Christopher Gargiulo, Thomas Geraghty-USMC, Bea Guzzo, William Hacker, Patrick Anthony Heffron, Paul Johnson, Henry Kahn, Shena Kahn, Margaret Kavoures, Dave Kegel, Michael Kegel, Ann Kerrigan, Toni Kreamer, Vincent Lichioveri, Peter Lies, Vincent Marinelli, Seamus Martin, Jodiann Carrino Mentus, Glenn Meyer, Richard Meyer, Dennis Morgan, Wesley Morrell, Peter O'Connor, Amanda O'Malley, Edward Pauciullo, Rose Pauciullo Cameron Pillitteri, John Posanti, Louise Posanti, Clifford Proctor, William Rivers, Fabian Rojas, Colleen S., Diane Scharen, Robert Scharen, Joseph J. Schiavoni, Vita Scorcia, David Smiloff, Diana Smiloff, Special Intention/Healing, Celestine Stewart, Louise Sturgeon, Dolores (Bunny) Thaxter

Names of the sick will be listed for **six weeks** for short-term requests and **six months** for long-term.



Rest In Peace

*Laurie Ann D'Alessio
Nicholas Lehnert
Regina Ronca
Jean Violet Swailes*

*We extend our prayerful
sympathy to the families
and loved ones of those
recently deceased.*



Upcoming Marriages

*Amanda Tyrrie OLL
and
Andrew Chase
Parish not provided*



Baptism

*Carson Kenneth Hass
Rowan Washington Murphy*

*Masses may be viewed via livestream on our Facebook page.
Please join us directly on Facebook or by visiting our
website at: ollchurch.org, where you will be redirected.
You do not need a Facebook account.*

Mass Intentions

Monday, January 29

8:30am Grace K. Ciccarello

Tuesday, January 30

8:30am Charles & Louise Mangano

Wednesday, January 31

St. John Bosco

8:30am Stephen J. Gili

Thursday, February 1

8:30am Cosimo Ciocia

Friday, February 2

*The Presentation of the Lord
World Day for Consecrated Life*

8:30am Linda Cosentino

Saturday, February 3

St. Blaise, St. Ansgar

**8:30am Tom Collins, Jacqueline Gutierrez,
Basillo Aquino & Family**

5:00pm

**Carl Schmid & Emma Cameron,
Thaddeus Gladkowski, John P. Caparella &
Beverly Caparella, Elizabeth McClorey**

Sunday, February 4

Fifth Sunday in Ordinary Time

8:00am Cecilia Wolf

9:30am

Jim Weydig & the Boy Scouts of America

11:00am

Mario D'Alessandro Domenicone

12:30pm

Pedro de Roxas


6:00pm

People of the Parish, Ted Gladkowski

“Three things are necessary for the salvation of man: to know what he ought to believe, to know what he ought to desire, and to know what he ought to do.”
- St. Thomas Aquinas

Feast of St. Thomas Aquinas
January 28th

DIOCESE of ROCKVILLE CENTRE
Office of Human Life, Family and Bioethics



Pregnant? Need Help?

Birthright, Inc. 24 Hour Helpline 1-800-550-4900

Islip: 631-277-3888 - Hampton Bays: 631-728-8900 - Rocky Point: 631-821-9727

Southold: 631-876-5138 - Wantagh 516-785-4070

Adoration of the Blessed Sacrament

We will be having Adoration of the Blessed Sacrament on this **Tuesday, January 30th from 12:30pm to 7:30pm**. Come, spend some intimate time with Jesus. Invite a family member or friend along too! In case of inclement weather, please call the parish office at 631-661-3224 ext. 0, or log onto the parish website (ollchurch.org) to check if Adoration has been canceled.

Divine Mercy Prayer Group

We come together in the Church every Thursday from 1:30pm-2:30pm to pray and reflect on the Divine Mercy. We welcome anyone wishing to join us in this mission.

Do you like to sing? New choir members are always welcome!!

Choir Mass: Sundays at 11:00am

Rehearsals: Thursdays at 7:00pm to 8:00pm in the church

Season: September to June

Interested singers are invited to come to a rehearsal and try it out!



Donations to Outreach

If you would like to make a donation to Parish Outreach in memory of a loved one, please call Trish Frodell, Director of Parish Social Ministry at 631-661-3224, option 4.

Hours for Outreach: Monday - Wednesday - Friday from 9:30am - 3:30pm ONLY



Egg Noodles
Rice in Bag
Crushed Tomatoes
Tomato Sauce
Soap



DIocese of Rockville Centre
OFFICE OF THE BISHOP

January 28, 2024
Catholic Schools Week

Dear Brothers and Sisters in Christ,

Each year, the Church throughout the United States takes the opportunity to celebrate the gift of Catholic Education during Catholic Schools Week which begins today and concludes on February 3, 2024. As Bishop of the Diocese of Rockville Centre, I want to express how incredibly proud I am of our Catholic Schools in the ways that they evangelize our young Catholics here on Long Island.

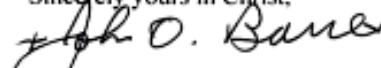
In his Apostolic Exhortation, *The Joy of the Gospel*, Pope Francis says, "Catholic schools, which always strive to join their work of education with the explicit proclamation of the Gospel, are a most valuable resource for the evangelization of culture" (§134). This mission-driven approach to Catholic Education is especially fitting as the Church in the United States participates in a national Eucharistic Revival, because the mission of the national Eucharistic Revival is embedded into the mission of Catholic Education. Assisting students to know and love Jesus through the transformative power of the Mass, and equipping them to evangelize their families and communities, is an extraordinarily beautiful and achievable goal that our Catholic Schools strive to achieve each day.

As schools throughout the Diocese celebrate Catholic Schools Week 2024 with Masses, open houses, and other various activities, we give thanks to the Lord for those who make these events and Catholic Education as a whole possible. To the dedicated and faithful administrators, teachers, and staff members: thank you for working tirelessly every day to advance the Church's evangelizing mission by your love for Christ and by helping his children to know the presence and power of his love in their lives. To the many parents and guardians who generously offer so much time to assist your pastors and principals in advancing the mission of Catholic Education in your parish and regional schools: your love for Christ and his Church is inspiring, and I am so grateful for your Good Samaritan charity, dedication, and perseverance. In addition, I want to express my gratitude to the Morning Star Initiative and the Department of Education staff who collaborate and work together to provide every student in our Catholic Schools with an education that is robustly Catholic, academically excellent, safe and supportive, and sustainable.

St. John Bosco, a patron saint of school children, understood the essential mission of Catholic Education in the world. He once said, "If we want to have a good society, we must concentrate all our forces on the Christian education of the young." Because of the fantastic work being accomplished in our Catholic Schools, I think we can have great hope in the future of society here on Long Island: a future that is filled with young Catholics who are on fire for Jesus Christ and his Church!

Through the intercession of Saint Elizabeth Ann Seton, the patron saint of Catholic Education, Saint John Bosco, and Mary, Star of Evangelization, may the Lord continue to bless the Morning Star Initiative, the Department of Education, our Catholic Schools, and all those involved in Catholic Education on Long Island, especially our students!

Sincerely yours in Christ,



Most Reverend John O. Barres
Bishop of Rockville Centre



Fellowship of Catholic University Students (FOCUS).

The weekend of February 3-4, 2024, Father Donato Infante will be visiting our parish on behalf of Fellowship of Catholic University Students (FOCUS). Fr. Donato Infante is a priest of the Diocese of Worcester, Massachusetts. He earned his undergraduate degree at Boston College and then studied for the priesthood at Saint John's Seminary in Brighton, Massachusetts and the Pontifical North American College in Rome. Since his ordination in 2015, he has been involved in university ministry at three different colleges in his diocese in various capacities. He currently serves in his diocese as vocation director and as chaplain at Saint Paul Diocesan Jr/Sr High School. FOCUS is a national organization serving college students at more than 232 campus/locations including eight international locations, 23 parish venues and nine digital expansion campuses. More than 970 FOCUS missionaries invite college students into a relationship with Christ and His Church, while equipping them for a lifetime of Catholic evangelization. Fr. Infante is excited to be with you soon and share the hope of the New Evangelization! To learn more, please visit www.focus.org.

Last Year's Palm Becomes This Year's Ashes

Each year, prior to the beginning of Lent, parishes burn the previous year's palm to provide the ashes used on Ash Wednesday.



We invite you to return the blessed Palm branches you received at Mass last Palm Sunday so that we can include them in the ashes we will use this year on Ash Wednesday, February 14th. Please deposit your palm in the baskets near the doors as you enter the church. **Deadline for returning palm is Sunday, February 4th.**



An Invitation from the Knights of Columbus

Men of the Parish (18 years and older), are you interested in serving your Faith, your Church, and your Community? If so, then you are invited to join the Knights of Columbus, Our Lady of Lourdes Council 17379. Joining the Knights will make you part of a 129 year old Catholic Fraternal Order that exemplifies the high ideals of our faith and has contributed to our communities through charitable works and community outreach. We meet on the second and fourth Monday of each month in the Parish Center. The fourth Monday is an Officers' meeting, but members are welcome to attend. Meetings begin at 8:00pm. So begin your journey of Charity, Unity, Fraternity and Patriotism by becoming a Knight! Online membership is also available at: www.KofC.org.

Our next meeting will be Monday, February 12, 2024 in the Parish Center.

Rite of Christian Initiation for Adults

What's it all about?

IF you are an adult *AND*

- ... you were never Baptized
- ... you were Baptized in another faith and would like to become a baptized Catholic
- ... you never received Holy Communion (Eucharist)
- ... you never received your Confirmation

IF you are an adult *AND* one or more of the circumstances above apply to you ...

IF you feel you would like to become a baptized Catholic or become more fully initiated into your Catholic faith... Our email address is RCIA@ollchurch.org or call the Parish Office at 631-661-3224, and we would be happy to help you.



Blessing of Throats— February 3, 2024
 In observance of the Feast of St. Blaise (February 3) throats will be blessed
 at our regular Saturday morning Mass (8:30am)



Boy Scout Sunday - February 4

All Scouts interested in participation in Boy Scout Sunday are invited to join with us at the 9:30am Family Mass on February 4, 2023. Those attending should come in full dress uniform.

Casa Project Update

In the past, the “Casa House” in the Narthex has provided housing, bedding and ecostoves for our friends in El Salvador. We couldn't do this without your support and generosity. Next weekend (2/3 and 2/4) we are asking you to give your loose change to our Casa Project. Place your donations in the wooden house located in the north vestibule by the Father Joe Garden. Thank you for your support. We truly appreciate your generosity.



Nocturnal Adoration

“Come to me all you who labor and are burdened, and I will give you rest.”

This is Jesus Christ’s invitation every first Saturday of the month. The Blessed Sacrament is taken to the altar after the 5:00pm Mass and will be exposed up to 9:50pm. Everyone is invited to spend some time in front of the Blessed Sacrament to offer prayers, petitions and thanksgiving to Jesus. Nocturnal Adoration will follow the 5:00pm Mass on **Saturday February 3rd** concluding with Benediction at 9:50pm. Please come and pray with us. All are invited and welcome. Bring a friend!





Butterfly Memory Café - February 2, 2024 from 1:30pm-2:30pm

What is a Memory Café? It is a program designed for persons with mild to moderate cognitive impairment and their caregiver to promote social engagement with others navigating through dementia's journey. Activities include crafts, music, reminiscing, art or movement. Light refreshments will be served. Our next event will take place on Friday, February 2nd from 1:30pm-2:30pm. *There is no charge to participate, but space is limited and reservations are required. For more information or to register, please call Hannah at A Gentle Touch Senior Care at: 631-647-7622 or e-mail: hannah@agentletoauchseniorcare.com.*

Dementia Caregiver Support Group Thursday, February 22, 2024



Caregiving for someone with Alzheimer's or a related dementia can cause frustration, fear, anger, sadness and other emotions. Our support group can provide emotional, social, and educational help to caregivers whose lives are affected by dementia.

Join us on the 3rd Thursday of each month from 5:30pm-7:00pm in the Parish Center

There is no charge to participate, but please contact Cassandra at 631-647-7622 or via email at: cassandra@agentletouchseniorcare.com to reserve your place.

St. Agnes of Assisi – The Secular Franciscan Order:

Would you like to give more time to God, but wonder how to do that when your life is so busy? Do you long for holiness, and feel a need for support in growing spiritually? Perhaps your heart has been moved by stories of St. Francis of Assisi, or the Peace Prayer attributed to him, and you are seeking that same holy simplicity, true peace and perfect joy? If so, Christ may be calling you to explore the Secular Franciscan life. We invite you to join our monthly meetings, 2nd Sunday of the month, 1:30pm-4:30pm in the Parish Center at Our Lady of Lourdes in West Islip. For more information, contact Jackie Totino, SFO at 516-320-1326.



MERCY SOUP KITCHEN SEEKING VOLUNTEERS

“For I was hungry and you gave me food...” Matthew 25:35

It is an exciting time at the Mercy Soup Kitchen of Wyandanch as it is preparing to launch its new and expanded post-Covid operation.

Located in the basement of Trinity Lutheran Church at 17 South 20th Street, the Kitchen served its first meal to hungry people in 1980 and currently serves an average of 108 people per day. During the pandemic, however, the Kitchen procedures had to be modified in order to provide hot, nourishing meals safely and continuously to those in need. Indoor sit-down dining was discontinued and only take-out dining was available. But, today, the Kitchen is posing for a post-Covid reopening – a reorganizational rebirth of sorts – where the Kitchen procedures can finally return to again offering guests dignified, indoor sit-down dining.

The Kitchen relies heavily on its generous volunteer support and, as such, **numerous on-site and off-site volunteer opportunities are now available.** While there are openings for on-site positions, such as helping to prepare and serve meals and to perform various maintenance functions, there are also openings for diverse off-site positions in areas such as finance, grant development and preparation, legal compliance assurance, marketing duties, social media facilitation and fund raising/donation coordination.

Only with the efforts of its volunteers can the Kitchen succeed in its mission to provide food security to those in need. Please consider sharing some of your time and talents with the Kitchen to make this happen. We invite you to join our team.

For further information, contact Vito Colletti at 631-358-9917 or vcolletti@optonline.net

FRIENDS OF TROOP 179

West Islip, NY

Annual Spaghetti & Dinner Fundraiser

Date: 1/27/2024 **Snow Date:** 2/3/2024

Time: 4 p.m. – 7:30 p.m.

Location: Our Lady of Lourdes Church, school cafeteria
455 Hunter Avenue, West Islip, NY 11795

Cost: \$10.00 per person (includes 2 \$1 raffle tickets)

All You Can Eat

Spaghetti, Meatballs, Bread, Salad & Dessert

Tickets Can Be Purchased At The Door

If you can't make the event the troop will be taking pre-orders after mass on select weekends at Our Lady of Lourdes Church. You choose a pick up time. Just fill out and submit one of our spaghetti dinner order forms before 1/21/24. Any questions message us on Facebook at Friends of Troop 179 West Islip, NY.

Prizes: Friends Of Troop 179
will be selling raffle tickets
to win many donated prizes
as well as a 50/50 drawing!



**Pilgrimage to Medjugorje
2024 Dates**

206 TOURS
www.206TOURS.com
Est. 1985

Your Trip Includes:

- Round-trip Airfare from New York
- All Airport Taxes & Fuel Surcharges
- 7 Nights: Dragicevic Family Home with Private Baths & Air Conditioning in Double Occupancy Only (No Single Rooms)
- Breakfast and Dinner Daily
- Wine with Dinners
- Transfers by Private Motor Coach
- Escorted by Professional Local Christian Guides
- Sightseeing and Spiritual Activities
- Mass Daily & Spiritual Activities (English at 10:00 am & Croatian at 6:00 pm)
- Special Times of Prayer and Group Meetings
- Unlimited Use of the Private Home Chapel Books and Tapes
- Luggage Handling (1 Piece per Person)

\$3,398 per person from New York (JFK)

Pick the dates that work best for you!

August 12-20, 2024
or
August 19-27, 2024






PILGRIMAGE WITH SPIRITUAL DIRECTORS
Fr. Charles Mangano & Fr. Tony Stanganelli

For Details or to Book Now Visit:
www.pilgrimages.com/frmangano
Booking Code: CM100158

Church Census Information

Has your contact information changed, or are you moving?

The process of updating our Parish Data System information is an ongoing process. We ask that you please submit any recent changes -- address, family members, phone numbers, etc. With your help, our parish data information will be more accurate, and receipt of Parish Offering Envelopes and other church information can be processed more efficiently.

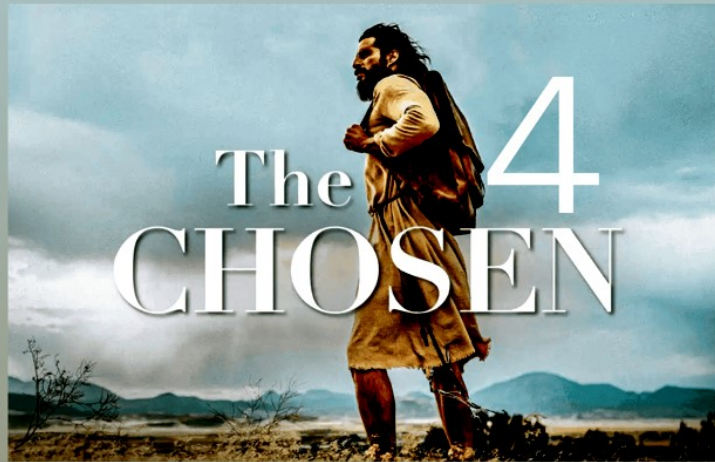
Please mail the information to the Parish Office, or email to: parishoffice@ollchurch.org.

Pornography Addiction

Many people have found themselves suffering with an addiction to pornography. God says, “My saving power will rise on you like the sun and bring healing like the sun’s rays.” Malachi 4:2. Overcome pornography and other unhealthy sexual behaviors with a professional, science-based Catholic program. It is called: **RECLAIM Sexual Health**. Visit www.ReclaimsexualHealth.com. Get help or help others. Private and anonymous Online Help 24/7. The latest brain science cutting-edge technology. Personalized support and faith focused. The Brain Science of Change and Theology of the Body is God’s way out. In 1 Corinthians 10:13 it says, “No trial has come to you but what is human. God is faithful and will not let you be tried beyond your strength; but with the trial, He will also provide a way out, so that you may be able to bear it.” Pornography is an addiction. Porn enslaves the soul, and deep shame is connected to it, but healing and recovery is possible. If you or someone you know has a porn addiction please log onto the website above.

You can also visit www.IntegrityRestored.com. This site is also designed for those who struggle with pornography use and those who may know of someone who struggles. Here you will learn about the pornography epidemic in America and how porn affects men, women, children and teens. You will learn about the addictiveness of pornography and the recovery process. Wives will learn how to help their husbands and vice versa as well as how to find healing for their own emotional pain (*feelings of hurt, betrayal, etc.*). The website takes a unique approach by incorporating Catholic spirituality into the recovery process. Porn reduces the human person to an object for one’s selfish pleasure. This is in direct opposition to the beauty of the whole human person that God created in His image and likeness, never to be lusted after but to be loved as a whole person: *body, mind and soul*.

MOVIE MEET UP



REGAL DEER PARK - TANGER OUTLETS

SATURDAY FEBRUARY 3 4:30 SHOWING
MEET IN LOBBY AFTER

WE ENCOURAGE YOU TO PURCHASE YOUR OWN
TICKETS IN ADVANCE



The Feast of Our Lady of Lourdes

Tuesday, February 6

7:30 pm

**Our Lady of Lourdes Parish Center
West Islip, NY**

Please come to our next meeting where we will:

- Learn more about St. Bernadette & our parish's namesake
- Listen to the testimonies of young adults' pilgrimages to Lourdes, France
- Enjoy each other's fellowship



Ages 21-39



The “Moving On” Group

An ‘After-Bereavement’ Group for Widows and Widowers Presents:

“Self Care Within Us”

presented by Sara Patel

Friday, February 9, 2024 at 7:00pm

St. Joseph Parish Center - 39 North Carll Avenue, Babylon, NY 11702

For further information please call:

Linda Sparaco at 631-225-9530 or Joyce Gangone at 631-813-9356



Boy Scout Troop 179

For 50 years, Our Lady of Lourdes has been sponsoring Boy Scout Troop 179 of West Islip. Troop meetings are held every Thursday at 7:30pm.

If you are interested in learning more about Boy Scouts and our Troop, please check out our website: <https://witroop179.wixsite.com/bsatroop179> or contact us at: troop179cc@yahoo.com.

The Diocese of Rockville Centre GOLDEN WEDDING ANNIVERSARY MASSES

Honoring Couples Married Fifty Years

The Diocese of Rockville Centre would like to honor those couples who celebrated Fifty Years of Marriage in 2024 by inviting them to attend one of the Masses below for a special blessing.

Sunday, April 21, 2024, at 3:00 p.m.

The Cathedral of St. Agnes, Rockville Centre
Celebrant: Most Reverend Andrzej Zglejszewski
Registration must be received by Tuesday, April 16, 2024

Sunday, May 5, 2024, at 3:00 p.m.

Church of Our Lady of Mount Carmel, Patchogue
Celebrant: Most Reverend Robert J. Coyle
Registration must be received by Tuesday, April 30, 2024

Register online at drcv-faith.org

For questions, please contact Lisette Robustelli, Associate Director at (516)678-5800 ext. 200 or via email at lrobustelli@drcv.org





Saint Martin of Tours School



Join Us for Our Open House!

SUNDAY · JANUARY 28, 2024

9:00am Mass

10:00am-1:00pm Open House

At the Saint Martin of Tours School Open House, you will get a chance to speak with Alumni who attended SMT, current students, teachers and staff. All are welcome!

Why Choose St. Martin of Tours School?

- For over 100 years, SMT has offered academic excellence, which fosters individual growth and development according to time-tested, Catholic faith-based models of teaching and learning.
- Believing in the worth and uniqueness of each child, SMT has established guidelines to help all students grow spiritually, mentally, physically, and emotionally.
- SMT cultivates a robustly Catholic culture centered on the spiritual, intellectual, sacramental, and liturgical life of the Church.
- SMT provides a safe and supportive community that recognizes the dignity of every person and promotes a loving family atmosphere.



Saint Martin of Tours School
Amityville, NY

smtschool.org
 (631) 264-7166
 30 Union Ave, Amityville, NY
[smtschool1701](https://www.facebook.com/smtschool1701)
[@SMTSchool1701](https://www.instagram.com/SMTSchool1701)

Our Students are Thriving!

Come and see why other parents in the community choose Catholic Education for their families!



School Tours & Open Houses Happening During Catholic Schools Week in January 2024!

OUR LADY OF GUADALUPE SCHOOL - Deer Park, NY
www.olgsschools.org · (631) 538-0505

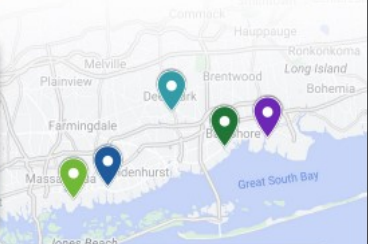
OPEN HOUSE
 Jan 28 - Feb 3, 2024
 7:30 am - 4:30 pm

ST. MARTIN OF TOURS SCHOOL - Amityville, NY
www.smtschool.org · (631) 264-7166

OPEN HOUSE
 Sun, Jan 28, 2024
 Mass at 9:00 am
 10:00 am - 1:00 pm

ST. ROSE OF LIMA SCHOOL - Massapequa, NY
www.stroseschool.net · (516) 541-1546

OPEN HOUSE
 Sun, Jan 8, 2024
 Mass at 10:00 am
 11 am - 12:30 pm



ST. PATRICK SCHOOL - Bay Shore, NY
www.spsbayshore.org · (631) 665-0569

OPEN HOUSE
 Sun, Jan 28, 2024
 Mass at 9:30 am
 Begins at 10:30 am

ST. MARY SCHOOL - East Islip, NY
www.saintmaryschool101.org · (631) 581-3423

OPEN HOUSE
 Sat, Jan 27, 2024
 10 am - 12 pm
 Tours always available. Call for an appointment!

WWW.LISCHOOLS.ORG

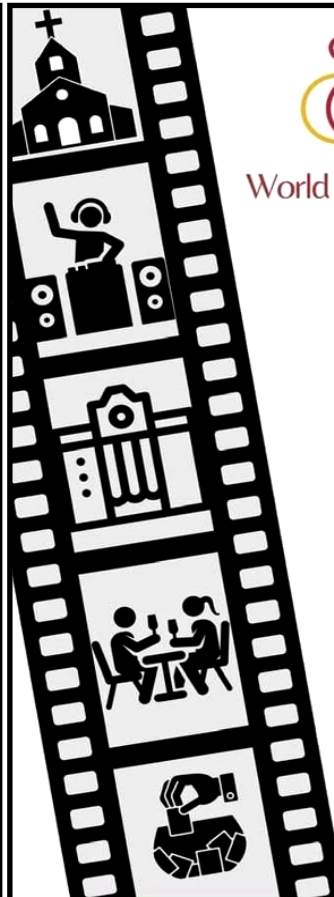
Retrouvaille Weekend - Marriage Struggling?

- Do you feel alone? Are you frustrated or angry with each other?
- Do you argue or have you just stopped talking to each other?
- Does talking about it only make it worse?
- Are you separated or divorced or thinking about separation or divorce?

The Retrouvaille Program helps couples through difficult times in their marriages. Long Island/Metro Retrouvaille is a 5013c non-profit, peer ministry. Couples of all faiths, or no faith, are encouraged to attend, and no one is ever turned away for lack of funds.

For confidential information about the Retrouvaille program, or to register for the next weekend on **April 26-28, 2024**, please visit our website at: www.helpourmarriage.org, or call: **1-800-470-2230** and you will be connected directly and confidentially to a couple from Long Island/Metro Retrouvaille who can help.

Weekend Location: Immaculate Conception Seminary
 440 West Neck Road, Huntington, NY 11743

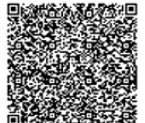


World Marriage Day Dance 2024



Saturday February 3rd
 Mass at **6pm**
 followed by Dinner & Dancing until 11pm
Price per couple: \$175
 3 Course Sitdown Dinner
 Open Bar
 DJ & Photo Booth
 Raffle Baskets and 50/50

Venue:
O'Connell Gardens
 2985 Kenneth Pl
 Oceanside, NY 11572



Scan QR code or Register at:
<https://www.menyli.org/enrichment.php>
 Need help? call
 Maria & Chuck Reiss (631) 486-8607



In addition to our parish website (ollchurch.org), please visit us on *Facebook* at *The Parish Family of Our Lady of Lourdes*. Click “Like” and you will receive the latest news on upcoming parish events and information.

Preparing for Marriage?

Do you need to fulfill your Marriage Prep Requirement?

Engaged Encounter is an effective Pre-Cana program designed to provide you with the tools for a successful marriage. Our next 2-day weekend will be held at the Seminary of the Immaculate Conception in Huntington on **June 8-9, 2024**. For information please call Lenny & Pat Walker at: 631-563-1032 or visit: longisland.engagedencounter.com.



Worldwide Marriage Encounter

Attention married couples & priests, want to make this an **EXPERIENCE** to remember?

Fall in love again. Here's a chance to get away for the weekend and focus on your spouse to renew and refresh your relationship. To help your good marriage be great!! Are you ready for

more growth and happiness in your marriage or priesthood? Uncover the secrets to a supportive, transformational marriage on a World Wide Marriage Encounter Weekend. Every relationship is a journey. The grind of everyday life can cause you to lose touch with your spouse. This experience will help you listen, share and connect more deeply. **Our next weekend experience will be on February 9-11, 2024** at the Seminary of the Immaculate Conception in Huntington. Register at WWME.org or contact: Kevin & Regina Hickson at 516-554-3835.



Anxiety Disorder Sufferers

The group, led by a trained and certified Anxiety Disorder Group Leader, meets every Tuesday from 2:00pm-4:00pm in the Parish Center (located across from the playground and to the right of Outreach). For more information and to register, please call Bob at 631-235-2229.

Support Groups *(all meetings are in Lourdes Hall - lower level of Convent)*

Alcoholics Anonymous: Monday and Tuesday at 8:00pm and Saturday at 11:00am and 7:00pm, and Sunday at 9:30am.

ALANON: Wednesday at 10:00am. Beginner's meeting at 9:30am. Free babysitting available. 2nd and 4th Wednesday meetings are via Zoom. For more meeting info visit: al-anon.org.

Families Anonymous Meetings

12-Step support group giving Hope & Strength to parents, family and friends concerned with a loved one's destructive behavior caused by Alcohol, Drugs or Related Behavioral Problems will meet virtually and in person. For additional information e-mail: Donna526@aol.com or call Diane at: 631-587-0966 or Donna at: 631-589-3790. Website: FamiliesAnonymous.org.

Religion and Rock

Tune into “Religion and Rock” with Msgr. Jim Vlaun on Sunday from 7:00am to 8:00am on WBAB 102.3 FM or 95.3 on the East End of Long Island. Listen on Saturdays at 11:00pm on Sirius Radio, Channel 159, the Catholic Channel and at 11:00pm on XM Satellite, Channel 117. Next Sunday's theme is “**Forgiveness**”. To listen online or for more information, visit: www.ReligionandRock.com.

Sharing the Gospel

Grass stains, tomato sauce, brightly colored fruit drinks. When these nasty stains stick to your clothes, it is tough to get them out. Regular soap won't work. You need something stronger. Jesus is really strong, too. In today's Gospel, a nasty evil spirit screamed when it saw Jesus. Jesus was so powerful, he cleaned that evil spirit right out.



Mission for the Week

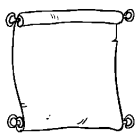


Make a new label for your family's stain pre-treatment bottle. Trace around the bottle, write Mark 1:21-28 in big letters, and decorate your label with a picture of Jesus. Tape your new label to the bottle so you and your parents remember how strong Jesus is.

Puzzle

Which picture name **begins** with this letter?
Circle the picture that starts with that sound.

J



D



H



©LPI

Prayer

Dear God,
You are much stronger than evil. Nothing is too hard for You to clean.



Something to Draw

Draw a picture of Jesus on a super-powerful stain fighting laundry soap.

