Our Lady of Lourdes Parish

455 Hunter Avenue, West Islip, NY 11795

Rev. Dennis A. Suglia, Pastor

Rev. Charles Mangano, Associate Pastor

Deacon Nilo DeLeon, Deacon Tom Lucie, Deacon Rich Maher, Deacon Jack Meehan

Sr. Nancy Campkin CSJ, Director of Religious Ed

Trish Frodell, Director of Parish Social Ministry

Sr. Diane Liona CSJ, Director of Religious Ed

Debbie Meyer, Business Manager

Robin Reynolds Brennan, Coordinator of Worship and Choir Director

Vita Scorcia, Ministry Spiritual Director



Phone: 631.661.3224 (select option #2) Monday-Thursday: 9:00am-7:30pm

Friday: 9:00am-5:00pm Saturday: 9:00am-3:00pm Sunday: 10:30am-2:30pm

E-mail: ParishOffice@ollchurch.org

Fax: 631.661.7143

Website: www.ollchurch.org

Religious Education Office

Phone: 631.661.5440 (select option #3)

Monday-Friday: 9:00am-Noon, 1:00pm-5:00pm, 7:00pm-9:00pm E-mail: ReligiousEd@ollchurch.org

Parish Outreach Office

Phone: 631.661.9262 (select option #4)

Monday-Friday: 9:30am-3:30pm

SAGE (Senior Advocates for Growth and Enrichment)

Phone: 631.661.3224, Ext. 122 E-mail: Sage@ollchurch.org



Liturgical Schedule

Daily Mass

8:30am

Weekend Masses

Saturday: 5:00pm

Sunday: 8:00am, 9:30am, 11:00am, 12:30pm

and 6:00pm.

Reconciliation/Confession

Saturday: 4:00pm-4:45pm or by appointment

Rosary

Daily at 8:00am

Miraculous Medal Novena

Monday at 8:00am

Sacraments

Anointing of the Sick

Throughout the liturgical year. If needed sooner, please call the Parish Office.

Baptism

Please contact the Parish Office to schedule an appointment.

Marriage

Arranged at least six months in advance, please call the Parish Office.

Rite of Christian Initiation of Adults (RCIA)

A process to be embraced by the Catholic Church. For non-Catholics and for Catholics who have never received formal religious education. If interested, please call the Parish Office.



Welcome to our Parish Family

New Parishioners are cordially invited to register as members of our Parish Family. Please call or visit our Parish Office.

Remember: Together, we can do something beautiful for God!

- Saint Teresa of Calcutta

Pastoral Council

Fr. Dennis A. Suglia
Eileen Rega
Mary Borgs
Sonia DaSilva
Dcn. Nilo DeLeon
Jerry Esposito
Trish Frodell
Deborah Lamb
Rosalie Mangels
John Muldoon
Dottie Perdue
Vita Scorcia
Phil Ambrosino

Parish Staff

Patti Anderson

Parish Office/Bulletin Editor

Maryanne Buonaspina

Parish Organist

Rosemary Cannarella

Parish Office

Amy Danowski

Parish Office

Carol Grillo

Parish Office

Rita Spera

Religious Education Office

Mission Statement

As stewards of all that God has given us, the Parish Family of Our Lady of Lourdes serves and ministers to all who come to this place.

Regardless of a person's history, ethnicity, gender, orientation, age or race, we commit ourselves to open wide the doors of our Parish to provide a place of welcome and hospitality.

Readings for the Week of February March 3,2024

Sunday: Ex 20:1-17 or 20:1-3, 7-8, 12-17/ 1 Cor 1:22-25/

Jn 2:13-25

Monday: 2 Kgs 5:1-15ab/ Lk 4:24-30 Dn 3:25, 34-43/ Mt 18:21-35 Wednesday: Dt 4:6, 5-9/ Mt 5:17-19 Jer 7:23-28/ Lk 11:14-23 Hos 14:2-10/ Mt 12:28-34 Hos 6:1-6/ Lk 18:9-14

Next Sunday: 2 Chr 36:14-16, 19-23/ Eph 2:4-10/ Jn 3:14-21

Financial Summary

<u>February 25, 2024</u>

 Weekly Collection
 \$ 18,424.00

 Weekly Budget
 - \$ 17,800.00

 +/- for the week
 \$ 624.00

The estimated weekly collection needed to maintain and operate our parish buildings, ministries, programs and salaries is \$17,800.

JOIN US FOR A POWERFUL PRESENTATION

How to trust God in the storms of life.
Why does He allow them?
Can we walk on troubled water? If so, how?



PRESENTOR: FR. CHARLES MANGANO

WEDNESDAY, MARCH 6, 2024 7:00pm in the Church

Following the talk, will be Exposition of the Blessed Sacrament.

Everyone will receive an individual blessing with the Holy Eucharist.

ALLARE WELCOME!

CREATIVE MINISTRIES PRESENTS

JOURNEY CROSS & CRUCIFIXION



All are welcome to experience this dramatic presentation of the Stations of the Cross, presented by CM Performing Arts Center—a troupe of actors, musicians and dancers. Come and be a part of this special night as we re-live the Passion of Jesus in a way you may have never experienced, and will surely never forget! Bring a friend!

Presented at Our Lady of Lourdes in West Islip on Thursday, March 14 at 8:00PM

for more information, visit www.CMPAC.com or call (631) 218 - 2810

*Good Will Offering



Sunday, March 17, 2024 12:00pm Mass

Parish of St. Patrick

280 East Main Street Smithtown, NY 11787

You are invited to join us in celebrating

Monsignor Brian J. McNamara



as he is installed as Pastor of Saint Patrick's

Reception immediately following Mass

Altar Society

Altar linens this week will be cared for by *Joyce Petersen*. If you would like to help care for our altar needs, please call the Parish Office at 631-661-3224.

Members in the Military

We ask that you pray especially for those in our parish that are on active duty.

Maria Caputo-US Army
Christopher Florca-US Marine Corps
Dominick Gennaro-US Army
Patrick Harty-US Coast Guard
Ritchard Higham-US Army
Keith Horyczun-US Army
Luke Loftsgarden-US Army
Msgr. Brian McNamara-US Air Force
Anthony Memoli-US Marine Corps
Timothy Milligan-US Marine Corps

Melissa Mockler-US Navy
Patric Mockler-US Navy
Thomas F. Parson-US Marine Corps
Jack Shires-US Navy
Raymond Sgambati-US Navy
James Stultz -US Army
Alvaro Suarez-US Army
Jack Taffner-US Marine Corps
Peter Zaccaria-US Navy

... and remember those of our parish family that are in the armed services, listed in our Parish Book of Intentions.



Pastoral Care of Our Sick

Please call the Parish Office at 631-661-3224 to leave the names of parishioners who:

- Are homebound and would like to receive the Eucharist.
- Are in Good Samaritan Hospital and/or a local nursing home and would like to be visited by a member of our Pastoral Care Ministry.
- Would like to receive the Sacrament of the Sick.

Pray for Our Sick

Please remember to keep in your thoughts and prayers ...

Joe Amadeo, Sandra Amberg, Connie Ambrosino, Baby Owen John Barrett, Jeanette Battista, Thomas J. Calogero III, Lisa Crowe, Susan Dedes, Joseph Dilegame, Amanda DiTingo, Joanne Egan, Paula Edwards, Helen Ferrante, Christopher Gargiulo, Thomas Geraghty-USMC, Bea Guzzo, Patrick Anthony Heffron, Herbert Higgins, Paul Johnson, Henry Kahn, Shena Kahn, Margaret Kavoures, Dave Kegel, Michael Kegel, Toni Kreamer, Vincent Lichioveri, Peter Lies, Linda Macholz, Vincent Marinelli, Seamus Martin, Jodianne Carrino Mentus, Glenn Meyer, Richard Meyer, Wesley Morrell, Anthony Musso, Peter O'Connor, Amanda O'Malley, Edward Pauciullo, Rose Pauciullo, Cameron Pillitteri, John Posanti, Louise Posanti, William Rivers, Fabian Rojas, Colleen S., Diane Scharen, Robert Scharen, Joseph J. Schiavoni, George Shaddock, Vita Scorcia, David Smiloff, Diana Smiloff, Special Intention/Healing, Celestine Stewart, Louise Sturgeon, Dolores Thaxter

Names of the sick will be listed for **six weeks** for short-term requests and **six months** for long-term.



Rest In Peace

Michael Battista Elisabeth Dolan Esperanza Gomez Kathleen A. Takats

We extend our prayerful sympathy to the families and loved ones of those recently deceased.





Aiden Michael Cigliano Ruby Kay Cotter Elizabeth Mary Holland Masses may be viewed via livestream on our Facebook page.

Please join us directly on Facebook or by visiting our
website at: <u>ollchurch.org</u>, where you will be redirected.

You do not need a Facebook account.

Mass Intentions

Monday, March 4

8:30am Florencia Delfin

12:10pm Fr. Charles Mangano, Jr. (Living)

Tuesday, March 5

8:30am Kyle Tenety 12:10pm Sal Massa

Wednesday, March 6

8:30am Charles & Louise Mangano

12:10pm Sal Massa

Thursday, March 7

8:30am Eric Gerlipp 12:10pm Frank Larkin

Friday, March 8

8:30am Salvatore Pinello 12:10pm Molly Sweeney

Saturday, March 9

8:30am Marie Domenicone, Anne & Fred Aita,

Theresa McCarthy, Angie Rivela (Living)

5:00pm Edward Young, Anne Kerrigan, Mike Lazarich,

Mass of Thanksgiving
Fr. Dennis Suglia

Sunday, March 10

Fourth Sunday of Lent - Laetare Sunday

8:00am Jonathan McGrellis

9:30am Fred Wolf

11:00am Salvatore Martino

Fr. Charles Mangano

12:30pm Nancy Bencivinni

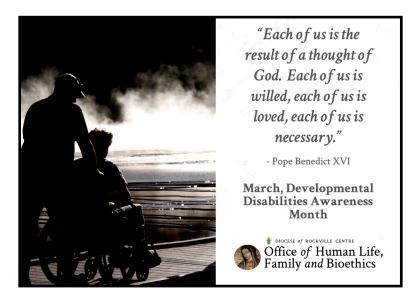
Fr. Charles Mangano

6:00pm People of the Parish, Carmela Triolo, Brian Bolen,

Joseph & Nancy Aragona, Maria Martins,

Anne Kerrigan

Fr. Charles Mangano



Pregnant? Need Help?

Birthright, Inc. 24 Hour Helpline 1-800-550-4900

Islip: 631-277-3888 - Hampton Bays: 631-728-8900 - Rocky Point: 631-821-9727 Southold: 631-876-5138 - Wantagh 516-785-4070

Rosary Christian Mothers

The Rosary Christian Mothers meet on the first Monday evening of each month. The next meeting will be on **Monday, March 4th**. We will begin with Rosary at 7:00pm in the Church, immediately followed by our business meeting in the Parish Center.

SAGE

Our next SAGE meeting will be **Tuesday, March 5th at** 9:30am in the Parish Center.

Prayer Shawl Ministry / Baby Blanket Bunch

Bring your prayer and creativity together in a gift of love.

Join us ... Wednesday, March 6 at 9:30am in the Parish Center. All you need to bring is scrap yarn, knitting needles or crochet hooks (patterns and instructions will be given to you) and your gifts of love and prayer.

Divine Mercy Prayer Group

We come together in the Church every Thursday from 1:30pm-2:30pm to pray and reflect on the Divine Mercy. We welcome anyone wishing to join us in this mission.

Donations to Outreach

If you would like to make a donation to Parish Outreach in memory of a loved one, please call Trish Frodell, Director of Parish Social Ministry at 631-661-3224, option 4.

Hours for Outreach: Monday - Wednesday - Friday from 9:30am - 3:30pm ONLY



Oatmeal Spaghetti Black Beans Pancake Syrup Laundry Detergent



Don't forget to set your clocks *AHEAD one hour* next weekend! Daylight Saving time begins at 2:00am Sunday, March 10^{th.}

Second Collection - Catholic Relief Services Collection - March 9-10

Next week our parish will take up The Catholic Relief Services Collection. Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection and reveal Christ's love to those most in need. Learn more about the collection at www.usccb.org/catholic-relief.

The Rite of Christian Initiation of Adults (RCIA)

Sunday, Feb 18, 2024 *Dennis Martinez* participated in the **Diocese of Rockville** Centre Rite of Election at St. Anne's in Brentwood with Bishop Luis Miguel Romero Fernandez as Presider, and all parishes in Suffolk County attending. Dennis is now called "The Elect" and no longer called Catechumen.





On Sunday, Feb 25, 2024 we celebrated the **Call to Continuing Conversion** for our baptized candidate, *Jared Carrino*, here at Our Lady of Lourdes at the 11:00am Mass.

These are important steps in the journey of the RCIA. It's a clear sign to the community that they are coming closer to receiving the Sacraments of Initiation and Full Communion with the Church at our Easter Vigil, Saturday, March 30. On Sundays, March 3, March 10, and March 17, the Third Sunday of Lent, and continuing on the Fourth and Fifth Sundays of Lent, at the 11:00am Mass we will celebrate the "Scrutinies." "The Elect" will continue to remain "united with Christ and make progress in his efforts to love God more deeply". The Church gives us this public and life-giving process DURING LENT so that these good and holy people can be nourished and supported by our parish family. At the same time, we know that when we initiate others, we confront and renew our own identity as members of the Catholic Christian community. Please continue to pray for our RCIA and our RCIA team.

Adoration of the Blessed Sacrament

We will be having Adoration of the Blessed Sacrament on this **Tuesday, March 5th from 12:45pm to 7:30pm.** Come, spend some intimate time with Jesus. Invite a family member or friend along too! In case of inclement weather, please call the parish office at 631-661-3224 ext. 0, or log onto the parish website (ollchurch.org) to check if Adoration has been canceled.

Good Samaritan University Hospital Celebrates 10 Years of the St. Francis Heart Center's Open-Heart Surgery Program

Good Samaritan University Hospital is celebrating 10 years of providing heart patients who require complex surgery the expertise of St. Francis Heart Center's physicians on site through its open-heart surgery program in West Islip. The St. Francis Open-Heart Surgery Program at Good Samaritan University Hospital



provides the precision cardiovascular surgical care St. Francis is internationally known for to residents of Suffolk and eastern Nassau Counties. As of December 2023, 3,230 open-heart surgeries have been performed.



An Invitation from the Knights of Columbus

Men of the Parish (18 years and older), are you interested in serving your Faith, your Church, and your Community? If so, then you are invited to join the Knights of Columbus, Our Lady of Lourdes Council 17379. Joining the Knights will make you part of a 129 year old Catholic Fraternal Order that exemplifies the high ideals of our faith and has contributed to our communities through charitable works and community outreach. We meet on the second and fourth Monday of each month in the Parish Center. The fourth Monday is an Officers' meeting, but members are welcome to attend. Meetings begin at 8:00pm. So begin your journey of Charity, Unity, Fraternity and Patriotism by becoming a Knight! Online membership is also available at: www.KofC.org.

Our next meeting will be Monday, March 11, 2024 in the Parish Center.



OUR LADY OF LOURDES COUNCIL #17379





PAY ONLINE BY QR CODE OR AT THE DOOR BY CASH OR CHECK



ONLINE PURCHASE INCLUDES ONE 50/50 RAFFLE
TICKET PER TICKET PURCHASED

OUR LADY OF LOURDES SCHOOL CAFETERIA

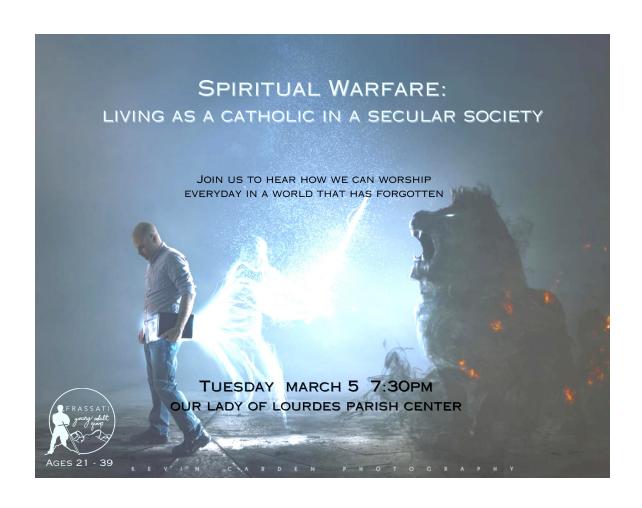
455 HUNTER AVE WEST ISLIP, NY 11795 WWW.OLL17379.0RG

EASTER FLOWER SALE

March 16th and March 17th after all Masses



OUR LADY OF LOURDES KNIGHTS OF COLUMBUS COUNCIL #17379





2024 Parish Summer Pilgrimage with Spiritual Directors Fr. Charles Mangano and Fr. Tony Stanganelli sponsored by 206 Tours

Where to? Medjugorje (former Yugoslavia, now Bosnia Hercegovina). \$3,398.00 includes airfare, lodging, meals (breakfast and dinner), tour guide, etc. August 12-20 or 19-27, 2024. Choose which week is best for you. Medjugorje means between the mountains because mountains surround the village. This is the place where the alleged apparitions of Our Lady have been occurring since 1981. We will be staying in the home of Ivan, the alleged visionary, and we will be present while he has the alleged apparition of Our Lady each day. When the children asked Our Lady the reason for her coming, her response was "My Son has sent me because we are concerned about your salvation." (The salvation of everyone). When they asked her, "Why did you chose Medjugorje?", her response was, "Because I have found faith here." Pilgrims come from all over the world, and seeing their strong faith empowers our soul with deeper faith, hope and love. We will experience adoration of the Blessed Sacrament outdoors under the stars along with thousands of other pilgrims. It is an experience of a lifetime. We will also have the opportunity to climb Apparition Hill while praying the rosary (the site of the first alleged apparition) and Cross Mountain as we pray the stations of the cross. For those who choose not to climb the mountains, they are free to gather in Ivan's chapel and pray the rosary and stations of the cross as a group. The love for Jesus and Mary is so evident in Medjugorje that it's palpable in the village. Medjugorje is a place where Heaven touches the earth. You will not only see and be in awe of the long lines of people waiting to go to confession, but you will also have the opportunity to go to the sacrament if you choose to do so. A pilgrimage is a microcosm of life. As a group we will pray together, learn more about Our Lord's and Our Lady's love for us, sing, laugh, relax and experience much more together. The alleged visionaries in Medjugorje tell us that no one goes to Medjugorje by accident. They are called individually by Our Lady. What an awesome thought! All are welcome. If you feel called to go to Medjugorje, I invite you to respond to Our Lady's invitation. See the 206 Tours ad in the bulletin.

Additional Lenten Mass and Stations of the Cross

During Lent, we will offer an additional Mass at 12:10pm on weekdays (Monday–Friday). We will also pray the Stations of the Cross on Fridays at 12:45pm and at 7:30pm.

Lent: Did you know?

You may have noticed a few differences in the way we pray and decorate the church during the season of Lent. These elements in our Lenten liturgies allow us to focus more on the mystery of Jesus' death and resurrection.

Liturgy:

- + During Lent, we do not sing the Gloria except during solemnities such as St Joseph (March 19). Outside of this special Mass, the next time we will sing the Gloria again at Mass will be on Holy Thursday at the Mass of the Lord's Supper.
- + The Alleluia is removed from the Gospel Acclamation (prior to proclaiming the Gospel) and is replaced with a different sung verse. Together we will sing Alleluia during the Easter Vigil.



- Our liturgical music, in general, will take on a simpler tone to reflect the season.
- At the Penitential Act, we will be singing "Kyrie Eleison" ... and "Agnus Dei" during the Fraction Rite...
- + At the 11am Mass each week, we have been witnessing the spiritual journey of our RCIA. On the First Sunday of Lent, our Elect will take part in the "Rite of Sending" as he goes forth to the Rite of Election at St. Anne's church in Brentwood. On the Second Sunday of Lent, our candidate will participate in the "Call to Continuing Conversion." During the Third, Fourth & Fifth Sundays of Lent, we will witness our Elect's participation in the Three Scrutinies as he begins the final preparations for full initiation into the Church at the Easter Vigil.

Church Environment & Other Elements:

- The décor during Lent is much simpler in order to represent the season. The use of purple and darker tones helps us focus on the subdued period of Lent.
- + No flowers in Church during Lent. The Roman Rite is specific about the use of flowers for this penitential season. The only exceptions are on the solemnity mentioned above and on Laetare Sunday, the Fourth Sunday of Lent. Note: Flowers brought to church for funeral masses or any other purpose will be removed.
- + The statues in Church will be covered starting with the Fifth Sunday of Lent. Covering the statues is a custom and a stark reminder of the significance of Lent and allows us to experience a glimpse of heavenly joy and resurrected life once the images are unveiled in time for Easter.

Some other ritual aspects that are traditionally a part of "what we do" during Lent are:

- ... the Lenten practices of prayer, fasting and almsgiving.
- Lenten devotions such as Stations of the Cross...
- ...taking part in other spiritual offerings in the parish, such as attending Journey Cross &
 Crucifixion, etc. as they come up during the season...see the bulletin, our parish website
 at www.ollchurch.org, or our Facebook page for more information.

As we journey together through the forty days of Lent, let us enter into its spirit by anticipating the new life which comes to us through the resurrection of Jesus at Easter.



Butterfly Memory Café - March 8, 2024 from 1:30pm-2:30pm

What is a Memory Café? It is a program designed for persons with mild to moderate cognitive impairment and their caregiver to promote social engagement with others navigating through dementia's journey. Activities include crafts, music, reminiscing, art or movement. Light refreshments will be served. Our next event will take place on Friday, March 8th from 1:30pm-2:30pm. There is no charge to participate, but space is limited and reservations are required. For more information or to register, please call Hannah at A Gentle Touch Senior Care at: 631-647-7622 or e-mail: hannah@agentletoauchseniorcare.com.

Please note: There have been date changes in February and March.

Dementia Caregiver Support Group Thursday, March 21, 2024

Caregiving for someone with Alzheimer's or a related dementia can cause frustration, fear, anger, sadness and other emotions. Our support group can provide emotional, social, and educational help to caregivers whose lives are affected by dementia.

Join us on the 3rd Thursday of each month from 5:30pm-7:00pm in the Parish Center There is no charge to participate, but please contact Cassandra at 631-647-7622 or via email at: <u>cassandra@agentletouchseniorcare.com</u> to reserve your place.



Boy Scout Troop 179

For 50 years, Our Lady of Lourdes has been sponsoring Boy Scout Troop 179 of West Islip. Troop meetings are held every Thursday at 7:30pm.

If you are interested in learning more about Boy Scouts and our Troop, please check out our website: https://witroop179.wixsite.com/bsatroop179 or contact us at: troop179cc@yahoo.com.

Rite of Christian Initiation for Adults

What's it all about?

IF you are an adult AND

- ... you were never Baptized
- ... you were Baptized in another faith and would like to become a baptized Catholic
- ... you never received Holy Communion (Eucharist)
- ... you never received your Confirmation

IF you are an adult AND one or more of the circumstances above apply to you ...

IF you feel you would like to become a baptized Catholic or become more fully initiated into your Catholic faith... Our email address is *RCIA@ollchurch.org* or call the Parish Office at 631-661-3224, and we would be happy to help you.



Bereavement Support Group for Widows and Widowers

8 Week Program for Age 50 and Over Starting Thursday, March 7, 2024 3:00pm – 5:00 pm St. Joseph Parish Center - 39 N. Carll Ave, Babylon For losses that have occurred before December 7, 2023



Registration RequiredFor more information and registration, please call: Geri Olson 631-661-8994

Church Census Information

Has your contact information changed, or are you moving?

The process of updating our Parish Data System information is an ongoing process. We ask that you please submit any recent changes -- address, family members, phone numbers, etc. With your help, our parish data information will be more accurate, and receipt of Parish Offering Envelopes and other church information can be processed more efficiently.

Please mail the information to the Parish Office, or email to: <u>parishoffice@ollchurch.org</u>.

The "Moving On" Group

An 'After-Bereavement' Group for Widows and Widowers presents:

"Fire Safety"

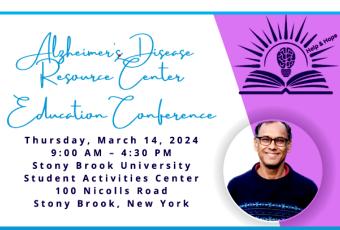
Presented by Babylon Fire Department Friday, March 8, 2024 at 7:00pm St. Joseph Parish Center

39 North Carll Avenue, Babylon, NY 11702
For further information please call:
Linda Sparaco at 631-225-9530 or Joyce Gangone at 631-813-9356



P/T Employment Opportunity

Our Lady of Perpetual Help Church in Lindenhurst is seeking one Part-Time employee to be a Sacristan and a Religious Education Maintenance Monitor. The Sacristan work will take place on Saturdays from 3:00pm to 7:00pm, and there will be some additional hours on special Liturgical celebrations. The Religious Education work is twice a week, on Wednesdays from 4:00pm to 8:00pm and then on Saturday mornings from 7:30am to 11:30am when Religious Education classes are in session. The hourly pay rate is \$16.00 an hour. The employee will report to both the Religious Education Coordinator and the Pastor. Please email resume to Gchille@oloph.org



KEYNOTE SPEAKER

SANDEEP JAUHAR, MD

Practicing Cardiologist and Bestselling Author

CAREGIVER TO CAREGIVER

An interactive panel of family caregivers who will discuss the challenges and rewards of caregiving, what they have learned, and what they wish they knew at the beginning. During a Q & A, they will talk with listeners and address questions from the audience.

BREAKOUT SESSIONS:

- Planning For Your Future/Protecting Your Assets and the Family Home
- Unlocking Potential: The Montessori Method in Dementia
- Gamechanger: How Improv & Games Boost Well-being, Creativity & Community
- Progress in the Diagnosis of Alzheimer's Disease Navigating the Continuum: A Comprehensive Approach to

WWW.ADRCINC.ORG/EC2024 631.580.5100

MY FATHER'S BRAIN, his most recent book, is a memoir of his relationship with his father as he book, Jauhar sets his father's descent into Alzheimer's alongside his own jou<mark>rney</mark> toward understanding his father's disease. It has been named by The New Yorker as one of the best books of 2023.

REGISTER/MORE INFORMATION



Good Samaritan University Lecture Series:

Let's Make **Healthy Choices**



Wednesday, March 20 6:00 pm

West Islip Fire Department 309 Union Blvd, West Islip

Good Samaritan University Hospital's nutrition team will provide a cooking demonstration and latest tips on healthy eating habits.



Food and refreshments will be available.

To attend, please RSVP to (631) 376-4444.



Retrouvaille Weekend - Marriage Struggling?

Do you feel alone? Are you frustrated or angry with each other?

Do you argue or have you just stopped talking to each other?

Does talking about it only make it worse? Are you separated or divorced or thinking about separation or divorce?

The Retrouvaille Program helps couples through difficult times in their marriages.

Long Island/Metro Retrouvaille is a 5013c non-profit, peer ministry. Couples of all faiths, or no faith, are encouraged to attend, and no one is ever turned away for lack of funds.

For confidential information about the Retrouvaille program, or to register for the next weekend on April 26-28, 2024, please visit our website at:

www.helpourmarriage.org.

or call: 1-800-470-2230 and you will be connected directly and confidentially to a couple from Long Island/Metro Retrouvaille

who can help.

Weekend Location: Immaculate Conception Seminary 440 West Neck Road, Huntington, NY 11743

The Diocese of Rockville Centre

GOLDEN WEDDING ANNIVERSARY MASSES

Honoring Couples Married Fifty Years

The Diocese of Rockville Centre would like to honor those couples who celebrated Fifty Years of Marriage in 2024 by inviting them to attend one of the Masses below for a special blessing.

Sunday, April 21, 2024, at 3:00 p.m. The Cathedral of St. Agnes, Rockville Centre Celebrant: Most Reverend Andrzej Zglejszewski Registration must be received by Tuesday, April 16, 2024

Sunday, May 5, 2024, at 3:00 p.m.

Church of Our Lady of Mount Carmel, Patchogue Celebrant: Most Reverend Robert I. Covle Registration must be received by Tuesday, April 30, 2024

Register online at drvc-faith.org

For questions, please contact Lisette Robustelli, Associate Director at (516)678-5800 ext. 200 or via email at Irobustelli@drvc.org





In addition to our parish website (<u>ollchurch.org</u>), please visit us on *Facebook* at *The Parish Family of Our Lady of Lourdes*. Click "Like" and you will receive the latest news on upcoming parish events and information.

Preparing for Marriage?

Do you need to fulfill your Marriage Prep Requirement?

Engaged Encounter is an effective Pre-Cana program designed to provide you with the tools for a successful marriage. Our next 2-day weekend will be held at the Seminary of the Immaculate Conception in Huntington on **June 8-9**, **2024**. For information please call Lenny & Pat Walker at: 631-563-1032 or visit: **longisland.engagedencounter.com**.



Worldwide Marriage Encounter

Anxiety Disorder Sufferers

The group, led by a trained and certified Anxiety Disorder Group Leader, meets every Tuesday from 2:00pm-4:00pm in the Parish Center (located across from the playground and to the right of Outreach). For more information and to register, please call Bob at 631-235-2229.

Support Groups (all meetings are in Lourdes Hall - lower level of Convent)

Alcoholics Anonymous: Monday and Tuesday at 8:00pm and Saturday at 11:00am and 7:00pm, and Sunday at 9:30am.

ALANON: Wednesday at 10:00am. Beginner's meeting at 9:30am. Free babysitting available. 2nd and 4th Wednesday meetings are via Zoom. For more meeting info visit: <u>al-anon.org</u>.

Families Anonymous Meetings

12-Step support group giving Hope & Strength to parents, family and friends concerned with a loved one's destructive behavior caused by Alcohol, Drugs or Related Behavioral Problems will meet virtually and in person. For additional information e-mail: Donna526@aol.com or call Diane at: 631-587-0966 or Donna at: 631-589-3790. Website: FamiliesAnonymous.org.

Religion and Rock

Tune into "Religion and Rock" with Msgr. Jim Vlaun on Sunday from 7:00am to 8:00am on WBAB 102.3 FM or 95.3 on the East End of Long Island. Listen on Saturdays at 11:00pm on Sirius Radio, Channel 159, the Catholic Channel and at 11:00pm on XM Satellite, Channel 117. Next Sunday's theme is "Renewal". To listen online or for more information, visit: www.ReligionandRock.com.

Sharing the Gospel

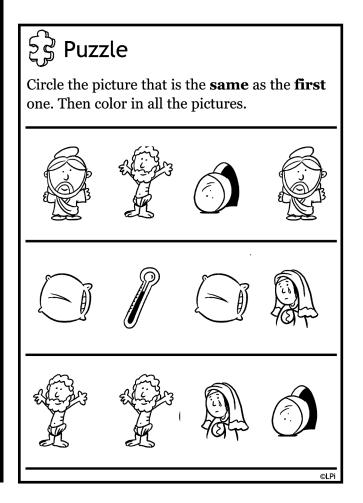
Instead of telling people He was the Savior, Jesus showed them. By raising Lazarus from the dead, Jesus sent a message loud and clear. Jesus was the Savior they had all been waiting for. He was filled with God's love and power, and many people believed in Him.



Mission for the Week



What can you do this week to show others that you are a follower of Jesus?



Prayer Dear God, Thank You for showing me that You are my Savior, Jesus.

Something to Draw

Draw a picture of Lazarus wrapped up like a mummy, walking to Jesus.